ARTS & LIFESTYLES

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Northport Historical Society preps for annual Garden Tour • B16

One of the gardens featured during last year's tour.

Photo courtesy of Northport Historical Society

ALSO: 4th of July Safety Tips B3 • Calendar of Events B18 • Mather Hospital hosts Great Robotic Challenge B23

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10 safety tips for the Fourth of July

Burn Center at Stony Brook University Hospital has released 10 safety tips ahead of the July 4th holiday as families celebrate.

Many will spend the holiday in their backyards for barbecues, cookouts or building fire pits where there's a greater risk of sustaining a burn injury.

Steven Sandoval, MD, Associate Professor of Surgery and Medical Director of the Suffolk County Volunteer Firefighters Burn Center at Stony Brook University Hospital, says "I expect an uptick in patients around this time every year. Firework injuries range from facial burns to loss of digits or hands. Children should not be handling sparklers as they can get as hot as 1,200 degrees Fahrenheit. Sparkler burns are a common holiday injury. They can cause second-or third-degree burns. The best way to prevent burns in the first place is with safety tips and precautions to eliminate potential dangers."

Dr. Sandoval adds, "Fireworks are not safe when used incorrectly and can be a recipe for disaster. Fireworks should be utilized only by professionals. Together, we can avoid serious burn injuries."

- 1. Fireworks are safe for viewing only when being used by professionals.
- 2. Sparklers are one of the most common ways children become burned this holiday, even with a parent's supervision.
- 3. Do not have children around any fireworks, firepits, barbecues or hot coals. Teach them not to grab objects or play with items that can be hot. Go through a lesson where they learn to ask permission.
 - 4. Don't leave hot coals from fire pits and

step in.

5. When cleaning grills, the use of wire bristle brushes can result in ingestion of sharp bristle pieces requiring surgery.

6. Limit the use of flammable liquids to start your fire pits and barbecues. Use only approved lighter fluids that are meant for cooking purposes. No gasoline or kerosene.

7. If you are overly tired, and consumed alcohol, do not use the stovetop, fire pit or a fireplace.

8. Stay protected from the sun. Use hats and sunblock, and realize that sunblock needs to be reapplied after swimming or after sweating.

9. Use the back burners of the stove to prevent children from reaching up and touching hot pots and pans.

10. Always use oven mitts or potholders to remove hot items from the stove or microwave. Assume pots, pans and dishware are hot.

"I want people to enjoy a safe 4th of July and reduce the risk of burn injuries. Be responsible. I don't want a fun time to turn into tragedy. And, if burned do not go anywhere but a facility specializing in burn treatment," says Dr. Sandoval.

As the only designated burn care facility for more than 1.6 million residents of Suffolk County, the Burn Center at Stony Brook University Hospital coordinates burn services throughout the county, and conducts training and research in burn care. The Burn Center also serves as a resource to neighboring community-based hospitals. Patients of all ages — from infants through geriatrics — are treated at the Burn Center.

For more information, call 631-444-4545.

The Suffolk County Volunteer Firefighters barbecues lying on the ground for people to

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In this edition:

Business News	B9, B10
Calendar	B18
Crossword/Sudoku Puzzle	B6
Horoscopes	B17
Kids Korner	B22
Kids Times	B23
Let's Eat	B17

Making Democracy Work	B7
Medical Compass	
Money Matters	
On the Web	
Religious Directory	B20
Vendors Wanted	
Your Turn	B15

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Autoimmune disease - Lupus

Dr. D is amazing! I've had lupus for 9 years, and recently been having a lot of kidney issues and water retention from this. After just a few months following his recommendations, the water bloat completely disappeared and my kidney function is starting to improve as well! Still a lot of work to do but he makes it so easy and helpful. He offers many suggestions and works with you for what you need mentally and physically!

Female

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- · Long Covid, and many more...

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Recognizing if you're having a heart attack

Be aware of more subtle symptoms — and seek medical attention

MEDICAL COMPASS

It seems like we've made a lot of progress with disease, heart but it's still the leading cause of death in the U.S. Each year, 605,000 people have a first heart BY DAVID M. DUNAIEF, MD attack, and an



additional 200,000 people who've already had a heart attack experience another (1).

One in five heart attacks is "silent" - you might not be aware you've had it; however, you still experience its negative effects.

You can improve your outcomes if you recognize your heart attack symptoms and receive immediate medical attention.

Heart attack symptoms

The most recognizable symptom is chest pain. However, there are many, more subtle, symptoms, like discomfort or pain in your neck, back, jaw, arms or upper abdomen. You might also experience nausea, shortness of breath, sweating, light-headedness or tachycardia (racing heart rate).

Unfortunately, most people don't identify these as symptoms of heart attack (2). According to one study, about 10 percent of patients present with atypical symptoms and without chest pain (3).

Symptom differences in men vs. women

There has been much discussion especially online - claiming men and women have different symptoms. What does the research tell us?

There is data showing that, although men experience more heart attacks, women are more likely to die from them (4). In a Swedish study of 54,000 heart attack patients, onethird were women. After having a heart attack, a significantly greater number of women died in the hospital or near-term when compared to men. Interestingly, the women received aggressive treatments, such as reperfusion therapy, artery opening treatment that includes medications or invasive procedures, less often than the men.

However, recurrent heart attacks occurred at the same rate, regardless of sex. Both men and women had similar findings on an electrocardiogram.

One theory about why women receive less aggressive treatment when first presenting in the ER is that they have more subtle

symptoms — even chest pain symptoms may be different. Is this true?

In one observational study of 2,500 patients, results showed that, though there were some subtle differences, when men and women presented with chest pain as the main symptom, it was of a similar nature (5). There were 34 chest pain characteristic questions used to determine if a difference existed. These included location, quality or type of pain and duration. Of these, there was some small amount of divergence: the duration was shorter for a man (2 to 30 minutes), and pain subsided more for men than for women. The authors concluded that determination of heart attacks with chest pain symptoms should not factor in the sex of patients.

This trial involved an older population; patients were a median age of 70 for women and 59 for men, with more men having had a prior heart attack. The population difference was a conspicuous weakness of an otherwise solid study, since age and previous heart attack history are important factors.

In the GENESIS-PRAXY study, another observational study, both men and women had a median age of 49. Results showed that chest pain remained the most prevalent presenting symptom in both men and women (6). However, of the patients who presented without distinct chest pain and with less specific EKG findings, significantly more were women than men.

Those who did not have chest pain symptoms may have experienced back discomfort, weakness, discomfort or pain in the throat, neck, right arm and/or shoulder, flushing, nausea, vomiting and headache. If the patients did not have chest pain, regardless of sex, the symptoms were diffuse and nonspecific.

Some studies suggest that up to 35 percent of patients do not have chest pain as their primary complaint (7).

What to do if someone is having a heart attack

If someone is having a heart attack, call 911 immediately, and have the patient chew an adult aspirin (325 mg) or four baby aspirins, provided they do not have a condition that precludes taking aspirin. The purpose of aspirin is to thin the blood quickly, but not if the person might have a ruptured blood vessel. The 911 operator or health professional who responds can help you determine whether aspirin is appropriate.

Don't wait to seek medical attention; it's better to have a medical professional determine that it's not a heart attack than to ignore an actual heart attack.



The most frequently occurring heart attack symptoms to watch for

Most patients have similar types of chest pain, regardless of gender, when having a heart attack. However, this is where the complexity begins. The percentage of patients who present without chest pain varies depending on which study you review — from 10 to 35 percent.

Non-chest pain heart attacks have a bevy of diffuse symptoms, including obscure pain, nausea, shortness of breath, lightheadedness, heartburn, or unusual fatigue. These are seen in both men and women, although they occur more often in women. According to the Mayo Clinic, women tend to have symptoms more often when resting, or even when asleep, than men (8).

It's important to recognize these symptoms as potential heart attacks, because quick action can save your life.

References:

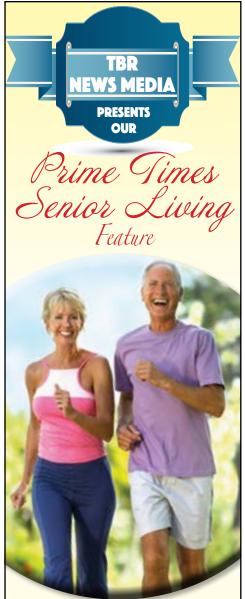
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Dr. David Dunaief is a speaker, author and local lifestyle medicine physician focusing on the integration of medicine, nutrition, fitness and stress management. For further information, visit www.medicalcompassmd. com or consult your personal physician.

ONLY ON THE WEB:

The following articles can be found at www.tbrnewsmedia.com

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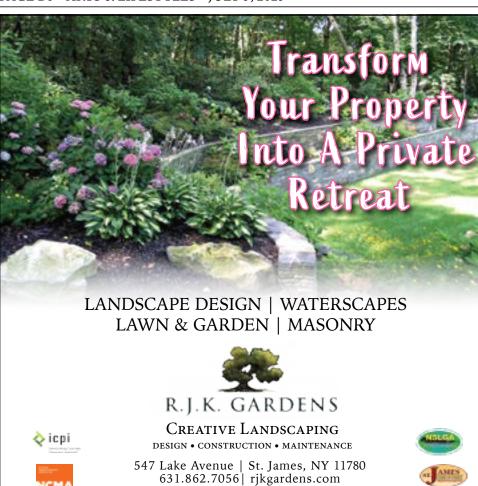
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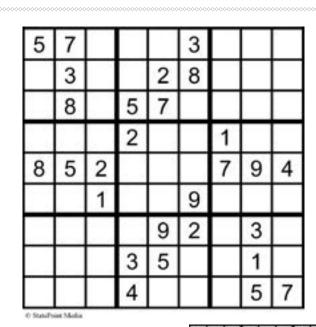
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Directions: Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

> **Answers** to last week's **SUDOKU**



CROSSWORD PUZZLE

THEME: **Flowers CLUES ACROSS**

- 1. Straw man's "victim"
- 5. Protestant denom.
- 8. Large edible mushroom
- 11. Mischievous Norse deity
- 12. *Thumbelina emerges
- from a flower in a fairy
- 13. Brick and mortar destination
- 15. Garner wages
- 16. Guinness and such
- 17. *Poison: "Every Rose Has

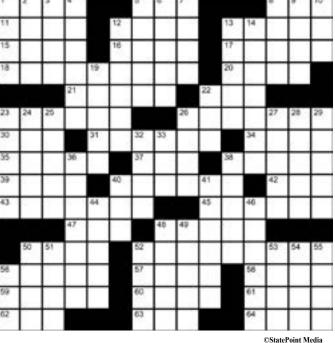
lts

18. *"If you go to San _____, be sure to wear some flowers in your hair"

- 20. Electric one and moray one
- 21. Killer whales
- 22. p in mpg
- 23. Fatwa, alt. sp.
- 26. Spain's neighbor, across Strait of Gibraltar
- 30. "Back To The Future" actress
- 31. Leaked, as in ship
- 34. Miso bean
- 35. Operatic solos
- 37. H+, e.g.
- 38. Is dressed in
- 39. Leave a Hancock
- 40. Cast-off skin
- 42. Egyptian boy king
- 43. Clearance, as under a bridge 45. Neglectful in duty
- 47. *"Dandelion Wine" author ____ Bradbury
- 48. Dear one
- 50. Black cat, to some
- 52. *"Build Me Up_
- 56. Adult
- 57. ____ bowl, frozen dish
- 58. Poetic "through"
- 59. Latin dance
- 60. "Buffalo_ __, won't you come out tonight..."
- 61. Kids' building block
- 62. Altitude, abbreviated
- 63. Like a fox
- 64. Water carrier

Answers to last week's puzzle: **Fourth of July**





CLUES DOWN

- 1. Staff symbol
- 2. Zoo sound
- 3. Gumbo pod
- 4. Separate grain from chaff
- 5. Model-building wood
- 6. Smart ones?
- 7. 100 centavos
- 8. Refrigerate
- 9. Commits a faux pas
- 10. Mont Blanc, e.g.
- 12. a.k.a. meditation in motion (2 words)
- 13. Ranch grazer
- 14. *Bette Midler's 1981 Grammy winning song (2 words)
- 19. Dungeness one and snow one
- 22. *Poppy's seed container
- 23. Banned camera setting, in a museum
- 24. Falcon's home
- 25. Boreal forest, in Russia
- 26. Ma tre d's list
- 27. Raccoon's South American cousin
- 28. *2024 Grammy winner for "Flowers"
- 29. Hop-drying kilns
- 32. *Lis in fleur-de-lis
- 33. * Goo Dolls of "Gutterflower" fame
- 36. *"Flowers in the Attic" author V.C. ___
- 38. One of journalism's Ws
- 40. Declare
- 41. Costing nothing
- 44. Want to
- __ Beach, SC
- 48. Belonging to duke 49. Miuccia Prada's homeland
- 50. Like traditional storytelling
- 51. Lose skin
- 52. Tea servings
- 53. Tobacco
- 54. Strong desire
- 55. Standard's partner
- 56. Govt. property org.



* THEME RELATED CLUE

Having the right to choose with the Death with Dignity Act

BY NANCY MARR

For many years, and in many other states, citizens have asked for legislation to allow terminally ill persons to request medical assistance from a relevant, licensed physician to end their life. In the United States, the

MAKING WORK

issue reached the Supreme Court in 1917 in the case of **DEMOCRACY** Washington v. Glucksberg, in which the Court ruled that there is no federal law

that either legalizes or prohibits medical aid in dying and that it is a states' rights issue.

This year, legislation (which would amend the Public Health Law) was passed in both the Assembly (A.995a) sponsored by New York State Assemblywoman Paulin and the Senate (S.2445a) sponsored by New York State Senator Brad Hoylman-Sigal for the Medical Aid in Dying Act, also known as the Death with Dignity Act. Supporters hope it will be signed by Governor Hochul. (In 2019, Governor Cuomo came out in support of the bill but failed to include it in his budget message.)

Nine states (Oregon, Vermont, Washington, California, Montana, Hawaii, Maine, New Jersey and Colorado) and the District of Columbia now allow physician-

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assisted aid in dying. The legislation would allow it in New York State.

The legislation includes safeguards against abuse of the dying and protections for medical personnel who act in good faith in compliance with the law. Medical aid in dying is intended to be a thoroughly thought-out and planned decision, not a spontaneous one.

A mentally competent, terminally ill patient aged 18 years or older and a resident of New York State may request medication to be self-administered by making an oral and a written request to an attending physician, witnessed by two adults. The attending physician shall examine the patient and his records, determine whether he has a terminal disease and the capacity to make an informed decision of his own volition, as confirmed also by a consulting physician. If the attending physician or the consulting physician believes that the patient may lack capacity, such physician shall refer the patient to a mental health professional.

If the mental health professional determines that the patient lacks capacity to make an informed decision, the patient shall not be deemed a qualified individual and the attending physician shall not prescribe medication to the patient.

It is important for the healthcare provider to distinguish between medical aid in dying and assisted suicide. A patient who requests medication under the legislation shall not be considered suicidal and the patient and their beneficiaries shall not be denied any benefits because of it. The attending physician may sign the individual's death certificate; the cause of death will be the underlying terminal illness. Additionally, patients have the right to rescind their request for medical aid in dying at any time, even if the medication has been administered.

Objections to the legislation have been made on religious and cultural grounds, or because persons with disabilities may feel that they are being targeted. Although persons requesting medical assistance may be seeking relief from the pain of their disease, they may also be reluctant to remain as a burden to their family or doctors. A private health care facility may prohibit the prescribing or selfadministering of medication while a patient is being treated in or residing in their facility, often because it has religious objections or has been established to provide palliative care.

If necessary, the patient shall be transferred to another facility that can meet the patient's needs — in its justification the current legislation states clearly that patients should

not have to leave the state or the country to control how their lives end but should be able to die with dignity, on their own terms, typically in their own homes, surrounded by their family and other loved ones.

Jonathan Treem, MD, of the University of Colorado Palliative Care, discussed ethical considerations in Medical Aid in Dying: Ethical and Practical Issues, JADPRO, Apr 1, 2023. Not all patients who inquire about medical aid in dying intend to end their life with medication. Many see it as an insurance policy for the endof-life care, to maintain their autonomy. The most common diagnosis among patients is cancer, followed by neurologic disorders such as ALS and dementia. Many are enrolled in Hospice programs. In Colorado, in 2019, Dr. Treem points out, only 20% of those who got prescriptions actually had it dispensed.

The legislation that has been passed would make it possible for a greater number of New Yorkers to seek help as they face the end of life. Please ask Governor Hochul to sign it.

Nancy Marr is Vice-President of the League of Women Voters of Suffolk County, a nonprofit nonpartisan organization that encourages the informed and active participation of citizens in government and influences public policy through education and advocacy. For more information, call 631-862-6860.



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Time to consider a retirement plan for your business?

MONEY MATTERS

If you're a business owner, you're always thinking about the days ahead. "What can I do to boost sales in the next year? What trends should I be watching? What's



BY MICHAEL CHRISTODOULOU

the forecast for my industry?" As a Financial Advisor, I help business owners develop and execute strategic plans to exit their businesses successfully, maximizing value and aligning with personal and financial goals. There are many ways to start maximizing the value of your business. One of the easiest to most rewarding is setting up a retirement plan for your business.

Consider these advantages of establishing a retirement plan for your business:

You'll build resources for your retirement. You might sell your business one day, but can you count on that to fund your retirement? By investing in a retirement plan for many years, you can help accumulate the resources you will need to enjoy life as a retiree.

You can help your business attract and retain employees. In a tight labor market, you'll want to employ all the advantages you can to attract and keep good employees — and a retirement plan can help.

You can gain tax benefits. Your contributions to a retirement plan, on behalf of yourself and your employees, can be tax deductible. Plus, you can get tax credits for starting a new plan.

Here are some retirement plans to consider:

OWNER-ONLY 401(k)

This plan is available to self-employed individuals and business owners with no full-time employees other than themselves or a spouse. You may even be able to choose a Roth option for your 401(k), which allows you to make after-tax contributions that can grow tax free. In 2025, the combined employee and employer contribution limit was \$70,000, or \$77,500 for those 50 or older in standard catch-up; and up to \$81,250 for ages 60-63.

PERSONAL DEFINED BENEFIT PLAN

You can establish a pension plan, also known as a defined benefit plan, for yourself if you're self-employed or own your own business. For 2025, the annual defined pension benefit for a business owner cannot exceed the lesser of \$280,000 or 100% of their

average compensation for the previous three highest consecutive calendar years.

SEP IRA

If you have just a few employees or are self-employed with no employees, you may want to consider an SEP IRA. In 2025, your contribution limit was 25% of your salary or \$70,000, whichever was less. The percentage of your salary you contribute to your SEP IRA is the same percentage of your eligible employees' salaries you must contribute to their SEP IRAs.

SIMPLE IRA

A Simple IRA is easy to set up and maintain, but while it may be advantageous for your employees, it's less generous to you, in terms of allowable contributions, than an owner-only 401(k) or a SEP-IRA. In 2025, you could contribute up to \$16,500 to a SIMPLE IRA. Standard catch-up (age 50-59 or64+): \$3,500, bringing the total to \$20,000. If you are between the ages of 60-63 you have an enhanced "super" catch-up: \$5,250, for a total possible contribution of \$21,750. You must put in 2% of your employees' salaries, regardless of whether they contribute, or match their contributions dollar for dollar, up to 3% of their salaries.

A traditional 401(K) is also a viable option that provides flexibility to the business owners and employees as well.

Keep this in mind: The SECURE 2.0 legislation has made it possible for you to offer a Roth version of a SEP or SIMPLE IRA. Although contributions to either Roth account are not deductible, earnings and withdrawals are tax free, provided you (and your employees) are at least 59½ and have had your account at least five years.

To gain a deeper understanding of these and other business retirement plan options consider consulting a financial professional particularly one who holds the Chartered Retirement Plans Specialist™ (CRPS™) designation. An advantage of using a CRPS™ is that they provide expert guidance in designing, implementing, and managing employer-sponsored retirement plans to help maximize benefits and ensure regulatory compliance.

But don't wait too long — the sooner you start preparing for your retirement — and helping your employees plan for theirs — the better.

Michael Christodoulou, ChFC[®], AAMS[®], CRPC[®], CRPS[®] is a Financial Advisor for Edward Jones in Stony Brook, Member SIPC.

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New eatery, The BlackSheep, opens in Miller Place

Councilwoman Jane Bonner joined community members and local

BUSINESS business leaders to celebrate the grand opening of The BlackSheep, a new eatery in Miller Place, located at 465 Route 25A, in the former Maggie's Eatery location.

Councilwoman Bonner presented the owners with an official Certificate of Congratulations on behalf of the Town of Brookhaven at the ribbon cutting ceremony.

"I'm excited to welcome The BlackSheep to Miller Place and look forward to seeing it become a staple in the neighborhood," said Councilwoman Bonner. "It's always inspiring to see a local business that brings people together through creativity and great food."

Kopstein, a Port Jefferson resident and longtime chef, took over the location earlier this spring and has transformed it into a cozy, art-

On June 25, Brookhaven Town filled space that celebrates local talent and individuality. Formerly a sous chef at Maggie's, Kopstein has launched The BlackSheep as his first independent venture, offering an inventive American fusion menu and an inclusive atmosphere.

> In addition to offering lunch, dinner, and weekend brunch, The BlackSheep features artwork from community members and students, each interpreting the idea of a "black sheep" in their own unique way — a nod to the restaurant's mission of embracing creativity and celebrating those who stand out.

> Pictured from left is Vice President of the Mount Sinai-Miller Place Chamber of Commerce Maureen Bond, Legislative Aide Quentin Palifka from Legislator Chad Lennon's office, Councilwoman Jane Bonner, owners Jon Kopstein and Ashley Kopstein, and their children Aiden Kopstein and Lilly Kopstein.

> For more information, call 631-828-5554.



St. Catherine of Siena Hospital celebrates 10-year anniversary offering hyperbaric oxygen therapy

Catholic Health's St. Catherine of Siena Hospital recently celebrated a 10-year anniversary of offering hyperbaric oxygen therapy (HBO) at its Center for Hyperbaric Medicine & Wound Healing. The Center, in partnership with RestorixHealth, offers comprehensive care for chronic and complex wounds.

"We are proud to reach this significant milestone of providing innovative wound care services to our community," Lisa Marie Terrana, MD, the Center's medical director. "Every day, our multidisciplinary team of specialists utilize evidence-based therapies and leading-edge technologies to help our patients recover from a wide range of serious wounds and return to their normal lives."

Theodore "Ted" Corn, 78, an Army Veteran, 38-year volunteer with the Deer Park Fire Department and dedicated community member, was enjoying an active lifestyle before discovering blood in his urine. Previously treated for prostate cancer, Mr. Corn was suffering from side-effects of chemotherapy and radiation, forcing him to take a medical leave of absence from his security job. Mr. Corn was then referred to St. Catherine's Center for Hyperbaric Medicine & Wound Healing for HBO therapy - a treatment in which a patient breathes 100% pure oxygen while inside a pressurized chamber to activate white blood cells and increase the flow of oxygen to organs and tissues to promote wound healing.

Mr. Corn underwent two-hour HBO therapy sessions five days a week, noticing remarkable improvement in just one week. After 30 sessions, he experienced a complete resolution of symptoms.

"HBO therapy allowed us to not only stop Mr. Corn's bleeding, but also alleviate his pain," said Anthony Lombardo, the Center's safety director and hyperbaric oxygen technician.



Patient Ted Corn and patient Madilyn Makboulian, seated, celebrate with staff from the Center for Hyperbaric Medicine & Wound Healing and Restorix Health. Photo by Kristy Leibowitz

"We're pleased that our services have helped improve the health and quality of life of Mr. Corn and so many others."

Mr. Corn expressed his gratitude for the care he received, saying "They really know their business, the therapy has done its job and everybody was very nice to me. If somebody has a wound, this is the best thing for them." Mr. Corn is looking forward to returning to his job and the community activities he treasures.

HBO therapy treatment can also be beneficial for breast cancer survivors who have scar tissue. Madilyn Makboulian began HBO treatment at St Catherine of Siena Hospital in April 2019 and underwent one month of daily treatments. The treatment significantly helped to heal breast scar tissue.

Ms. Makboulian said of the care received at St. Catherine's, "I had a great experience at the Center, as all of the staff were very pleasant and accommodating. They were caring and understanding of the situation I was dealing with."

For more information about St. Catherine of Siena Hospital's Center for Hyperbaric Medicine & Wound Healing or to schedule an appointment, call 631-784-7200.



Mather Hospital unveils new emergency department

Mather Hospital in Port Jefferson has unveiled one of the most ambitious building projects in its history — a state-of-theart \$78 million Frey Family Emergency Department (ED) designed to meet the evolving healthcare needs of the community. The hospital recently celebrated the opening with a ribbon cutting ceremony. The ED is expected to open to the public this summer.

At 29,000 square feet, the new facility is more than twice the size of the current ED, which was built over 30 years ago. With the region's aging population and increasing prevalence of chronic and complex conditions, the new ED is built to serve patients at every stage of life — with a particular focus on older adults. Mather is a designated Age-Friendly Hospital and holds a Gold Level 1 Geriatric Emergency Department Accreditation from the American College of Emergency Physicians.

"This project represents a major investment in the health and safety of our community," said Kevin McGeachy, president, Mather Hospital. "We're designing this space to provide faster, more efficient care in a setting that prioritizes patient comfort, privacy, and safety."

Key features of the new Emergency Department include:

Efficient and Patient-Centered Design: Each private patient room in the main ED will feature walls with sliding doors, enhancing privacy and comfort. A new "Super Track" area will serve patients with less critical needs, using a mix of private rooms and a results waiting area with recliners for streamlined care.

Split-Flow Model: The department's layout supports a split-flow model, proven to accelerate care by routing lower-acuity patients to more efficient treatment areas and expediting admissions for patients with more serious conditions. This approach reduces wait times, shortens ED stays, and lowers the number of patients who leave without treatment.

Advanced Imaging Onsite: With dedicated CT, X-ray, and ultrasound equipment embedded within the ED, clinicians can complete imaging studies faster, leading to more timely diagnoses and improved care outcomes.

Infection Prevention: The new ED includes infrastructure that allows for rapid conversion of a significant section into negative pressure rooms-helping to prevent the spread of airborne infections during future public health crises.

Enhanced Geriatric Care: Patient exam rooms will be larger to accommodate caregivers, recognizing that many older adults rely on loved ones for support.

Every aspect of the design reflects Mather's commitment to age-friendly emergency care.

Dedicated Behavioral Health Space: The new ED will include six specialized rooms for adolescents and adults experiencing mental health crises, ensuring access to compassionate, discreet care in a safe environment.

The new ED is part of a group of capital expansion projects at Mather that the JTM Foundation has to date raised more than \$21 million to support. Among the first major contributions was a generous gift from Robert and Kathryn Frey and their family, demonstrating the strong community commitment to enhancing local healthcare.

For more information about the Emergency Department project or how to support Mather Hospital, please visit https://www.matherhospital.org/.

Vendors Wanted

- St. Paul's United Methodist Church. 270 Main Street, Northport seeks vendors for its Summer Craft Fair on July 12 from 9 a.m. to 2 p.m. Call 631-261-0804 to obtain a registration form.
- The Shoppes at East Wind, 5768 Route 25A, Wading River is acceptiong local hand crafted vendors for its Craft Fair Weekends on July 12 & 13, August 2 & 3, September 6 & 7, October 4 & 5 and November 1 & 2 from 11 a.m. to 5 p.m. 10' by 10' spaces for one day is \$75 and \$100 for both days. Call 631-846-2372 or visit eastwindlongisland.com.
- Sachem Public Library, 150 Holbrook Road, Holbrook is looking for vendors to participate in an outdoor Summer Craft Fair on July 19 from 10 a.m. to 4 p.m. Online application can be found at www. sachemlibrary.org. 631-588-5024.
- The Spirit of Huntington, 2 Melville Road, Huntington Station seeks vendors for its annual Spirit of Summer Art Festival on July 20 from 11 a.m. to 4 p.m. Rain date is July 27. Visit www. spiritofhuntington.com for an application or call 631-470-9620.
- Northport Arts Coalition is accepting applications for craft artists hold their 4th annual Car Show at

for its annual Art in the Park event at Northport Village Park on Aug. 10 from 10 a.m. to 5 p.m. 10' by 10' space for \$100, \$80 NAC members. Rain date is Aug. 17. Deadline to apply is July 15. www.northportarts.org.

- Village of Lake Grove seeks arts & crafts, food and community vendors for its annual Summer Fest on Aug. 17 at the Gazebo and Memorial Park, 980 Hawkins Ave., Lake Grove from 11 a.m. to 8 p.m. For an application, visit www. lakegroveny.gov or call 631-585-2000.
- The Port Jefferson Lions Club will

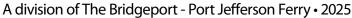
Brookhaven Town Hall, 1 Independence Hill, Farmingville on Sept. 14 from 9 a.m. to 3 p.m. Interested vendors can call 631-258-6156.

• Messiah Lutheran Church, 465 Pond Path, East Setauket is seeking craft vendors and food trucks for their Spooktacular Trunk or Treat & Vendor Fair fair which will be held Oct. 25 from noon to 4 p.m., rain or shine. Spots are \$35. Vendor and food truck forms can be found at www.messiahny.org

Send your Vendors Wanted listings to leisure@tbrnewspapers.com.

A message from

Port Jeff Ferry Tours



Travel by BO3T 'N BUS Tours by us!



Sail into fun and adventure!

If you are looking for a "one-day-getaway" or an overnight vacation "Your Ship has Arrived"!

The Port Jeff Ferry "Boat 'n Bus Tours" have become a welcomed answer for those wishing to combine the best in maritime travel while taking visitors to some of the most noted, treasured sites in New England!

Perennial favorites like visits to Boston and Salem, Massachusetts showcase the magic of New England – and join an exclusive list including tours to the Flagship Store of Yankee Candle and the spectacular holiday decorations of always elegant Newport, Rhode Island.

Again, this year, the ferry has added new and exciting destinations for Long Islanders wishing to "getaway for a day" and a relaxing, fun change of pace.

All tours include round-trip ferry, motor coach transportation, admission fees, tour guide, and lunch or dinner where applicable.

Any tour can be custom-packaged and designed for a group.

Please call 631 473-5138 for complete information or visit our website at pjferry.com.

Ferry Fun Through the Season!



Big E

SATURDAY, SEPTEMBER 13, 2025

Price: \$88pp Adults/\$72 per child (12 & under)

This is North America's largest fair showcasing all the wares, crafts and goods of the New England States. In addition, the "Big E" is a "bonafide" country-time event with a midway of rides, food, live concerts and animals.

Thimble Islands "Sea Tour" Cruise SATURDAY, SEPTEMBER 20, 2025

Price: \$125pp

The Thimble Islands are a pristine grouping of tiny islands just offshore, east of New Haven, CT. Our tour leisurely winds around the 25 inhabited islands aboard the 44' tour vessel, "Sea Mist", that features two observation decks, comfortable seating, and narration of the sights. Following the Sea Mist Cruise, our tour departs for a sumptuous lunch at The Parthenon Diner. This tour also features shopping time at the famous Bass Pro Shop.

Norman Rockwell WEDNESDAY, OCTOBER 1, 2025

Price: \$140pp

Here's a special tour dedicated to perhaps America's favorite artist.... Norman Rockwell! For decades the art of Norman Rockwell speaks of a quieter America – a "folksy time" of tried and true values, hometown roots and American heritage and traditions. A delicious lunch is included at the historic Red Lion Inn.



Call for details on these trips 631-473-5138

One Day Getaways!

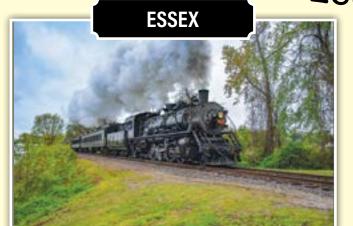




TOURS Port Jeff Ferry



Overnight Escapes!



Twilight Live Music Cruise

Back for the Summer of 2025!

Perfect Way to Enjoy & Relax On A Sunday Evening

Join us Thursdays throughout the summer for an evening of live music on board our ferry fleet. Take in the fresh sea air and beautiful sunsets as we sail across the sound.

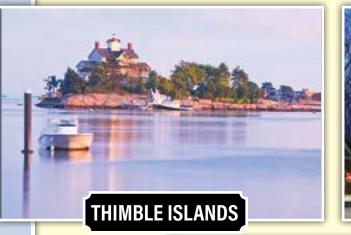
\$20 Per Person - Trip is approximately 3 hours long (all passengers remain on board for the round-trip return). Cruises will be departing both Bridgeport and Port Jefferson.

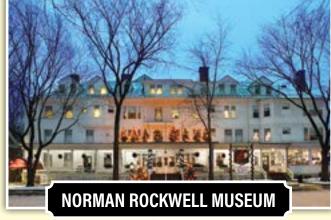
Reservations are not needed. Tickets may be purchased dockside the day of travel, or through our website (online tickets are available now for purchase).

Port Jefferson based departures: 6:45 PM

Bridgeport based departures: 6:15 PM

NO OUTSIDE FOOD OR ALCOHOL ON BOARD





Music Cruise Dates & Bands

JULY 10

Port Jefferson: Southbound Bridgeport: Zamboni

JULY 17

Port Jefferson: Drive the Cars **Bridgeport:** Dead Ahead

JULY 24

Port Jefferson: Ed Travers Band

Bridgeport: Pimpinella

AUGUST 7

Port Jefferson: Mountain Music Bridgeport: Kurt & Helen Band

AUGUST 14

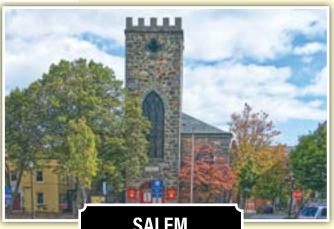
Port Jefferson: Roots Foundation

Bridgeport: TBA **AUGUST 21**

TOURS

Port Jefferson: Kerry Kearney

Bridgeport: Rich Badowski Blues Band



Groups are always welcomed! Ask us to customize an

outing for your group!

631.473.5138 pjferry.com 631.473.6282

Call or write for a FREE Port Jeff Ferry

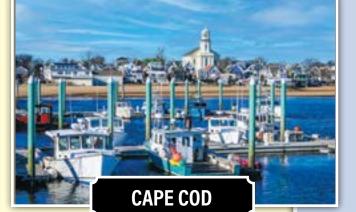
Tour Brochure

PORT JEFF FERRY TOURS

Sea the Best







It's "Anchors Aweigh" for Summer '25!

Introducing Our Brand New Vesse/
"The Long Island!!"













Photo by Heather Lynch

'A Salute to the Three Villages' By Ellen Mason

Familiar streets With history; The blessings of Community.

Photographs And artifacts, Help to keep The past intact.

Historic homes With arbor gates; An old grist mill That educates.

Gamecock Cottage On the beach; A wetlands stroll Within our reach.

As sunsets streak Horizons bright,

The day's glow dims Into the night.

The mellow sound, So smooth and soft, Of clarinet From our Jazz Loft.

We're fortunate To live and strive, To tend these sites So they survive.

We've so much to Appreciate: Three Villages To celebrate.

And residents, So many names, Who serve as Keepers of the flame.



Northport Historical Society's annual Garden Tour blooms with beauty

BY TARA MAE

The Northport Historical Society and Museum's annual garden tour fundraiser is a celebration of friendship and flora, an acknowledgement that both require care and attention to flourish.

This year's event, titled the Remembrance Garden Tour: In Memory of

COVER STORY

Arlene Handel, will be held on Sunday, July 13, from noon to 4 p.m. Visitors will be able to take a self-guided

tour of gardens from six private homes including an English-style parterre with David Austin roses and foxgloves; a formal garden influenced by Charleston design with cast iron furniture and boxwoodlined paths; a tranquil woodland garden with family-heirloom elements like "Grandpa's Rock;" and an apiary and organic pollinator landscape kept by a professional designer.

Additionally, there are serene gardens ensconcing historic homes; naturalistic beds; native plantings, ponds; and, even a chicken coop guarded by "Bella the Guard Goose." One of the locations will provide refreshments and more than 20 raffle baskets featuring a variety of lifestyle items and recreational experiences on which to bid.

"What makes this experience special is not only the diversity of garden styles — from historic backdrops to whimsical pollinator havens — but also the stories behind them. Visitors can expect personal touches, deep-rooted family histories, and meaningful tributes woven into the landscapes," said Northport Historical Society Director of Marketing and Membership Cary Bianculli.

Flowers have different meanings: remembrance, love, friendship. Motifs of cultivated gardens offer insight and understanding as well as charm and quietude. These gardens are tales written in a richly unique language, means of self-expression and communication between the gardener, nature, and visitors.

President of the Board of Trustees and Garden Tour Chair Carolyn P. Hyatt-Basche, who selected the current participants, recognizes that dialect.

"We have both big and small gardens on the tour. The homeowners are so enthusiastic, and it is so nice to share that with people," she said.

Hyatt-Basche used her association with various other gardening organizations — the Long Island chapter of the Rock Garden



Above, one of the gardens featured during last year's tour. Photo courtesy of Northport Historical Society

'The event is a celebration of beauty, yes, but also resilience, creativity, and shared inspiration.' — CARY BIANCULLI

Society; the Long Island Horticultural Society; the American Hosta Society; the Asharoken Garden Club; the Planting Fields Arboretum; and the Brooklyn Botanic Garden — to recruit residents to showcase their floriferous retreats.

"The Garden Tour is not only a fundraiser for the Northport Historical Society and Museum but also an invitation to step into the stories, history, and beauty of the Northport community," Bianculli said. "It's a meaningful way to honor the past, support the present, and plant inspiration for the future."

Honoring that heritage involves commemorating the contributions of individual people. This year's tour is a tribute to Arlene Handel, a longtime Northport Historical Society member and garden tour supporter, who passed away in February. Handel, the former Village of Northport deputy mayor, served on the Society's board of trustees, and on many other local boards.

"Arlene Handel was a deeply cherished member of the Northport community, known for her lifelong commitment to public service, preservation, and beautification efforts," Bianculli said. "She was an avid gardener whose passion for horticulture was well known. Her own garden was featured on the tour one year, reflecting her personal connection to the event."

Permeating the tour is Handel's legacy of enriching her environment, embodied by its sensorial locations. Designed to delight, the artful gardens are curated to satiate the senses and invigorate the imagination. A resplendent revelry of sumptuous scents, vibrant colors, and individual intricacies, they are a testament to the bond made from nurturing nature.

"The event is a celebration of beauty, yes, but also resilience, creativity, and shared inspiration. It encourages each of us to nurture our own 'little corner of the world' into something we can be proud of," Bianculli said. "That spirit of connection and transformation is what we most look forward to each year — and why this event continues to resonate with so many."

Tickets to the Remembrance Garden Tour are \$45 per person, \$40 members in advance. Day-of tickets are \$50.

Ticketholders can drop by the Northport Historical Society and Museum, 215 Main Street, Northport on Saturday, July 12 between 1 p.m. and 4:30 p.m. or Sunday, July 13 between 11 a.m. to 3:30 p.m. to pick up a Guide to the Gardens which will serve as your ticket. For more information, call 631-757-9859 or visit www.northporthistorical.org.

HOROSCOPES OF THE WEEK



CANCER - Jun 22/Jul 22

Cancer, someone might recommend you for a leadership position and you could be inclined to take it. This is something that is out of your wheelhouse, but you'll make the most of it.

LEO - Jul 23/Aug 23

Leo, trusting someone else right now is something you might find challenging. It could be because you don't trust your instincts. You'll have to find a way around these feelings.

VIRGO – Aug 24/Sept 22

Virgo, you haven't been available for some key people, and you'll find they've pulled away. You may miss their presence, but you can mend fences if you hope to.

LIBRA – Sept 23/Oct 23

Libra, you have been making excuses for someone in your life in the hopes that the relationship could be salvaged. But the other person must make an effort as well.

SCORPIO - Oct 24/Nov 22

Scorpio, you have been putting your goals aside due to overwhelming circumstances and general procrastination. Now is the time to get things back on schedule.

SAGITTARIUS – Nov 23/Dec 21

It's time to engage with the activities that you are passionate about, Sagittarius. There is never a "right" opportunity to get things started; you just need to take that first step.

CAPRICORN - Dec 22/Jan 20

Someone who understands you may enter your life, Capricorn. It may feel like you already know and understand this person, even though you have just met.

AQUARIUS – Jan 21/Feb 18

It's possible that you might feel stuck with someone in a situation that is not to your liking, Aquarius. You can be a catalyst for change if you start taking action.

PISCES - Feb 19/Mar 20

You are about to have a eureka moment, Pisces. Everything you have been fretting about will then fall into place. It will be some smooth sailing afterwards.

ARIES - Mar 21/Apr 20

Fill your mind with positive and motivational thoughts and you'll be much happier in the long run, Aries. It's easy to focus on negatives, but a change of perspective is liberating.

TAURUS – Apr 21/May 21

It is possible that a lack of energy is affecting your ability to do the things that you normally enjoy, Taurus. Figure out ways to get more rest so you will not lack energy.

GEMINI - May 22/Jun 21

It seems your social skills have been less consistent than in the past, Gemini. Do you have a reason why you have been pulling away from others lately? Get back on track.

Elevate your grilling options for the 4th of July

BY HEIDI SUTTON

Some classic 4th of July BBQ options include burgers, hot dogs, ribs, chicken. For those looking for more elevated options to the standard fare this holiday, here are some alternatives for your grilling pleasure. Top off the night with a patriotic dessert and viewing of fireworks.

Grilled Pork Chops with Basil-Garlic Rub Recipe courtesy of Family Features

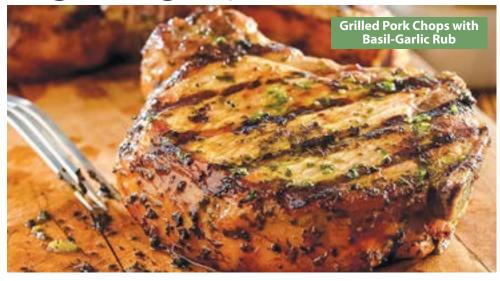
Nothing beats the tender, juicy pork chop. Take your pork chops on a jaunt through the Mediterranean with a savory Basil-Garlic Rub. Serve with corn on the cob and stuffed mushrooms.

YIELD: Makes 4 servings **INGREDIENTS:**

- 4 bone-in pork loin chops 3/4-inch thick
- 2 garlic cloves peeled
- 1 cup fresh basil leaves packed
- 2 tablespoons fresh lemon juice
- 2 tablespoons extra-virgin olive oil
- 1 teaspoon coarse salt
- 1/2 teaspoon freshly ground black pepper

DIRECTIONS:

With machine running, drop garlic through feed tube of food processor to



mince. Stop, add fresh basil, and process until chopped. Add lemon juice, oil, salt, and pepper and process to make a thin wet rub. Spread both sides of pork chops with basil mixture. Let stand 15 to 30 minutes.

Prepare medium-hot fire in grill. Brush grate clean and oil grate. Grill chops, over direct heat, turning once, to medium rare doneness, 5 to 6 minutes per side, or until the internal temperature reaches 145°F, followed by a 3-minute rest.

Grilled Glazed Salmon

Recipe from Cookin' Savvy

This Grilled Glazed Salmon may result in a new favorite when served with grilled vegetables and a creamy cucumber salad.

YIELD: Makes 4 servings **INGREDIENTS:**

Dry Brine:

- 1/2 cup salt
- 1 cup sugar
- 1 cup brown sugar

- 2 tablespoons lemon thyme or lemon zest
- 3 tablespoons garlic powder
- 1 tablespoon pepper
- 1 salmon fillet 2-3 pounds

Glaze:

- 1/4 cup brown sugar
- 1/4 cup ketchup
- 1/4 cup mustard
- 1/4 cup apple cider vinegar
- 1 tablespoon Worcestershire sauce
- 1 tablespoon garlic
- 2 tablespoons ginger
- salt to taste

STORE HOURS: MON.-FRI. 8am-7pm • SAT.-SUN. 8am-6pm

pepper to taste

DIRECTIONS:

To make dry brine: In bowl, mix salt, sugar, brown sugar, lemon thyme, garlic powder and pepper. Place salmon on cookie sheet and cover with brine. Refrigerate 10-12 hours, or overnight. After brining, rinse salmon completely. Dry with paper towel and let rest at least I hour. Heat grill to medium heat.

To make glaze: In bowl, mix brown sugar, ketchup, mustard, apple cider vinegar, Worcestershire sauce, garlic and ginger. Add salt and pepper, to taste. Brush over salmon.

Place cookie sheet with glazed salmon on grill and cook 15-20 minutes until internal temperature reaches 130 F. Let rest 5 minutes before serving.



Ongoing

Huntington Summer Arts Festival

The 60th annual Huntington Summer Arts Festival returns to Heckscher Park, 2 Prime Ave., Huntington from Wednesdays to Sundays through Aug. 24. The 8-week festival will feature over 40 live performances including dance, theater and music. Bring seating. Free. Visit www. huntingtonarts.org for full schedule.

Thursday 3

Northport Community Band Concert

The Northport Community Band will host concerts at the Robert W. Krueger Bandshell in Northport Village Park on July 3, July 10, July 17, July 24 and July 31 at 8 p.m. Rain location is Northport High School, 154 Laurel Hill Road, Northport. www.ncb59.org

Friday 4

Independence Day Parade

Grab yourself a lawn chair and head down to Port Jefferson's Main Street so you don't miss a moment of the Village's Independence Day Parade at 10 a.m. Fire trucks, dancers, bagpipe players, classic cars and more. The event is sponsored by Port Jefferson Fire Department. 631-473-1414

Drowned Meadow Cottage tours

The Drowned Meadow Cottage Museum, 141 West Broadway, Port Jefferson will be open for tours from 11 a.m. to 4 p.m. highlighting the 18th century cottage and informative exhibits, giving you a rare glimpse into Port Jefferson's remarkable Revolutionary War history. 631-473-4724

Celebration of Hometown Heroes

VFW Post 6249, 109 King Road, Rocky Point and the Rocky Point Sound Beach Chamber of Commerce present *A Celebration of Hometown Heroes* at 11 a.m. Followed by a live reading of the Declaration of Independence. Refreshments will be served. 631-729-0699, www.rpsbchamber.org

Star Spangled Bash at Bald Hill

Celebrate Independence Day at the Long Island Catholic Health Amphitheater at Bald Hill, 1 Ski Run Lane, Farmingville with a free concert, *Pop Divas Through the Decades*, featuring The Chiclettes and more. Gates open at 5:30 p.m. followed by fireworks by Grucci at 9:15 p.m. Free. 631-542-5423

Saturday 5 Smithtown Craft & Gift Fair

Island Fairs presents the Smithtown Red, White and Blue Craft and Gift Fair on the grounds of the Smithtown Historical Society, 239 East Main St., Smithtown today

July 3 to July 10, 2025



MUSIC TO OUR EARS

One Step Ahead kicks off the Ward Melville Heritage Organizations's Summer Concert Series at the Stony Brook Village Center on July 6.

and July 6 from 10 a.m. to 5 p.m. Featuring handmade crafts and art, curated gifts, live entertainment and food trucks. Free admission. 631-885-1267

Sherwood-Jayne House Tours

Sherwood-Jayne Farm House (c. 1730), 55 Old Post Road, Setauket will be open for tours at 11 a.m., noon, 1 p.m. and 2 p.m., courtesy of Preservation Long Island. This guided tour explores the first and second floors of the house. Tickets are \$10 adults, \$5 ages 10 to 18, free for children ages 9 and under. To reserve your spot, visit www. preservationlongisland.org/tours/.

Cedar Beach Nature Walk

Town of Brookhaven hosts a nature walk at Cedar Beach Nature Center, 244 Harbor Beach Road, Mt. Sinai at 2 p.m. Explore the unique ecology of the beach and salt marsh and learn about the different and overlapping ecosystems of flora and fauna and the habitats that comprise these beautiful places. Free but registration is required by emailing npocchiare@brookhavenny.gov.

Sunday 6

Smithtown Craft & Gift Fair

See July 5 listing.

Wind Down Sundays

The popular summer concert series returns to Hap's Red Barn at Frank Melville Memorial Park, 1 Old Field Road, Setauket starting with Carlos Jimenez Mambo Dulcet tonight at 5:30 p.m. Bring seating. www. frankmelvillepark.org

Concert on the Village Green

Summer concerts kick off tonight at the Stony Brook Village Center in front of the Stony Brook Post Office, 111 Main Street, Stony Brook with One Step Ahead at 7 p.m., courtesy of the Ward Melville Heritage Organization. Free. Bring seating. In the case of rain, the concerts will be cancelled. The concert series is sponsored by Suffolk County Legislator Steve Englebright and the office of Economic Development and Planning and Stony Brook Kayak and Paddleboard Rentals. 631-751-2244, www.wmho.org

Monday 7

Kings Park Rocks

Kings Park Chamber of Commerce presents a Kings Park Rocks summer concert featuring Southbound at Russ Savatt Park, 14 Main Street, Kings Park from 6 to 10 p.m. with line dancing, mechanical bull riding, vendors, and rides and games for the kiddies. 631-269-7678

An Evening of Goat Yoga

Join the Smithtown Historical Society, 211 E. Main St., Smithtown for a 45 minute session of yoga with friendly, interactive goats from 5:30 to 6:30 p.m. and again from 6:45 to 7:45 p.m courtesy of by Steppin' Out Ponies and Petting Zoo. Tickets are \$30 per person. Please bring a mat & towel. Registration required via Eventbrite. For more information, call 631-265-6768.

Northport Fireman's Fair

The Northport Volunteer Fire Department will hold their 98th annual Firemen's Fair tonight to July 12 from 7 to 11 p.m. on the fire department grounds on Steers Ave, off of Ocean Ave in Northport. The six day event will feature carnival rides by Blue Sky Amusements, festival food, carnival games and more. 631-261-7504

Country Line Dancing

Celebrate St. James presents Country Line Dance lessons with Natalie at the St. James Community Cultural Arts Center, 176 2nd St., St. James from 7 p.m. to 8:30 p.m. Come learn the hottest dances! \$15 per person at the door. Please RSVP at www. celebratestjames.org. 631-601-5109

CAC Movie Trivia Night

Join the Cinema Arts Centre, 423 Park Ave., Huntington for a Movie Trivia Night at 8 p.m. Try to answer 50 questions based all around film, actors and actresses, awards, and everything else associated with the world of film. Challenge like-minded film fans in a battle of wits for cash and other prizes. You can form teams, so bring some friends and work together. Feel free to come alone and play solo as well! Hosted by Dan French. Tickets are \$11 per person, \$7 members at cinemaartscentre.org.

Tuesday 8

Northport Fireman's Fair

See July 7 listing.

Garden Club Meeting

The Three Village Garden Club will host its monthly meeting at the Setauket Neighborhood House, 95 Main St., Setauket at 11 a.m. featuring a photography exhibit by members. Guest speaker will be professional photographer Keith Krejci from Goodeye Gallery who will discuss the submissions and give guidance for creating the best

botanical photos. All are welcome to attend. 631-377-0797

NSJC Social Club event

North Shore Jewish Center Social Club, 385 Old Town Road, Port Jefferson Station invites the communitya concert by Henry Beder, vocalist with Thelma Grossman, piano accompanist, performing Yiddish Songs for the Jewish Soul. at 11 a.m. Bagels and coffee will be served. \$5 per person, \$4 members. 631-928-3737

Stop the Bleed Program

Adults and students in grades 6 to 12 who are Suffolk County residents are invited to take part in a Stop the Bleed program at Emma Clark Library, 120 Main St., Setauket from 2 p.m. to 4 p.m. Blood loss is the #1 cause of death from traumatic injuries. In this course led by medical staff from Stony Brook University Hospital, you'll learn 3 quick techniques to help save a life. Reserve your spot at emmaclark.org/programs. Questions? Email askus@emmaclark.org

Community Band Concert

The Smithtown Historical Society hosts the 39th annual Smithtown Community Band concert series, Music from Around the World, on the grounds of the Frank Brush Barn, 211 E. Main St., Smithtown tonight at 7:30 p.m. Free. Bring seating. 631-265-6768

Concerts at The Gazebo

Enjoy Tuesday night concerts at The Gazebo, 127 Smithtown Blvd., Nesconset kicking off with Radio Flashback (Best of 70s/80s) tonight at 7 p.m. Free. Bring seating. Rain date is the following day. Presented by Suffolk County Legislator Leslie Kennedy. 631-672-5197, www.nesconsetchamber.org

Paige Patterson in Concert

Northport Public Library, 151 Laurel Ave., Northport kicks off its Concerts in the Library Courtyard series with "Pure Joy" with Paige Patterson at 7 p.m. Enjoy songs ranging from Bon Jovi to Broadway, Santana to Sinatra, Motown, contemporary pop, and much more. Rain date is July 9. Open to all. 631-261-6930

That 70s Band in Concert

Middle Country Public Library, 101 Eastwood Blvd., Centereach celebrates summer with its Music Under the Stars concert series in the parking lot featuring That 70s Band at 7 p.m. Sponsored by Suffolk County Legislator Nick Caracappa. Bring seating. 631-585-9393

Wednesday 9

Northport Fireman's Fair

See July 7 listing.

Lefferts Tide Mill Tours

Huntington Historical Society, in partnership with the Lefferts Tide Mill & Preserve, will give a tour of the Van Wyck-Lefferts Tide Mill at 10:30 a.m. Built in 360-2480 ext. 150

1795, the mill is one of the best preserved 18th-century tide mills in the country. The 1½-hour tour includes a short boat ride from Gold Star Battalion Beach. For ages 12 and up. \$20 per person, \$15 members. Reservations required. 631-427-7045, www. huntingtonhistorical society.org

Cruise Night at The Shoppes

The Shoppes at East Wind, 5720 Route 25A, Wading River hosts a Cruise Night Car Show tonight and every Wednesday through October from 5 p.m. to 9 p.m. Visit the Shoppes, enjoy a bite to eat and then check out the fine array of classic cars in the parking lot. 631-929-3500

Full Moon Walk

Town of Brookhaven hosts a Full Moon Walk at Cedar Beach Nature Center, 244 Harbor Beach Blvd., Mt. Sinai at 7:30 p.m. Join this fun family walk along the beach for sunset and the rise of the Full Moon. Learn how the moon helps shape our landscape, life patterns and culture. Free but registration required by emailing npocchiare@brookhavenny.gov.

Sunset Concerts

Port Jefferson Arts Council kicks off their Sunset Concert series on the Jill Russell Stage at Harborfront Park, 101-A East Broadway, Port Jefferson with The Lucky Ones from 6:30 to 8 p.m. Bring seating. In the case of rain, the event will be moved inside the Port Jefferson Village Center. 631-473-5220, www.gpjac.org

Decadia in Concert

PJS/Terrvville Chamber of Commerce continues their Summer Concert Wednesdays at the Chamber Train Car Park, 1 Rose Ave., Port Jefferson Station with Decadia from 7 p.m. to 9 p.m. along with food, ice cream, local businesses and more. Bring seating. www.pjstchamber.com

Thursday 10

Northport Community Band Concert See July 3 listing.

Northport Fireman's Fair

See July 7 listing.

Harborside Concert

Harborside concerts are held at the Show Mobile at Harborfront Park, 101-A East Broadway, Port Jefferson on Thursdays starting with Hootie & The Blowfish Tribute tonight at 7 p.m. Free. Bring seating. 631-473-4724, www.portjeff.com

Dennis Cannataro Concert Series

The Dennis Cannataro Family Summer Concert Series returns to the Smithtown Library, 1 North Country Road, Smithtown tonight with Teddy Kumpel and Nome Sane? at 7:30 p.m. Free. Bring seating. Sponsored by Suffolk County Legislator Robert Trotta. 631-

Mike DelGuidice in Concert

Through a grant from Suffolk County Legislator Rob Trotta, the Nissequogue River State Park Foundation will host a free concert featuring Mike DelGuidice at St. Joseph CYO Baseball/Softball complex, behind the Church of St. Joseph, Old Dock Road, Kings Park at 7:30 p.m. Bring seating. 631-854-3900

Film

'Archipelago New York, Episode 2'

The Greater Port Jefferson Arts Council and the Long Island Museum, 1200 Route 25A, Stony Brook present a free screening of Episode 2 of Archipelago New York on July 10 at 7 p.m. Titled "Wildlife in the City," the **Huntington** documentary will explore how, after 300 million years, animals have adapted to the expanding urban environment. Following the screening, join filmmaker Thomas Halaczinsky for an insightful conversation about the making of the documentary, plus get a sneak peek at his next project about Plum Island, shedding new light on its past and exploring its present. This program is free, but registration is requested by visiting www.longislandmuseum.org.

Theater

'Footloose The Musical'

Up next at the John W. Engeman Theater, 250 Main St., Northport is Footloose The Musical from July 10 to Aug. 24. When Ren and his mother move from Chicago to a small farming town, he is prepared for the inevitable adjustment period at his new high school. But he's not prepared for the rigorous local edicts, including a ban on dancing instituted by the local preacher. Based on the hit 1984 movie, the musical contains all of the hit songs including "Let's Hear It For The Boy," "Almost Paradise," "Holding Out For A Hero," and of course "Footloose!" For tickets, call 631-261-2900 or visit www.engemantheater.com.

'Othello'

The Carriage House Players at the Suffolk County Vanderbilt Museum in Centerport continues their 36th annual Shakespeare in the Courtyard Festival with Othello from July 11 to Aug. 3. Performances are held on the Vanderbilt mansion courtyard stage on Wednesdays and Fridays at 8 p.m. and Sundays at 7 p.m. Tickets are \$20 adults, \$15 seniors and children under age 12. To order, visit www.vanderbiltmuseum.org. 516-557-1207

'Much Ado About Nothing'

The Minstrel Players present William Shakespeare's Much Ado About Nothing at Trinity Episcopal Church, Houghton Hall, 130 main St., Northport on July 19 and July 26 at 8 p.m. and July 20 and July 27 at 3

p.m. Tickets are \$20 adults, \$15 seniors and students. To order, all 516-361-7232 or visit www.theminstrelplayersinc.org.

Class Reunions

- Rocky Point High School Class of 1975 will hold their 50 year reunion at East Wind in Wading River on September 12 from 6 p.m. to 10 p.m. \$150.00 per person includes reception, hors d'oeuvres, buffet dinner, open bar and dessert. Contact Andrea at 631-774-2474 or RockyPointClassof75@ gmail.com

Farmers Markets

Elm Street parking lot at 228 Main St., Huntington on Sundays from June 1 through Nov. 23 from 8 a.m. to 12:30 p.m. 631-944-2661

Lake Grove

Southwestern quadrant of Smith Haven Mall parking lot along Middle Country Road year-round on Saturdays (pickles, honey) and full market with vendors on Sundays. Hours are 10:30 a.m. to 4:30 p.m. both days. 516-444-1280

Northport

Cow Harbor Park parking lot, at the corner of Main Street and Woodbine Ave. in Northport on Saturdays from June 7 through Nov. 22 (except Sept. 20) from 8 a.m. to 12:30 p.m. 631-662-7244

Port Jefferson

Harborfront Park, 101 E. Broadway, Port Jefferson on Sundays from 9 a.m. to 2 p.m. from May 18 through Nov. 23. 631-802-2160

St. James

St. James Lutheran Church, 230 2nd Ave., St. James hosts a farmers market in its parking lot every Saturday from 9 a.m. to 1 p.m. from May 31 through October 25. 631-403-7711

Setauket

Three Village Historical Society, 93 North Country Road, Setauket on Fridays from May 16 through September (except Sept. 19) from 3 to 7 p.m. and October from 3 p.m. to 6 p.m. 631-751-3730

CALENDAR DEADLINE is Wednesday at noon, one week before publication. Items may be mailed to: Times Beacon Record News Media, P.O. Box 707, Setauket, NY 11733. Email your information about community events to leisure@tbrnewspapers. com. Calendar listings are for not-forprofit organizations (nonsectarian, nonpartisan events) only, on a spaceavailable basis. Please include a phone number that can be printed.

Religious Directory

Catholic

INFANT JESUS ROMAN CATHOLIC CHURCH 110 Myrtle Ave., Port Jefferson 631-473-0165

Fax 631-331-8094 email-rectory@infantjesus.org www.infantjesus.org

REV. GREGORY RANNAZZISI, PASTOR, ASSOCIATES: REV. FRANCIS LASRADO REV. SIJOMON VARGHESE Parish Outreach: 631-473-0165

Weekday Masses: 7:30am in the church and 12pm in the Chapel (Mon-Fri) 9am Mass in the Church on Saturdays

Weekend Masses: Saturday at 4:30pm, Sunday 9:00am and 12:00pm in the Chapel. 7:30 am, 8:45am (Spanish), 10:30am, and 5pm in the Church

Spanish Masses: Wednesdays 6:00pm Sundays 8:45am in the church

The Sacrament of Reconciliation remains scheduled on Saturdays 12:30-1:15pm in the lower church.

ST. GERARD MAJELLA ROMAN CATHOLIC CHURCH 300 Terryville Road, Port Jefferson Station

631-473-2900 email-office@stgmajella.org

www.stgmajella.org REV. GREGORY RANNAZZISI, PASTOR

Mass: Saturday 5pm Sunday 8am, 10am & 12pm Weekday Mass: 9am

Confessions: Saturday 3:45pm-4:45pm Office Hours: Monday-Thursday 9am-4:30pm

Thrift Shop: Monday-Thursday 10am - 4pm and Friday 10am-2pm.

Parish Outreach: Please call Office for information

Baptism and Wedding arrangements can be made by calling the Parish Office.

ST. JAMES ROMAN CATHOLIC CHURCH

429 Rt. 25A, Setauket

Phone: 631-941-4141 Fax: 631-751-6607 Parish Office email:

parish@stjamessetauket.org www.stjamessetauket.org

REV. ROBERT KUZNIK, PASTOR REV. ROBERT SCHECKENBACK,

ASSOCIATE PASTOR REV. MIKE S. EZEATU,

SBU HOSPITAL CHAPLAIN, IN RESIDENCE

Office Hours: Monday-Friday 9am to 4pm Saturday 9am Our Daily Bread Sunday Soup Kitchen

opened 2-3pm, serving hot meals To-Go and groceries

Food Pantry Open Open Every Wednesday from 12 Noon to 2pm Open Every Sunday from 2-3pm,

Mission Statement: We, the Catholic community of the Three Village area, formed as the Body of Christ through the waters of Baptism, are a pilgrim community journeying toward the fullness of the Kingdom of God, guided by the Holy Spirit, nourished by the Eucharist and formed by the Gospel. We strive to respond to Jesus invitation: to be faithful and fruitful disciples; to be a Good Samaritan to our neighbor and enemy; to be stewards of and for God's creation and to be living witness of Faith, Hope and Charity...so that in Jesus name, we may be a welcoming community, respectful of life in all its diversities.

Catholic Traditional Latin Mass

ST. MICHAEL THE ARCHANGEL SOCIETY OF SAINT PIUS X

900 Horseblock Road, Farmingville 631-736-6515 sspxlongisland.com Sunday Masses at 7am and 9am

Please consult sspxlongisland.com for updates and current mass times.

Christian

CHRISTIAN SCIENCE SOCIETY Northport, NY

55 Laurel Ave, Northport, NY 11768 Phone: 631-261-6405

Website: www.christiansciencenorthport.com Services: in-person & online Sunday Lesson Sermons 10:30 AM

Wednesday Testimonial Meetings 7:15 PM Online Service Attendance (ALL services)

Zoom Phone: 929-205-6099 Zoom Meeting ID: 962 2495 9131 Passcode: 12345

The science of Christianity as Jesus taught and demonstrated reveals that God is Love. Our church seeks to promote a deeper understanding of divine Truth and Love, reinforcing that God created man in his image and likeness. The study of Christian Science reveals an inspired sense of Life, where man truly reflects God, and is capable of overcoming any discordant condition. All are warmly welcomed to attend our services.

FULL GOSPEL CHRISTIAN CENTER

415 Old Town Road Port Jefferson Station, NY 11776

631-928-6100

fgccmail@gmail.com Fgccpj.com Office hours

Monday, Wednesday, Thursday 9:00am-2:00pm

Services

Sunday 10:00am Wednesday-Bible Study 7:00-8:00pm

Friday Night Prayer 8:00pm

Getting you from where you are to where God wants you to be.

ISLAND CHRISTIAN CHURCH 400 Elwood Road, East Northport IslandChristian.com

631-822-3000

PASTOR CHRISTOPHER COATS Services In-Person-Online Sunday Mornings 9 AM + 11 AM

Fun religious education for kids during each service. Children and Youth programs during the week, check out our website for more details.

Congregational

MT. SINAI CONGREGATIONAL UNITED CHURCH OF CHRIST 233 North Country Road, Mt. Sinai

631-473-1582-www.msucc.org

Pastor William Kovacsik We are a congregation committed to justice.

All are welcome into our full life and ministry regardless of age, race, abilities, economic or marital status, gender, sexual orientation, or gender identification. We are a church that is open and affirming of all people, as we are each

made in the image of God

Sunday Worship at 10am Livestreaming on YouTube:

@MtSinaiCongregationalChurchUCC

Sunday School at 10am

"No matter who you are or where you are on life's journey, you are welcome here." Through our worship and by our actions we strive to live out Christ's message

to love one another The Island Heart Food Pantry

643 Middle Country Road, Middle Island NY Wednesdays 1:00-4:00pm

MSCC Food Cupboard

233 N. Country Rd, Mt Sinai Every other Tuesday 9:15-11:45

Episcopal

ALL SOULS EPISCOPAL CHURCH

On the hill across from the Stony Brook Duck Pond

61 Main Street, Stony Brook

FATHER IAN WETMORE www.allsoulsstonybrook.org

or call 631-584-5560 Stjameschurchrector@gmail.com

Services

Sunday: 8:00am Virtual Morning Prayer 11:15am Holy Eucharist with Organ music

Tuesday: 8:00am

Interdenominational Morning Prayer Wednesday: 12 noon

Interdenominational Rosary

We are a friendly welcoming community for all people.

CAROLINE EPISCOPAL CHURCH **OF SETAUKET**

1 Dyke Road on the Village Green, Setauket Web site: www.carolinechurch.net email: office@carolinechurch.net

631-941-4245 Office Hours: Tues-Fri 9:00am-5:00pm REV NICKOLAS C. GRIFFITH-RECTOR 300 years of community, fellowship & ministry!

> Services: 5:00pm Saturdays - Holy Eucharist 8:00am Sundays - Holy Eucharist 9:30am Sundays - Holy Eucharist w/ choir & Children's Chapel 12:30pm Weds. - Noonday Prayer

10:00am Thurs. - Healing Service Sunday School & Children's Chapel

Safe Church certified teachers. free nursery child-care,

a well-supervised, joyous environment, fun workshops, themed events, and more!

Food Pantry Open Wednesdays: 11:00am-12:00pm and 6:00-7:00pm. Entrance is located at the back of the Marco C. Smith building.

All are welcome!

CHRIST EPISCOPAL CHURCH 127 Barnum Ave., Port Jefferson 631-473-0273

email: ccoffice@christchurchportjeff.org

www.christchurchportjeff.org Church office hours: Tues. - Fri. 9am - 12pm REV. NICKOLAS C. GRIFFITH -Vicar

Services: 7:00am Sundays-Holy Eucharist 11:00am Sundays-Holy Eucharist with Music

It is the mission the people of Christ Church to grow in our relationship with Jesus Christ and to make his love known to all through our lives and ministry. We at Christ church are a joyful, welcoming community. Wherever you are in your journey of life we want to be part of it.

ST. JOHN'S EPISCOPAL CHURCH

'To know Christ and to make Him known" REV. DUNCAN A. BURNS, RECTOR REV. ZACHARY BAKER, CURATE

Alex Pryrodny, Music Director Sunday Worship

8am Rite I Holy Eucharist 10am Rite II Holy Choral Eucharist 9:40am-Sunday School

Noonday Prayer

12 noon - Wednesdays

Thrift Shop

Tuesdays, Thursdays, & Saturdays 12-3pm 12 PROSPECT ST, HUNTINGTON

(631) 427-1752 On Main St. next to the library

info@stjohns1745.org (631) 427-1752 stjohns1745.org Facebook.com/stjohns1745

Religious Directory

Jewish

NORTH SHORE JEWISH CENTER 385 Old Town Rd.

Port Jefferson Station 631-928-3737

www.northshorejewishcenter.org

RABBI AARON BENSON CANTOR DANIEL KRAMER EXECUTIVE DIRECTOR

MARCIE PLATKIN PRINCIPAL HEATHER WELKES

YOUTH DIRECTOR JEN SCHWARTZ

Services: Friday At 8 Pm; Saturday At 9:15 am
Daily Morning And Evening Minyan
Call For Times. Tot Shabbat Family Services

Sisterhood, Men's Club Seniors' Club, Youth Group Continuing Ed

Adult Bar/Bat Mitzvah Judaica Shop Food Pantry Lecture Series Jewish Film Series NSJC JEWISH LEARNING CENTER RELIGIOUS SCHOOL

Innovative Curriculum And
Programming For Children Ages 5-13
Imagine A Synagogue That Feels Like Home!
Come Connect With Us On Your
Jewish Journey. Member United Synagogue

Of Conservative Judaism.

TEMPLE ISAIAH

1404 Stony Brook Road, Stony Brook 631-751-8518 www.tisbny.org

Joyful Judaism in a warm, caring, musical, multigenerational community devoted to learning, prayer and friendship. Member Union for Reform Judaism

RABBI/CANTOR/PRINCIPAL JOSHUA GRAY

RABBIS EMERITI ADAM D. FISHER, STEPHEN A. KAROL CANTOR EMERITUS

MICHAEL F. TRACHTENBERG
Services:

1st Friday 6pm Family Service Other Fridays 7:30pm

Saturday B'nai Mitzvah services 10am Religious School Confirmation Class-Monthly Tot Shabbat-Torah Study-Adult Education-Adult Bar and Bat Mitzvah-

Brotherhood-Sisterhood Book Club-Social Action and much more!

Lutheran-ELCA

ST. PAUL'S EVANGELICAL LUTHERAN CHURCH

309 Patchogue Road Port Jefferson Station 631-473-2236

e-mail PastorPaulDowning@yahoo.com pastor's cell phone voice or text 347-423-3623 www.StPaulsLCPJS.org

facebook.com/stpaulselca

Services 8:30am and 10:30am

Wednesday Bible Study over Zoom at 9:30

Friday Prayer Group at 10:30am in church or zoom

WELCOME FRIENDS

Provides free lunch in parking lot on Tuesdays at 1:00pm

Methodist

BETHEL AFRICAN METHODIST EPISCOPAL CHURCH

33 Christian Ave/ PO 2117, E. Setauket

631-751-4140 REV. LISA WILLIAMS PASTOR

Sunday Worship: 10:30am
Adult Sunday School 9:30am

Lectionary Reading And Prayer:

Wed. 12 Noon

Gospel Choir: Tues. 8 Pm Praise Choir And Youth Choir 3rd And 4th Fri. 6:30 PM.

NORTH SHORE UNITED METHODIST

260 Rt.25a Wading River 11792 631-929-6075

nsumc@optonline.net

facebook.com/nsumcwadingriver northshoreumc.org

We welcome <u>all</u> people regardless of age, race, ethnicity, gender, disability, or sexual orientation.

PASTOR JOSHUA YUN Sunday Worship @ 11am

In person & via Zoom
Recorded for facebook

Recorded for facebook Child Care availabe

Active Youth Group

Holy Communion: 1st Sunday
Food Pantry:

July 12th & 26th

Also by appointment

Blessing Box: Accessible 24/7

Monthly Community Dinner (Free)

July 19th & August 16th @5pm

Thrift Shop: Thurs, Fri, Sat. 9:30-1:30

"If you are looking for a church, this IS your church because we are all God's family!"

SETAUKET UNITED METHODIST CHURCH

160 Main Street, Corner of 25A and Main Street

East Setauket 631-941-4167, or email us at sumcny@aol.com
LEAD PASTOR

REV. CATHERINE SCHUYLER, LEAD PASTOR OKEMA DIAZ

PASTOR -JOSH YUN Sunday Worship Service at 10am

Church School at 10am
Services streamed online

(a) http://www.setauketumc.org

Holy Communion 1st Sunday of Month Mary Martha Circle (Women's Ministry) meets every 2nd Tuesday each month at 1pm

II Acts Thrift Shop Open Wed-Sat. 10-2pm 631-364-9992

No Matter who you are or where you are on life's journey, you're welcome here!

Presbyterian

FIRST PRESBYTERIAN CHURCH OF PORT JEFFERSON

107 South/Main Streets 631-473-0147

We are an accepting and caring people who invite you

to share in the journey of faith with us.

Email: office@pjpres.org Website: www.pjpres.org

REV. EMILY FOWLER, PASTOR
The First Presbyterian Church of Port Jefferson

is a place that is open hearted and open minded; we welcome diversity. Come and explore how your spirituality can affect your life.

Worship is every Sunday at 10am. Live streaming available on Facebook page. We also have a Bible study series

We also have a **Bible study series** on Tuesdays at 2pm.

Holy Communion 1st Sunday of the Month Hot meals, groceries & clothing provided on a

take out basis by Welcome Friends on Wednesday 5:00-6:00pm and Fridays 3:30-5:00 pm

Call the church office or visit our website for current activities and events.

NYS Certified Non Denominational Preschool and Daycare

The purpose of First Presbyterian Church of Port Jefferson is, with God's help, to share the joy & good news of Jesus Christ with the congregation, visitors and the community at large; to provide comfort to those in need and hope to those in despair; and to seek justice for all God's people.

SETAUKET PRESBYTERIAN CHURCH

5 Caroline Avenue, On the Village Green 631-941-4271

THE REV. DR. JOHANNA MCCUNE WAGNER

Worship with us Sundays at 9:30AM

Church School Sundays at 9:30am

Contemporary Service Sundays at 11am

Weekly programs & activities Visit www.setauketpresbyterian.org

Like our Facebook Page Setauket Presbyterian Church, est 1660

Follow our Instagram - setauketpres Home to the beloved Setauket

Presbyterian Preschool https://www.setauketpreschool.org/

Partner of the Open Door Exchange https://www.opendoorexchange.org/

Quaker

CONSCIENCE BAY MEETING Religious Society of Friends 4 Friends Way, St. James 11780

631-928-2768 www.consciencebayquakers.orgWe gather in silent worship seeking
God, the Inner Light/Spirit.

We're guided by the Quaker testimonies of simplicity, peace, integrity, community, equality and stewardship. In-person worship blended with virtual worship.

Unitarian Universalist

UNITARIAN UNIVERSALIST FELLOWSHIP AT STONY BROOK

380 Nicolls Road, East Setauket 631-751-0297-uufsb.org office@uufsb.or

A spiritual home for individuals, couples, and families of diverse religious and

social backgrounds.

A place to nurture your spirit and help heal our world.

Sunday Service: 10:30 a.m.

Or visit uufsb.org to join us via live stream on Sunday mornings.

To be listed in the Religious Directory please call 631–751–7663

Pop-Up Saturdays return to Stony Brook Village

The Ward Melville Heritage Organization (WMHO) has announced the return of Pop-Up Saturdays in Stony Brook Village this summer. This six-part series of family-friendly events will take place every Saturday from July 12 to August 16. Filled with animals, music, art, and magic, these events promise fun for all ages and will be held rain or shine. Pop-Up Saturdays are free to the public and will be located in Stony Brook Village's Inner Court, near Crazy Beans and the Waterfall Garden. Events are weather permitting.

2025 Pop-Up Saturdays Lineup: JULY 12 — Magic of Amore from

JULY 12 — Magic of Amore from 1:30 p.m. to 2:15pm. Come be dazzled by a magic show from one of New York's top- rated magicians!; Marty Macaluso Caricature Artist from 1:30 p.m. to 3:30 p.m. Get your caricature drawn by this talented artist.

JULY 19 — Uncle Tony's Reptile Shack from 1:30 p.m. to 2:15 p.m. and 2:30 p.m to 3:15 p.m. Come meet snakes, lizards, tortoises, and more at this interactive show; ARF Animal Rescue from 11a.m. to 2 p.m. The ARF Animal rescue will be here with their mobile adoption van along with some furry friends!

JULY 26 — Pixie Dust Storytellers from 1:30 p.m. to 2:15 p.m. and 2:30 p.m. to 3:15 p.m. Pixie Dust Storytellers brings magical, family-friendly character experiences to events across Long Island.

AUGUST 2 — School of Rock Port Jefferson from 1:30 p.m. to 3:30 p.m. At School of Rock students learn to rock out on guitar, bass, keyboard, drums, and vocals. They will be here to perform an exciting set; Hope for Cleo Animal Rescue from noon to 3:30 p.m. Hope for Cleo is a nonprofit animal rescue organization hosting a puppy adoption event. Stop by to pet some cute puppies!

AUGUST 9 — Johnny Cuomo from 1:30 p.m. to 2:15 p.m. and 2:30 p.m. to 3:15 p.m. Johnny Cuomo is a musician, storyteller, naturalist, teacher and author who has been sharing folk tales with people of all ages for many years.

AUGUST 16 — Sweetbriar Nature Center from 1:30 p.m. to 2:15 p.m. and 2:30 p.m. to 3:15 p.m. Sweetbriar Nature Center provides natural science education services for Long Island residents of all ages and engaging in native wildlife rehabilitation services.

The 2025 Pop-Up Saturdays are generously sponsored by Suffolk County Legislator Steve Englebright and the office of Economic Development and Planning and Apple Bank. For more information, visit wmho.org.



PROGRAMS

Summer at the Hatchery

On July 3, Cold Spring Harbor Fish Hatchery, 1660 Route 25A, Cold Spring Harbor will host Animal Encounters at 11 a.m. and a Longnose Gar Feeding Demo at 1 p.m. Included with admission of \$7 adults, \$6 seniors, \$5 children ages 3 to 12. 516-692-6768

First Steps Into Nature

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown presents First Steps Into Nature for children ages 2 to 4 on July 4, July 11, July 18 and July 25 at 9:30 a.m. Little ones will learn about nature through hands on interaction, music, crafts, stories, play and more. \$20 per child per class. To register, visit www.sweetbriarnc.org. 631-979-6344

Story & Craft with Nana Carol

The Next Chapter bookstore, 204 New York Ave., Huntington hosts a Story and Craft event with Nana Carol on July 7 at 10:30 a.m. Free. No registration required. Appropriate for ages 0-4. 631-482-5008

Artifacts in Our Backyard

Frank Melville Memorial Park, 1 Old Field Road, Setauket kicks off its summer program series with Artifacts in Our Own Backyard with Michael Rosengard on July 8 at 11 a.m. Meet at Hap's Barn. Bring a blanket or chair. Free. No registration required. 631-771-1010

Meet the Farm Animals

Emma Clark Library, 120 Main St., Setauket invites children in Pre-K to Grade 5 for a special program, Meet the Farm Animals, on July 9 from 10:30 a.m. to 12:30 p.m. Join representatives from Suffolk County Farm on the Library lawn for hands-on interaction with animals found on a farm. No registration required. Open to all. Questions? Email kids@emmaclark.org

Drop-In Art Workshop

Children ages five through ten are invited to the Heckscher Museum of Art, 2 Prime Ave., Huntington on July 10 from 10:30 a.m. to 11:30 a.m. to create fun works of art in a variety of materials inspired by artwork in the Museum. Programs will be held both in the Museum and in Heckscher Park, weather-permitting. Fee is \$10 per child, adults free. No advance registration required. 631-380-3230



CUTE AND CUDDLY Children can meet farm animals at Emma Clark Library on July 9. Photo courtesy of Emma Clark Library

Happy Birthday Bubbles!

Sunken Meadow State Park, 1 Sunken Meadow Parkway, Kings Park presents a Tiny Tots program, Happy Birthday Bubbles!, on July 10 from 10:30 a.m. to 11:30 a.m. Children ages 3 to 5 with a parent/caregiver will enjoy short walks, story time, animal visitors, and crafts. \$4 per child. Register at www.eventbrite.com.

Fantastical Beasts & Where To Find Them

Fire-breathing beasts! Galloping unicorns! Did you know that many mythic creatures featured in the Harry Potter world started their stories in the sea? Discover the myths and legends surrounding these fantastical creatures at a drop-in program, Fantastical Beasts & Where to Find Them, at the Whaling Museum, 301 Main St., Cold Spring Harbor on July 10 between 11 a.m. and 1 p.m. Create your own dragon egg with gilded sea shells to take home. Recommended for ages 5 and up. Admission fee + \$12 participants. No registration required. 631-367-3418

FILM

'The Bad Guys'

As part of its Cinema for Kids series, the Cinema Arts Centre, 423 Park Ave., Huntington will screen *The Bad Guys* on July 6 at noon. Never have there been five friends as infamous as The Bad Guys—Mr. Wolf, Mr. Snake, Mr. Piranha, Mr. Shark and Ms. Tarantula. After years of countless heists and being the world's most-wanted villains, the gang is finally caught. Mr. Wolf brokers a deal to keep them out of prison and the Bad Guys set out to fool the world into believing they've gone good. Rated PG. Tickets are \$13 adults, \$5 kids. www.cinemaartscentre.org.

'Moana 2'

The 8th annual Farmingville Flicks outdoor movie series kicks off at Local Church, 1070 Portion Road, Farmingville with a screening of *Moana 2* on July 7 at 8:30 p.m., courtesy of the Farmingville Hills Chamber of Commerce and Sachem Public Library. Free. 631-317-1738

'Dog Man'

New venue! Town of Huntington presents four drive-in movies this summer at Heckscher Park, 2 Prime Ave., Huntington on Mondays at dusk starting with *Dog Man* on July 7, *Despicable Me 4* on July 21, *Wicked* on August 14, and *A Minecraft Movie* on August 18. Free. 631-351-3000

THEATER

'The Fantasmix'

Theatre Three, 412 Main St., Port Jefferson continues its children's theater with *The Fantasmix: A Superhero Journey Begins!* from July 11 to July 26 with a sensory friendly performance on July 13 at 11 a.m. Come help the world's newest superheroes Lightning and Bolt as they embark on an epic journey to save our planet and all its water! The electrifying brother-and-sister duo discover that together, they have what it takes to save the world. We all know water and electricity don't mix ... but they sure make a terrific show! Tickets are \$15. To order, call 631-928-9100 or visit www.theatrethree.com.

'The Little Mermaid Jr'

Smithtown Performing Arts Center, 2 East Main St., Smithtown presents Disney's *The Little Mermaid Jr.* from July 12 to Aug. 17. In a magical underwater kingdom, the beautiful young mermaid, Ariel, longs to leave her ocean home behind and live in the world above. But first, she'll have to defy her father, King Triton, make a deal with the evil sea witch, Ursula, and convince the handsome Prince Eric that she's the girl whose enchanting voice he's been seeking. Tickets are \$26.50. To order, visit www. smithtownpac.org.

'Madagascar: A Musical Adventure'

The John W. Engeman Theater, 250 Main St., Northport presents Madagascar: A Musical Adventure from July 19 to Aug. 24. Join Alex the Lion, Marty the Zebra, Melman the Giraffe, Gloria the hip hip Hippo and, of course, those hilarious, plotting penguins as they bound onto your stage in the musical adventure of a lifetime. Follow all of your favorite crack-a-lackin' friends as they escape from their home in New York's Central Park Zoo and find themselves on an unexpected journey to the madcap world of King Julien's Madagascar. Tickets are \$20. To order, call 631-261-2900 or visit www.engemantheater.com.



Local teams compete in Mather Hospital's Great Robotic Challenge

Students from four local robotics teams recently got a surgeon's view as they tested their skill at operating a next generation da Vinci* surgical robot in Mather Hospital's

Great Robotic Challenge. The event was part of the hospital's marking its milestone 10,000th robotic surgery.

Teams from Longwood, Smithtown, Miller Place and a combined Port Jefferson-Mount Sinai team took turns sitting at the robot's control panel as a surgeon would, viewing a high definition, 3D image of a "surgical" area. The task was to maneuver the robot's arms to pick up rubber rings and place them on a series of cones. Longwood had the best overall score in the challenge.

Prior to the competition, Arif Ahmad, MD, Director of Mather Hospital's Robotic Surgery Center of Excellence, gave a presentation on robotic surgery and its current and future uses, including telepresence. Telepresence with Intuitive Hub allows live sharing of a procedure, using two-way audio and video, enabling surgeons who are in another geographic location to observe and mentor colleagues during robotic-assisted surgeries in real time.

Mather Hospital is in the top 10% of hospitals on Long Island performing robotic surgery, using five da Vinci* surgical robots. The hospital, which was the first Robotic Surgery Center of Excellence in New York State and an Epicenter in Robotic Bariatric Surgery, has performed over 10,000 robotic surgeries since 2011, consistently investing in advanced technology and highly skilled surgeons.

The most common robotic surgeries at Mather are bariatric and general surgery,





followed by gynecology, thoracic, and urology. Approximately 99% of our bariatric cases are performed robotically. The average length of

stay for patients undergoing robotic surgery is two days.

Photos courtesy of Mather Hospital





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