# ARTS & LIFESTYLES

TIMES BEACON RECORD NEWS MEDIA® MAY 8, 2025

# Four-part series 'Miss Austen' heads to PBS

See review on page B12

PBS/BonnieProductions/MASTERPIECE/Robert Viglasky

ALSO: Recipe for Mother's Day B15 • Review of 'Joyride' B16 • SBU Sports B17 • Calendar of Events B18

## **Essential Expertise for All Types of Cancer, for All Ages**













## **Multiple Cancer Specialists**

Each of our **13 teams is focused on a group of related cancers**, providing an expert and collaborative plan for your unique needs.

## **Full Spectrum of Care**

The Cancer Center has access to all of the highly trained surgeons, doctors and additional specialists, across Stony Brook Medicine.

## **Unique Cancer Clinical Trials**

Some are **created right here at Stony Brook** by our own physicians and researchers, providing you access when it benefits your care.

## Tour the Cancer Center



Scan QR code to view video or visit stonybrook.info/ sbcancer1

APPOINTMENTS & INFORMATION (631) SB-CANCER (722-2623)

cancer.stonybrookmedicine.edu



Stony Brook University/SUNY is an equal opportunity educator and employer. SBM-AD2502 0339

## New law raises Social Security income for some

## MONEY MATTERS

Until recently, if you received a pension from a job that did not pay into Social Security and you've also worked in a job that did, your Social Security benefits



**BY MICHAEL CHRISTODOULOU** 

at retirement were reduced based on your pension income.

As of Jan. 5, 2025, that's no longer the case, thanks to the Social Security Fairness Act. Now, you'll receive both your pension and your fully earned Social Security benefits because the Act repealed the Windfall Elimination Provision (WEP).

This new law also repealed the Government Pension Offset (GPO) provision which had reduced spousal or survivor Social Security benefits for people employed in government jobs. These benefits will be increased in 2025.

There are nearly 3 million people who, depending on their situation, may see their benefits increase – from very little to \$1,000 a month or more. Those impacted fall into these professional categories: teachers, firefighters, and police officers in many states; and federal employees covered by the Civil Service Retirement System.

The Act is retroactive to January 2024, and the Social Security Administration paid an additional lump sum benefit to affected people in March 2025. Going forward, most monthly income "raises" appear on April checks (for March benefits). A few more complex cases may take a little longer.

A word of caution — beware of scammers. The Social Security Administration doesn't tend to call, email or text; they'll send a letter regarding changes to your retirement benefits. And they will never ask you to pay for assistance or to have your benefits started,

## increased, or paid retroactively. But you can call the SSA at 800-772-1213 to ask if your retirement benefits have changed.

## Plan for your increased retirement income

Of course, everyone's needs are different, so there's no one "right" way to handle a lump sum benefit or a monthly raise in income. But here are a few suggestions:

*Pay off some debts.* If you have credit card debt a car or student loan, you may want to pay it down, or even pay it off.

Invest in an individual retirement account (IRA). If you still have "earned" income – from wages, salaries, tips, bonuses, commissions, self-employment earnings or long-term disability payments – you can contribute from these sources to an IRA. There are tax benefits and an array of investment choices, so it's an excellent way to build resources for retirement.

*Save for college.* If you have children, or grandchildren, who have college in their plans, you might want to put some money into a college savings vehicle, such as a 529 plan, which provides tax benefits and gives you great flexibility in distributing the money.

**Build an emergency fund.** If you don't already have an emergency fund with three to six months of living expenses, you can work on that. Keep the money in a liquid, low-risk account, so that it's readily available to pay for unexpected costs. Without such a fund, you may be forced to tap into your long-term investments.

Above all, you may want to get some help. A financial professional can recommend ways of using the money to help you meet your goals. Take any recent government correspondence that shows how your retirement benefits have changed so you can build or review your retirement income strategies. If you're thoughtful about how you put your new income to work, you'll be doing yourself, and your retirement, a favor.

Michael Christodoulou, ChFC<sup>®</sup>, AAMS<sup>®</sup>, CRPC<sup>®</sup>, CRPS<sup>®</sup> is a Financial Advisor for Edward Jones in Stony Brook, Member SIPC. This article was written by Edward Jones for use by

your local Edward Jones Financial Advisor.

## In this edition:

Book Review	B16
Business News	B8,9
Calendar	B18
Crossword/Sudoku Puzzle	B10
Horoscopes	B8
Kids Korner	B22
Let's Eat	B15
Medical Compass	B7

Money Matters	
Movie Review News Around Town	
On the Web	
Power of 3	
Religious Directory	
SBU Sports	
Vendors Wanted	

Email your calendar listings to leisure@tbrnewspapers.com







## **Gallery North presents Winner's Circle**

Up next at Gallery North, 90 North Country Road, Setauket is their annual The Winner's Circle exhibition celebrating the awardwinning artists of the 2024 Outdoor Art Show and Music Festival. On view from May 15 to June 22, the exhibition features works by artists Paul Speh, Cassandra Voulo, Laura and Dennis Kemple, Juan Cruz Reverberi, William Demaria, Galina Carroll, Jessamyn Go, Chloe Wang, Cassandra Hussey, Susan Rodgers, Mary Jane van Zeijts, Jonathan Spector, Ash Garcia-Diaz, Sophia Syritsyna, and Eileen Cassidy. An opening reception will be held Thursday, May 15 from 6 p.m. to 8 p.m. For more information, call 631-751-2676 or visit www.gallerynorth.org.

## Free health screenings

Catholic Health Mobile Outreach Bus will be in the parking lot of Emma Clark Library, 120 Main St., Setauket for free health screenings on Thursday, May 15 from 10 a.m. to 2 p.m. Registered nurses will provide blood pressure, cholesterol, body



'The Foamies' by Jonathan Spector will be on view at Gallery North through June 22. Image courtesy of Gallery North

mass index, glucose and cardiac screenings, along with patient education and referrals as needed. Last screening begins at 1:45 p.m. No appointments are necessary, there are no fees, and insurance is not required. Questions? Email askus@emmaclark.org.

## TV Garden Club meetings

The Three Village Garden Club welcomes the community to their upcoming meetings at the Setauket Neighborhood House, 95 Main St., Setauket including on May 13 (What's in the Arboretum?); May 20 (Container Gardening); and June 10 (Shade Gardening). The membership meeting starts at 11 a.m. and the program begins at 1 p.m. www.threevillagegardenclub.org.

## **Tribute to Maxine Jurow**

The Huntington Arts Council and Suite Pieces will present *Life in Color – A Tribute to Maxine Jurow*, a special exhibition and scholarship fundraiser commemorating the five-year anniversary of artist Maxine Jurow's passing on Thursday, May 15 from 5 p.m. to 8 p.m. at Suite Pieces, 1038 New York Avenue in Huntington. Guests will enjoy complimentary cocktails and light bites throughout the evening as they enjoy the presentation of a curated collection of Maxine Jurow's original works that will be on display and available for purchase. Tickets are \$35 per person and available at www.huntingtonarts.org.

## Goat & Alpaca Yoga

The Smithtown Historical Society, 211 E. Main St., Smithtown will host a 45 minute session of yoga with friendly, interactive goats and alpaca near the Frank Brush Barn on Thursday, May 15 from 5:30 to 6:30 p.m. and again from 6:45 to 7:45 p.m courtesy of by Steppin' Out Ponies and Petting Zoo. The classes continue on May 28, June 12, June 12, July 7, July 24 Aug. 5, Aug. 18 and Sept. 11. Tickets are \$35 per person via Eventbrite. com. 631-265-6768.

## SCPD to hold property auction

The Suffolk County Police Department will hold a property auction on Wednesday, May 14 at the Property Section, located at 30 Yaphank Ave. in Yaphank. The auction will begin at 9 a.m. and will be held rain or shine. There will be a preview of jewelry and select property on Tuesday, May 13 from 9:30 a.m. to 11:30 a.m. Among the items being auctioned are jewelry, handbags power tools, electronics, and bicycles. Participants must be at least 18 years old to bid. All items are sold in "as is" condition and must be purchased with cash. www.suffolkpd.org



## Your place to thrive. A community for every story.

At Jefferson's Ferry, we celebrate the unique passions and talents that make each individual special. From fitness enthusiasts to creatives, avid readers to lifelong learners, our community is a tapestry of diverse interests and inspiring stories. Here, every resident brings their own spark, creating a vibrant environment where everyone can thrive. Discover a place where you are not just welcomed—but celebrated.

Ready to find your perfect fit? Call 631-257-0769 or visit jeffersonsferry.com today!

LONG ISLAND'S PREMIER LIFE PLAN COMMUNITY | ONE JEFFERSON FERRY DRIVE, SOUTH SETAUKET, NEW YORK 11720 | JEFFERSONSFERRY.ORG

## BNL teams up with NASA, DOE to send radio telescope to far side of the moon



from

radio

### **BY DANIEL DUNAIEF**

The Earth is way too noisy.

The far side of the moon, however, can act like enormous noise cancellation headphones, serving as a barrier to the kinds of signals from sources including Earth's ionosphere, which carries

#### electromagnetic **KNOWLEDGE** noises lightning, solar **SEEKERS** flares,

signals, among others to look or, perhaps more appropriately, listen deep into the past.

This past Wednesday, May 7, at Napper Tandy's in Smithtown, three Brookhaven National Laboratory scientists spoke with the public about an unnamed mission expected to take off next year. The free event was part of BNL's PubSci science café series (www.bnl.gov/pubsci/).

Senior Scientist Paul O'Connor, Mechanical Engineer Connie-Rose Deane and Physicist Anže Slosar discussed a project called LuSEE-Night, which, like so many other efforts at BNL, is an acronym. LuSEE stands for Lunar Surface Electromagnetic Experiment-Night.

The Department of Energy project manager is Sven Hermann at Brookhaven National Laboratory. Slosar is the science lead, while O'Connor coordinated technical and systems aspects of the instrument development.

The scientists collaborated with researchers at the National Aeronautics and Space Administration and the Department of Energy and included scientists at the University of Minnesota and at the University of California, Berkeley.

The Space Science Laboratory at the University of California, Berkeley is leading the project. BNL is a collaborating member

responsible for delivering hardware components of the payload.

LuSEE-Night, which is a radio telescope, is designed to gather information about the Dark Ages of the universe. This time period, from about 380,000 to 400 million years ago after the Big Bang, occurred before the first luminous stars and galaxies.

As the only signals measurable from the Dark Ages, radio waves, recorded through LuSEE-Night provide a chance to learn how the first non-luminous matter evolved into stars and galaxies.

Over the last several years, scientists at the Department of Energy and NASA have shared their excitement about seeing something they had never seen before.

David Rapetti, Senior Researcher with Universities Space Research Association (USRA) at NASA's Ames Research Center in California's Silicon Valley, suggested the instrument was a "trailblazer for subsequent potential single telescope experiments for the global signal, also including the Cosmic Down signal at a somewhat higher frequency range."

Rapetti, who has been with the project since its inception, suggested that this instrument could help with plenty of other science.

"In addition to studies of the sun, planets and exoplanets, the roadmap ahead for low frequency observations from the lunar surface represents a crucial resource to further our understanding of the evolution, content and first luminous objects of the early universe," Rapetti explained.

A potential measurement of the global Dark Ages signal could in principle reveal "undiscovered new physics or indeed further validate the current standard model of cosmology," Rapetti added.



Paul O'Connor Photo by Roger Stoutenburgh/ BNL



Connie-Rose Deane Photo by David Rahner/ BNL

Anže Slosar Photo by Roger Stoutenburgh/ BNL

'In addition to studies of the sun, planets and exoplanets, the roadmap ahead for low frequency observations from the lunar surface represents a crucial resource to further our understanding of the evolution, content and first luminous objects of the early universe.' - DAVID RAPETTI

## **Challenging conditions**

When looking for a landing site, the team searched for a flat, level surface that was free of large rocks and craters and that had an unobstructed view of the sky in all directions.

They chose the Schrodinger Basin, which is about 250 miles south of the lunar equator at a point "almost exactly opposite the Earth-facing direction," O'Connor explained. This will keep the telescope as "free as possible from electromagnetic interference from Earth," he added.

Sending the telescope to the far side of the moon created particular challenges. For starters, the telescope had to endure the forces experienced during launch and landing. Once it was on the moon, it had to tolerate the harsh temperature that could drop as low as minus 280 degrees Fahrenheit, and radiation environment, while staying within the mass and power budgets. The instrument mass is less than 282 pounds.

While the landing site is ideal for minimizing electromagnetic noise, it's difficult to send the information back to Earth with the moon blocking the communication.

Indeed, the ill-fated Apollo 13 mission, which was led by Commander James Lovell and that orbited the moon without landing, was out of communication for about side of the moon.

To gather data from the telescope, the group is sending a satellite that will orbit the moon, enabling communication that has a 1.3 second time delay in each direction as the signal travels to the moon.

The signal processing chain required a state-of-the-art digital chip that could crunch the data as it comes through small antennas and produces a reduced data set small enough to send back to Earth, explained O'Connor, who worked with a core BNL team of six senior scientists and engineers and about a dozen other engineers, technicians and project staff on a final design that took about 16 months to complete

Additionally, the telescope will only generate solar energy during 14 Earth days a month. During another 14 days, the instrument needs to run without recharging its battery.

To protect the telescope against the harsh, cold environment of the moon, the scientists are wrapping the instrument in many layers of an insulating blanket. The heat from its operation should provide enough energy to prevent damage from the cold.

When the radio telescope launches, the four antennas are coiled into a compact spool the size of a soda can. After landing, the latch

25 minutes while it was on the far is released, allowing the antenna to deploy into self-supporting booms three meters long using their own spring force. At this point, several research and development missions are underway to learn more about the moon in preparation for the Artemis 3 manned mission currently planned for the middle of 2027.

## LSST/ Rubin Observatory

O'Connor has also been involved for over two decades with the development of a project called the Large Synoptic Survey Telescope that is now called the Vera C. Rubin Observatory in Cerro Pachón, Chile.

Rubin was an astronomer who provided the first evidence of the existence of dark matter.

The much anticipated activation of this observatory, which will allow researchers to look into billions of galaxies, asteroids and even dark matter, will start producing data in July.

O'Connor, who helped with the film part of the observatory's camera, suggested that the BNL science team is "most interested in what LSST/ Rubin will tell us about the nature of dark energy and dark matter. This will come from analyzing the camera's images which, paradoxically, reveal the location of dark matter as it 'bends' the light traveling towards us from distant regions in the universe."

# We Help You Navigate To Optimal Health

## What Do We Treat?

- Cholesterol High Blood Pressure Heart Disease
- Diabetes 
   Obesity 
   Migraine 
   Arthritis 
   Osteoporosis
- Autoimmune Disease (Multiple Sclerosis, Rheumatoid Arthritis, Lupus, Crohn's, Ulcerative Colitis, Psoriasis...)
- Stomach Issues 
   Constipation 
   Diarrhea 
   Chronic Kidney Disease
- Thyroid Issues 
   Asthma/Allergies 
   IBS 
   GERD (Reflux) 
   Cancer
- Gout Kidney Stones Uveitis Macular Degeneration
- Sarcoidosis Long Covid, and many more...

## What Are Patients Saying?

## **Diabetes, Cholesterol**

"It is scary to stop my diabetes medication, but a good scary, since my HbA1C is normal now. It means I am going in the right direction with my lifestyle changes. Also, my cholesterol improved by almost 40 points in a month to normal levels, so we are reducing my cholesterol medication by half. These results are all in a month. This is quite impressive!!! This was on the diet partially!!

Female, age 74

## Weight, Energy, Reduced Cravings

Overall, I am feeling much better. I no longer have a tire around my waist. I lost 2 pants sizes from 32 to 30 inches. This is great. I am excited that I am burning fat. Also, before going on this lifestyle program, my daughter observed that I looked gray, but now I have my color back, and my wife noticed that when I get home from work, I don't feel draggy. I have more energy! I don't feel as hungry as I used to when get home. After work. I was so ravenous, but I no longer have that feeling. I no longer have pain in the hips and knees. I am now able to walk a full stride instead of a tentative half-stride and so I feel so much more comfortable going for long walks. Male, age 70

## David Dunaief, M.D.

Functional Integrative Medicine Reversing, Preventing & Treating Chronic Diseases and Managing Weight by Connecting Conventional Medicine with Lifestyle Modifications 47 Route 25A, Setauket, NY 631.675.2888

## TWO LOCATIONS BROOKLYN et, NY 41 Clark Street, Brooklyn, NY 718.924.2655

Visit our website www.medicalcompassmd.com

Dr. Dunaief builds a customized plan for each patient - he knows that *"no body is the same."* 

David Dunaief, M.D. Clinician, Researcher, Author and Speake

## Methods for reducing osteoarthritis pain Reducing dairy consumption can decrease inflammation

## MEDICAL COMPASS

Osteoarthritis (OA) can disturb your mobility, mood, and sleep quality, making it difficult to perform daily activities, which can affect your quality of life.



Most often, it affects the knees, hips and hands. Acetaminophen and nonsteroidal anti-inflammatory drugs, such as ibuprofen or naproxen, are common first-line medications to help treat arthritis pain. Unfortunately, they do have side effects, which become more pronounced with long-term use.

While medications might relieve your immediate pain and inflammation symptoms, they don't slow osteoarthritis' progression. However, there are some approaches that can ease your pain without reaching for medications. Some might even help slow your OA's progression.

## The effect of losing weight on OA pain

Weight management is important to any OA pain management strategy. In a study of 112 obese patients, those who lost weight reported that their knee symptoms improved (1). The study authors also observed disease modification in this population, with a reduction in the loss of cartilage volume around the medial tibia.

The relationship was almost one-to-one; for every one percent of weight lost, there was a 1.2 mm3 preservation of medial tibial cartilage volume, while the opposite occurred for study participants who gained weight. A reduction of tibial cartilage is often associated with the need for a knee replacement.

## Does vitamin D help ease OA pain?

In a randomized controlled trial (RCT), vitamin D provided no OA symptom relief, nor any disease-modifying effects (2). The two-year study of almost 150 men and women raised blood levels of vitamin D on average to 36 ng/ml, which is considered respectable. Researchers used MRI and X-rays to track their results.

In another study of 769 participants, ages 50-80, researchers found that low vitamin D levels – below 25 nmol/l led to increased OA knee pain over the five-year study period and hip pain over 2.4 years (3). The researchers postulate that supplementing vitamin D might reduce pain for those who are deficient, but that it will likely have no effect on others.



## What about dairy?

With dairy, specifically milk, there is conflicting information. Some studies show benefits, while others show that it might contribute to the inflammation that makes osteoarthritis pain feel worse.

In the Osteoarthritis Initiative study, researchers looked specifically at joint space narrowing that occurs in those with affected knee joints (4). Results showed that low-fat (1 percent) and nonfat milk may slow the progression of osteoarthritis in women. Compared to those who did not drink milk, patients who did saw significantly less narrowing of knee joint space over a 48-month period.

The result curve was complicated, though. For those who drank fewer than three glasses a week up to 10 glasses a week, the progression of joint space narrowing slowed. However, for those who drank more than 10 glasses per week, there was less benefit. Men and those who consumed higher fat products, such as cheese or yogurt, saw no benefit.

However, the study had significant flaws. The 2100 patients were only asked about their milk intake at the study's start and were asked to recall their weekly milk consumption for the previous 12 months – a challenging task.

In a study of almost 39,000 participants from the Melbourne Collaborative Cohort Study researchers found that increases in dairy consumption were associated with increased risk of total hip replacements for men with osteoarthritis (5).

## Is diet or exercise better for reducing osteoarthritis pain?

Diet and exercise together actually trumped the effects of diet or exercise alone in a well-designed, 18-month study (7). Patients with osteoarthritis of the knee who lost at least 10 percent of their body weight experienced significant functional improvements and a 50 percent pain reduction, as well as inflammation reduction. This was compared to those who lost a lower percent of their body weight.

Researchers used biomarker IL-6 to measure inflammation. The diet and exercise group and the diet-only group lost significantly more weight than the exercise-only group, 23.3 pounds and 19.6 pounds versus 4 pounds. The diet portion consisted of a meal replacement shake for breakfast and lunch and then a vegetablerich, low-fat dinner. Low-calorie meals replaced the shakes after six months. The exercise regimen included one hour of a combination of weight training and walking "with alacrity" three times a week.

To reduce pain and possibly improve your OA, focus on lifestyle modifications. The best effects shown are with weight loss which is most easily achieved with a vegetable-rich diet and exercise. In terms of low-fat or nonfat milk, the results are controversial, at best. If you don't eliminate dairy, stay on the low end of consumption, since it can increase inflammation.

### **References:**

(1) Ann Rheum Dis. 2015 Jun;74(6):1024-9. (2) JAMA. 2013;309:155-162. (3) Ann. Rheum. Dis. 2014;73:697-703. (4) Arthritis Care Res online. 2014 April 6. (5) J Rheumatol. 2017 Jul;44(7):1066-1070. (6) Nutrients. 2021 Feb 4;13(2):506. (7) JAMA. 2013;310:1263-1273.

Dr. David Dunaief is a speaker, author and local lifestyle medicine physician focusing on the integration of medicine, nutrition, fitness and stress management. For further information, visit www.medicalcompassmd. com or consult your personal physician.

ONLY ON THE WEB: The following articles can be found at www.tbrnewsmedia.com

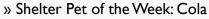
» Theatre Three hosts special screening of 'Gotta Dance'

» Founder of John's Crazy Socks honored with Community Leadership Award

» Gurwin Adult Day Care Program in Commack hosts first annual prom

» Message from AAA: Motorcyclist fatalities surge as weather warms

» 100 Years Ago This Month: Historical events from May 1925





Fun In The Sun On The North Shore Of Long Island!









FOR DETAILS CALL NOW 631–751–7744 TIMES BEACON RECORD NEWS MEDIA 185 Route 25A, Setauket

## HOROSCOPES OF THE WEEK



Introspection is paramount right now, Taurus. You may find yourself reflecting on your values, goals and personal growth. This week there are chances to change.

### GEMINI – May 22/Jun 21

Gemini, right now is a good time to collaborate with others, whether at work or in personal projects. Use any time this week to your advantage to attend social events.

#### CANCER – Jun 22/Jul 22

Put your long-term goals in focus this week, Cancer. Start thinking about where you would like your career to go. You'll certainly feel driven to make progress.

### LEO – Jul 23/Aug 23

Adventure is the name of the game for you right now, Leo. Whether it is travel, higher learning or other new experiences, you just may soon break free of your routine.

### VIRGO – Aug 24/Sept 22

This is a week when practicality and organization will be your friends, Virgo. You will likely feel a need to get things in order. If you have any outstanding debts, tackle them now.

### LIBRA – Sept 23/Oct 23

Libra, the spotlight is on you for the time being. You are feeling more confident and ready to take charge of your destiny. Personal growth may come by way of a job promotion.

### SCORPIO – Oct 24/Nov 22

Scorpio, you may be drawn to more quiet, intimate moments with your partner this week. This is a great time for reflection and connection for the both of you.

## SAGITTARIUS – Nov 23/Dec 21

Sagittarius, expect to meet new people or form bonds with others who share similar interests and goals this week. Community-based projects may draw your attention.

### CAPRICORN – Dec 22/Jan 20

This week the focus will be on your career, Capricorn. You'll feel more motivated than ever to achieve your goals, but it will take a lot of hard work to get there.

### AQUARIUS – Jan 21/Feb 18

Aquarius, you might feel more connected to your spiritual side right now and want to seek knowledge or inspiration in areas like philosophy. Take every opportunity to learn and grow.

### PISCES – Feb 19/Mar 20

Pisces, now is a good time to focus on your financial situation and make some changes for your security and personal growth. Your intuition will guide you.

### ARIES – Mar 21/Apr 20

Aries, you soon find yourself pushing forward with great determination. Your drive is unstoppable, but tread carefully and respectfully in the pursuit of greatness.

## Port Jeff's Nantuckets reopens after renovations

The Port Jefferson Chamber of Commerce celebrated the new and expansive renovations of their Chamber partner Nantuckets with owner Richard Gertz at a ribbon cutting on

**BUSINESS** May 1. Located at 9 Traders Cove in Port Jefferson Village, the makeover

**NEWS** includes extensive transformations, new outdoor siding, deck, furnishings and logo mural. Inside the restaurant was not forgotten as well, with a new bar, fireplace, tables and chairs as well as sound proofing the dining room so patrons may have a more serene dining experience. The restauraunt is open for lunch, dinner, and weekend brunch For more information, call 631-509-4848 or visit nantucketsportjefferson.com.

## New Pet Supplies Plus heads to PJS

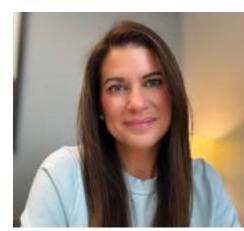
Save the date! Pet Supplies Plus will celebrate the grand opening of its newest location at 4860 Nesconset Highway in Port Jefferson Station with a mystery scratch card giveaway on May 17, one free small bag of dog or cat food for the first 100 people on May 18, complimentary nail trims for dogs and free pet washes on both days and much more.

"At Pet Supplies Plus, we treat every pet like family because we understand the special bond between pets and their owners," said franchise owner Abbas Dastgir. "Being a trusted part of the community and providing everything pets need is at the heart of what we do, and I'm excited to bring this mission to Port Jefferson Station." Call 631-509-0781 for more info.

## Movers & Shakers



**Claudine Weiner** was recently named a recipient of the Outstanding Alumni Award at Stony Brook University. Mrs. Weiner has long been a valued member of the Three Village school community, serving with distinction as both a science teacher and athletic trainer at Ward Melville High School in East Setauket. Her unwavering commitment to students and athletes has earned her the admiration and respect of colleagues, families and the broader school community. Her recognition by Stony Brook University is a testament to the remarkable contributions she has made in education and athletic training.



Megan E. Sheehan has been hired as the new Executive Director for Brightview Senior Living, 1175 Route 112 in Port Jefferson Station. Sheehan is a healthcare professional with more than a decade of experience in senior healthcare and housing, with a focus on hospitality, resident satisfaction and family engagement. She most recently served as the Executive Director of Marian Woods, Inc. Adult Care Facility, where she oversaw administration and organizational planning of a fifty-bed New York State licensed Adult Care Facility for religious sisters.



Nantucket's owner Richard Gertz cuts the ribbon surrounded by Port Jefferson Chamber partners. Photo courtesy of PJCC



Distinguished Professor of Psychiatry and Radiology, and the Lourie Endowed Chair of the Department Psychiatry and Behavioral Health in the Renaissance School of Medicine (RSOM) at Stony Brook University, has been selected to receive the 2025 Award for Research in Psychiatry from the American Psychiatric Association (APA). Dr. Abi-Dargham is being recognized for her schizophrenia research, which has had a major impact on the field. She will receive the award at the APA's annual meeting on May 19 in Los Angeles.



## **OFFERING HOLISTIC SUPPORT**

The Port Jefferson Chamber of Commerce welcomed new Chamber partner Kristina Scaglione (holding scissors) of Limitless Integrative Wellness, 100 Mariner's Way, Port Jefferson at a ribbon cutting on April 24. The event was attended by Mayor Lauren Sheprow (holding certificate), PJCC President Steve Munoz (far left), friends and staff. For more information, call 631-818-1528 or visit limitlessintegrativewellness.com. Photo courtesy of PJCC





Dreaming up the ideal retirement is your job. Helping you get there is ours. We're excited to hear from you.

Michael Christodoulou, ChFC°, AAMS™, CRPC™ Financial Advisor 97 Main Street SUITE F Story Brook, NY 11790 631-444-0179

IRT-1848J-A ACSPAC 22850417

©269620

## amp & School Directory

## THE ATELIER AT FLOWERFIELD THEATRE THREE

2 FLOWERFIELD, SUITE 6 & 9 ST. JAMES, NY 11780 631-250-9009 WWW.ATELEIERFLOWERFIELD.ORG The Atelier at Flowerfield is excited to present our 2025 Summer at the Atelier, week long art camp for kids ages 6-12. 10am - 12pm Monday through Friday AND workshops and classes for all ages! Learn more & register today.

#### **GAME SET MATCH** TENNIS ACADEMY

CALL: 631-751-6100 LIHRSETAUKET.COM TENNIS SUMMER CAMP Call for details.



631-928-9100 THEATRETHREE.COM Theatre Three has created a safe and supportive acting class experience. Our trained teachers guide participants as they explore their creativity, expand their skills, and encounter live theatre in new ways, all the while having fun. Theatre

Three offers four workshops for different age levels, each culminating in a showcase based on class work. The summer Musical Theatre Factory gives young actors an opportunity to appear in a full-rehearsed and presented musical. Offering classes for ages 6 through 17.



Ω

				4	8			3
					5		6	
		4	3	1		2		
I.						3	5	4
3		1				7		6
8	5	7	2.1					
		8		2	7	9		
	1		5					
7			8	3				

Directions: Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Т

Answers to last week's **SUDOKU** 

1	6	8	2	3	9	5	4	7
4	3	9	8	5	7	6	2	1
5	2	7	4	6	1	9	3	8
7	5	3	1	9	2	8	6	4
9	4	2	5	8	6	1	7	3
6	8	1	7	4	3	2	9	5
2	7	4	6	1	5	3	8	9
8	9	5	3	2	4	7	1	6
3	1	6	9	7	8	4	5	2

#### **CROSSWORD** PUZZLE THEME: Soundtrack Songs **CLUES ACROSS** 1. Potato chip, in U.K. \_\_\_ capita 6. \_\_\_\_ 9. "\_\_\_ \_ the night before Christmas..." 13. Popular garden perennial 14. George Gershwin's brother 15. \*"Follow the Yellow \_\_\_\_ Road" 16. Brickowski of "The LEGO Movie" 17. Pick up a perpetrator 18. Hindu sage 19. \*"Flashdance... What a 21. \*"Stayin' Alive" band 23. Actress Gasteyer 24. Windshield option 25. Undergarment 28. Teenager's woe 30. \*SolfEge-themed "The Sound of Music" song 35. Capital of Latvia 37. Pilgrimage to Mecca 39. India bigwig 40. Fusses or stirs 41. Belted starman 43. Charged particles 44. Binturong's cousin 46. Type of salmon 47. Sol, or la, or ti 48. \*Eponymous 1978 Franki Valli song 50. To, archaic 52. \*Ryan Gosling's 2023 "I'm Just \_\_\_\_\_" 53. Part of a jousting outfit 55. Tax pro, acr. 57. \*"I Will Always Love You" singer \_\_\_\_ of My Life" 61. \*"(I've Had) \_\_\_\_\_ of 65. Desert wanderer's hope 66. Morning condensation 68. Waterwheel 69. Rosetta Stone, e.g. 70. U.N. working-conditions agcy. 71. Perform in a play 72. Through, to a poet 73. First responders's acronym 74. Force units Answers to last week's puzzle: Mother's Day

W	0	R	М	s		Ν	F	L			в	Α	G	Ş
A	х	1	A	L.		T	R	A		s	U	N	U	P
s	Ε	G	N	Ø		Ç	0	Т		U	L	Ν	A	Ε
	N	٨	Т	U	R	E		н	U	в	В	A	R	D
			A	Ğ	0		۷	Ε	ŝ	т				
J	Ô	В		н	0	L	E		Ε	L	A	P	s	E
Ô	۷	1	D		М	A	R	Y		Ε	R	1	C	A
N.	0	Ν	0		Y	0	D	Е	L		A	L	A	R
ε	L	A	T	ε		5	A	T	E		8	Ε	L	т
\$	0	L	E	м	Ν		Ň	1	T	S		D	А	н
				в	υ	T	T		н	0	Ρ			
D	R	A	G	0	N	s		Т	E	R	E	\$	A	
D	A	T	Ε	D		A	D	0		T	A	L	L	Y
A	Ν	0	Μ	Y		R	0	T		1	R	٨	T	E
Y	1	P	ŝ			\$	ε	E		E	L	В	0	W

			S.,			1.1			22
	66	67			68		-		
-	70		-		71	-	-	-	-
			_				_	_	
	73				74				
							ÖStatel	oint M	edia
CLUE	S D	OW	Ν						
1. Carm 2. "Emil 3. *"Thi 4. #69 / 5. Gree 6. Cont 7. E in E 8. Torah 9. H.S. r 10. Solo 11. Adv	iy in ' y in F s Acros n laye act o B.C.E. n teac math omor vil tar	'The Paris" 	Bear' ' new " o . sp. copp cial m	loca f "The per	tion e Gre	atest	: Sho	wma	n"
12. Slei									
15. Poe	t and	l "Sur	reali	st Ma	nifes	sto" a	utho	r And	drè
20. Jack 22. Tigh 24. Tire 25. Hea 26. Pete 27. In tl 29. DEA 31. *Pri 32. Dig 33 34. "A D 36. Awa	nt on some lth fo er Foi ne pa age nce's ital to _ Car Doll's ay fro	e, in f pod p nda in st nt "Pur ome lo Hous m po	footb bione n 196 ple _ se" pl	er of 59 rol " aywr	e ight	d am	inos	fame	7
38. *"Tł	ne Lic			omp	oser				
42. Ax r 45. Slee 49. Kino 51. Not 54. Not 56. Lacl 57. Terr 58. The 59 60. Farr 61. Sca	eping d of t close mair k of n y Cre Hipp frie mer's	rip ed nuscl ws o ocra ocra ndly stora	am le ter n "Ar tic or	nsion		ot Ta	lent"		
62. Fori 63. Thre	merly	Pers							
0.0.1116	e nii	10.0	1162						

- 63. Three blind ones
- 64. Chows down
- 67. Freddy Krueger street

\* THEME RELATED CLUE

## Fun ways to celebrate Mother's Day on the North Shore

Mother's Day isn't just about the cards, flowers, or fancy gifts—it's about spending quality time with loved ones. Here are some fun and affordable ways to celebrate mom on the North Shore this weekend.

## Mother's Day at the LIM

Spend a lovely afternoon with Mom exploring the Long Island Museum, 1200 Route 25A, Stony Brook on Sunday, May 11 from noon to 5 p.m. Visit the Building the Ballot Box and Colors of Long Island exhibitions, the state of the art Carriage Museum, and stroll the beautiful grounds dotted with art installations, gardens and historic buildings. Free admission for mothers and grandmothers all day! 631-751-0066

## **Open Weekend at Benner's Farm**

Benner's Farm, 56 Gnarled Hollow Road, East Setauket will be open to the public on Saturday, May 10 and Sunday, May 11 from noon to 4 p.m. Come visit a real working farm! See sheep, goats, and chickens, ride the Big Swing and see the new babies born this spring. Admission is \$12 adults, \$10 seniors and children. 631-689-8172

Portraits at the Vanderbilt Museum

Suffolk County Vanderbilt Museum, 180 Little Neck Road, Centerport offers live watercolor portrait paintings in the courtyard by local artist Sara Marie Martin on Saturday, May 10 from 11 a.m. to 5 p.m. Your custom watercolor portrait will be painted within 10 minutes! Fee is \$20 per 5"  $\mathbf{x}$  7" (up to 4 people per painting) payable via cash or Venmo on site.\*General admission required. www.vanderbiltmuseum.org.

## Mother's Day at the Whaling Museum

Treat Mom to a special day at the Whaling Museum, 301 Main St., Cold Spring Harbor with free admission with a paid ticket on Saturday, May 10 and Sunday, May 11 from 11a.m. to 4 p.m. Plus, enjoy a weekend of Mother's Day crafts. 631-367-3418

## Mother's Day at The Hatchery

Celebrate Mother's Day, Sunday, May 11, at the Cold Spring Harbor Fish Hatchery & Aquarium, 1660 Route 25A, Cold Spring Harbor from 10 a.m. to 5 p.m. Free admission for Moms when accompanied by their children. 516-692-6768



 Contact lenses
 Eye exams • Designer frames for the whole family • Prescriptions filled • On-site lab

2194 Nesconset Highway • Stony Brook • (631) 246-5468 Andrew N. Polan, F.N.A.O. stonybrookvisionworld.com

## Solar Pool Installations by Sunshine Plus Solar! Does Your Pool Leave You Cold In the Summertime?

Sunshine Plus Solar has been in the business of designing and installing solar pool panel heating systems since 1982!

- Extend your pool season by two full months
- Raise pool temperature by an average of 15 degrees
- Fully automatic system
- One-time investment/10-year warranty
- Made in USA

©29610



## \*Looking For The Perfect Mother's Day Gift? No problem! Mention this Ad & Receive a \$500 Discount off your Installation\*

Call 531-422-3500 Today for A Free Estimate

Sunshine Plus Solar Corp. 631-422-3500 info@sunshineplussolar.com www.sunshineplussolar.com

Licensed & Insured Locally Owned & Operated Veteran Owned 🔜

## Gill Hornby's 'Miss Austen' comes to life in new miniseries

#### **REVIEWED BY JEFFREY SANZEL**

The following is based on viewing Part One of Masterpiece's presentation of Miss Austen.

Jane Austen's correspondence was vast, with an estimation of her penning thousands of letters: Only 160 remain. For reasons unknown, years after Austen's death, her sister, Cassandra, burned the bulk of Jane's letters.

Gill Hornby's intriguing and entertaining *Miss Austen: A Novel of the Austen Sisters* (2020) speculates why. Hornby's fictional explanation captures Jane Austen's style, tone, and diction, with Hornby remarkably echoing Austen's sly wit and keen observations. Hornby's book could be seen as a seventh novel in Austen's sadly small canon.

Played in two timelines, the story follows the older Cassandra, in 1830, traveling to Kintbury on the pretext of helping Isabella Fowle, who is mourning her father's death. However, Cassandra's true motivation is retrieving the letters written by Jane and herself to Eliza Fowle, Isabella's mother. Hornby uses Cassandra's



discovery and reading of the cache to flashback to the late 18th and early 19th century.

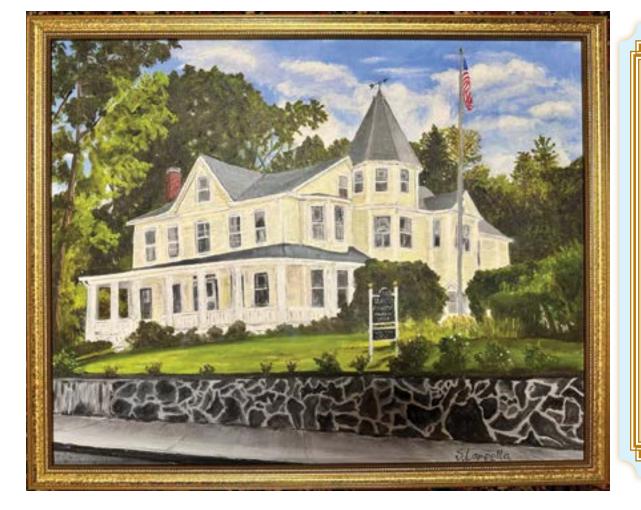
In the teleplay, Andrea Gibb puts Isabella's father, Reverend Fowle, on his deathbed (flickering candles and soft focus), imparting Cassandra a dying wish for Isabella. In this moment, the series sets itself at odds with the source—darker and leaning into the drama (or even melodrama)—rather than the edgier, droller, but more inspired world of the novel. Both touch on the themes of women in society, family obligations, and the pressure for marriage and children. But the approaches are distinctly different, with Gibb's version trodding heavily, highlighting the romantic elements. The teleplay's tone (and Aisling Walsh's direction) departs from Hornby, and in essence, Austen: the author's brilliance was balancing heartbreak with humor, satire with a sense of humanity. Lacking these vital elements, the filmed version seems bleached and untextured.

Keeley Hawes is particularly effective as the older Cassandra, conveying thought with subtlety and presenting the older Austen sister as a woman missing nothing but keeping her own counsel. Synnøve Karlsen easily matches her as the young Cassandra, giving an equally rich performance. Patsy Ferran makes Jane quirky and likable and easily drops the few bon mots expected of the witty writer. However, along with Madeline Walker's pleasant Eliza Fowle, the relationships feel more *Little Women* than *Mansfield Park*. Rose Leslie's Isabella is lovely if reinvented as a more traditional heroine. Jessica Hynes' waspish sister-in-law, Mary, is more ominous than necessary due less to her choice than the approach to her plotline. The same is true of the always wonderful Phyllis Logan, who plays matriarch Mrs. Austen. The book's Mrs. Austen possesses more than a few shades of Mrs. Bennett; instead, she is given a less colorful portrait to create. Mirren Mack, in her brief appearance, manages the right blend of "respectful impudence" as the Fowles' maid, Dinah. As for the men, they do little but respond or spout platitudes.

Ultimately, the major point is legacy. When clergyman Mr. Dundas (Thomas Coombes, in a delightfully wicked cameo suggesting *Pride and Prejudice*'s unctuous Mr. Collins) suggests to Cassandra that the world is lacking a definitive biography so the public could know the real Jane Austen, she rebukes him. "Everything one needs to know about Jane Austen is to be found in the pages of her novels. There is nothing more." In essence, this is the thesis. Jane's life should be defined only by what she offered the public, and her private life and thoughts should remain just that—private.

*Miss Austen* offers an interesting—if fictional—glimpse into one of the great literary figures of all time. That said, it is clearly the old saw: "The book was better."

*The four-part series streams Sundays on PBS. org through May 18.* 









## Ways to make Mom's day extra special

#### **BY HEIDI SUTTON**

Don't let Mother's Day pass by as just another day on the calendar. Make this year's celebration a true ode to the moms in your life with some extra special touches like a homemade dessert and beyond.

## **Give Her the Day Off**

Whether she's the culinary expert of the home or cooking is usually a team effort, make sure her day is one of rest and relaxation while you handle kitchen duties from prep to cleanup. You could bake her favorite treats, prepare a special breakfast in bed or make her a delicious dessert like Blueberry Torte. This recipe is always a hit in my family and I'm sure it will be with yours too.

## **Create a Personalized Card**

Add a special final touch to an already memorable morning with a thoughtful card and handwritten message. Get the kiddos involved and create a card from scratch with construction paper, colored pencils, markers and more for a homemade gift she'll cherish. If you didn't fall from the artistic tree, don't fret — a storebought card means all the same when paired with a heartfelt message that conveys your love.

## **DIY Gifts**

Handmade gifts often hold special sentimental value and show you put thought and effort into creating something unique just for your mom. You could try making a homemade candle or bath bombs, a hand-painted picture frame or a personalized scrapbook filled with cherished memories. Alternatively, you can create a customized coupon book with vouchers for things like a homemade dinner or day of pampering. Get creative and have fun with your DIY gift — your mom is sure to appreciate the sentiment behind it.

### Add Flowers

Flowers are a timeless Mother's Day gift for a reason. They provide pops of color on dining room tables, kitchen counters, end tables or even nightstands. Consider mom's favorite spot in the house and place them within eyeshot for a frequent reminder of how much she's appreciated.

Regardless of how you choose to celebrate, mom will appreciate the extra effort to make her day special.

## Blueberry Torte

YIELD: Makes 8 servings INGREDIENTS:

- 1 cup plus 2 tablespoons flour, divided
- 1/8 teaspoon salt
- 2 tablespoons plus 1/4 cup sugar, divided
- 1 stick unsalted butter, lightly softened
- 1 tablespoon apple cider vinegar or white vinegar
- 3 pint baskets of blueberries, divided
- 1/8 teaspoon cinnamon

## DIRECTIONS:

Line a 9" springform pan with parchment paper. In medium bowl, mix one cup flour, salt and two tablespoons sugar. Cut in butter until mixture resembles course crumbs. Sprinkle with vinegar. Shape into dough and with floured fingers, press into springform pan, one inch up the sides of the pan. Add 3 cups blueberries.

Mix together 2 tablespoons flour with 1/4 cup sugar and cinnamon; sprinkle over blueberries. Bake at 375 F for 50 to 60 minutes, until crust is browned and filling is bubbling.

Remove from oven to rack. Sprinkle with two cups blueberries, pressing carefully with a fork to get an even layer. Cool. Serve with whipped cream or vanilla ice cream.





Нарру	THIS WEEK'S	SPECIALS				
BUTTERCUP, Happy Mother's Day!	BUTTERCUP'S OWN FRESH BAKED STRAWBERRY RHUBARB PIE - \$4.99 8"PIE					
SUTTERCUP'S	STONYFIELD ORGANIC MILK \$4.99 64 OZ. VARIETIES	SWEET PLUMP BLUEBERRIES \$3.99 /PINT				
BUTTERREDAIRY STORE DAIRY STORE	POLAND SPRING 24 PK WATER \$5.99 24-16.9 OZ. BOTTLES	BREYER'S ICE CREAM \$4.99 еасн				
DAIRY STORE	PERDUE SHORT CUTS \$2.99 8 OZ. VARIETIES	EGGO WAFFLES \$2.99 each - all varieties				
PORT JEFFERSON STATION, NY (Corner of Boyle Road & Old Town Rd)	MARINO'S ITALIAN	NICES - \$3.99 EACH				
631–928–4607 • buttercupdairy.com	SALE DATES – Wed. May	7 - Tue. May 13, 2025				
Pre sliced cold cuts & pre made sandwiches Check out our heat and eat dinner options	STORE HOURS: MONFRI. 8am	-7pm • SATSUN. 8am-6pm				

## Vendors Wanted

Send your Vendors Wanted listings to leisure@tbrnewspapers.com.

• Three Village Historical Society, 93 North Country Road, Setauket seeks full-season, seasonal, pop-up and food truck vendors for its 11th annual Three Village Farmers & Artisans Market on Fridays from May 16 to Oct. 24. Hours are 3 p.m. to 7 p.m. from May to September, and 3 p.m. to 6 p.m. in October. For an application and more information, visit www.tvhs.org or call 631-751-3730.

• Yaphank Historical Society seeks vendors for their annual Spring Yard Sale on May 17 from 9 a.m. to 4 p.m. on the grounds of the Robert & Isabella Hawkins House, 4 Yaphank Ave., Yaphank. (Rain date is May 18). \$10 per spot, first come, first served, no reservations necessary. Please don't arrive before 8 a.m. 631-924-4803, www.Yaphankhistorical.org

• **St. Cuthbert's Episcopal Church**, 18 Magnolia Place, Selden is looking for vendors for its Community Yard & Craft Sales on May 17 and Sept. 13 from 10 a.m. to 3 p.m. \$20 for a space of two parking spots. Email stcsseldensocial@gmail.com.

• Town of Brookhaven seeks health and business vendors for its 5th annual Health & Wellness Fair at Brookhaven Town Hall, 1 Independence Hill, Farmingville on May 17 from 11 a.m. to 2 p.m. For an application, visit www.BrookhavenNY.Gov/Health or call 631-451-6331.

• Town of Huntington Councilwoman Mari and The Children with Special Needs Committee invites vendors including businesses, service providers, and organizations dedicated to supporting individuals with disabilities and special needs to participate in the 1st annual All Abilities Expo at Heckscher Park in Huntington on May 31 from 10 a.m. to 2 p.m. Vendor admission is free. To reserve a booth, call Michelle at 631-351-3173.

• Sound Beach Civic Association seeks vendors for its "Out of This World" Kids Day on June 1 from 11 a.m. to 3 p.m. on New York Avenue in Sound Beach—a free event celebrating children and their uniqueness. Craft/retail vendors, vendors providing only information or kids activities, food trucks, and non-profits should call 631-744-6952 or email Rubertob11789@aol.com.

• **Port Jeff Bowl**, 31 Chereb Lane, Port Jefferson Station is looking for vendors (limited to 5) and sponsors for their Kids Bowl Free Kick-Off event on June 1 from 2 p.m. to 5 p.m. Deadline to apply is May 1. For more information, visit portjeffbowl. com, email mail@portjeffbowl.com or call 631-473-3300.

• Three Village Historical Society, 93 North Country Road, Setauket seeks vendors for its Community Wide Yard Sale on June 21 from 9 a.m. to 2 p.m. For an application and more information, visit www.tvhs.org or call 631-751-3730.

## Ellen Meister's 'Joyride' is a journey of self-discovery

REVIEWED BY JEFFREY SANZEL

The prolific Ellen Meister's tenth novel, *Joyride*, offers a fascinating portrait of the (almost) unflagging optimist Joybird Martin, whose desire to help leads her to create a hybrid of Uber and life coaching. The unique premise—and Joybird's dream—is more than a gimmick.

## BOOKHer<br/>drive to heal is a<br/>passion rooted in<br/>her history.



Author Ellen Meister

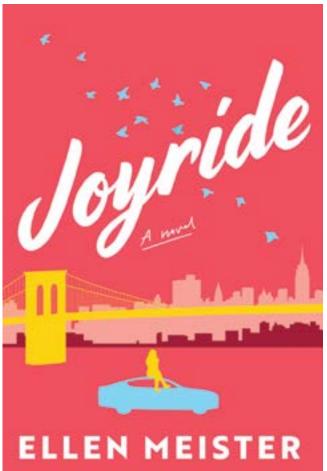
Joybird's parents divorced when she was a child. Her father, Sid, moved to Los Angeles to pursue a career as a television writer, and she remained in Brooklyn with her mother. When she was eight, her mother died, and Joybird spent a short time living with Sid on the West Coast. After the cancellation of his television show, he and Joybird relocated to his family home in Connecticut. With a career turnaround, he moved back to L.A., leaving her with her maternal grandparents in Queens, where she remained until she left for college. After his third marriage collapsed, he failed to keep in touch.

When Joyride opens, Joybird is thirty-one and living alone in Brooklyn. Due to an implied #MeToo incident, Sid shows up jobless and homeless. Simultaneously abrasive and hyper-sensitive, Sid devolved into a perpetual victim, incapable of self-care. He has moments of acerbic reflection—"like most barbarians, I have strong opinions" but remains a work in progress.

Like her pale-blue Honda Accord, Joybird is "earnest and dependable." She is easily judged by her perpetually upbeat outlook. "People underestimate[ed] her because of her cheerfulness. But it was her philosophy that you don't have to be stupid to be happy." Her father lives in direct contrast. "Sid Marcus had been quick to feel victimized, insisting that life dealt him a crappy hand, skimming the best cards for someone else." His long-rooted cynicism dates to his earliest days in Hollywood: privileged Connecticut-born John Martin changed his name to Sid Marcus because he felt it was the only way he could get ahead in the entertainment industry.

Equity analyst Devon Cato, an Uber rider, inspires Joybird to embark on a mobile office. He quickly becomes smitten with her, creating a romantic triangle with a Bohemian poet, Noah Pearlman. The contrast between Cato and Pearlman is not as simple as it initially appears, and Meister wisely lets the dueling relationships unfold throughout the narrative.

Among her clients are the catfished Althea and the fifteen-year-old Riley, the latter struggling with indifferent parents and teenage angst. Again, Meister chooses not to shy away from easy roads or facile solutions. Guiding Joybird as a voice of reason is the upstairs neighbor, the youthful septuagenarian Betty, whose perfume "was an oldfashioned scent that made Joybird think of movies from the 1970s and big hoop earrings." Betty functions as a friend and mother figure, advising the impossibility of always making people happy: "That's a burden no one should have to carry." The simple statement resonates deeply as Joybird's newfound career presents unexpected landmines.



Meister weaves Joybird's efforts to reunite Sid with his high school crush and her own romantic challenges, along with the trials of her clients. She writes with the ease and brightness of Armistead Maupin, giving her New York and its boroughs a vibrant energy. Her characters are not standard "quirky" but richly detailed and fully realized.

Like with her protagonist in *Take My Husband* (who settles her nerves with an initials word game), Meister fleshes out *Joyride*'s ensemble with textured, believable personalities. Whether describing the dress of one of Sid's wealthy clients—"indigo jeans with cognac-colored loafers and no socks"—or the fragrance of a dissipated cologne that leaves Joybird with a "lingering undertone of regret"—Meister possesses an evocative, visceral sense of detail.

Just as in her outstanding *Farewell*, *Dorothy Parker*, Meister writes with wit and warmth, creating complex characters whose ability to change is through a combination of adversity, choice, and personal reflection.

Ultimately, *Joyride* addresses a world where one must navigate between support and exploitation.

"Joybird knew exactly why she hadn't seen it — her sunny faith in people sometimes blinded her to bad behavior. But she shrugged it off as a small price to pay for the privilege of living her life in the bright, white light of optimism." Ellen Meister's *Joyride* is an engaging, brisk, humorous, and satisfying journey of a person who genuinely believes "we all deserve a chance to become our best selves."

Pick up a copy of *Joyride* at your local bookseller or online at www.amazon.com or www.barnesandnoble.com. For more information, visit ellenmeister.com.

**STONY BROOK UNIVERSITY** 

# **SBU SPORTSWEEK**

MAY 8, 2025

**TOMORROW IS FRIDAY – WEAR RED ON CAMPUS!** 

## Women's lacrosse wins third consecutive CAA championship

For the third year in a row, the No. 19 Stony Brook women's lacrosse team has won the CAA Championship after defeating the No. 2 seed Drexel, 12-10, on May 3. With the win, the Seawolves earn their 12th straight appearance in the NCAA Tournament, a streak that dates back to the 2013 season. Stony Brook captured its 11th conference championship title in program history (three CAA, eight America East) and won its 10th on the home turf of Kenneth P. LaValle Stadium.

Charlotte Wilmoth led all players with a game-high five points (three goals, two assists) to pace the scoring for the Seawolves. Isabella Caporuscio, Alexandra Fusco, and Kylie Budke registered a pair of goals, while Riley McDonald, Casey Colbert, and Courtney Maclay all tallied one goal apiece.

Defensively, Avery Hines continued her defensive dominance as she caused six more turnovers and set a new Stony Brook singleseason record. With her 67 caused turnovers, she outdid her 66 caused turnovers last season for the most caused turnovers in a single season in program history.

Four Seawolves earned All-Championship Team honors for their standout play in the tournament. Caporuscio, Allie Masera, and Molly LaForge were named members of the All-Championship Team, with Budke taking home the Most Outstanding Performer honor.



The Seawolves opened scoring with a pair of goals from Caporuscio and Colbert before Drexel responded with three goals of their own. With 45.5 seconds left in the first quarter, Wilmoth was left wide open right outside the crease to even things up at three.

The back-and-forth affair would continue with a game-high seven goals through the second quarter. Wilmoth and A. Fusco dominated on the offensive front, tallying five points combined. With 1.1 seconds left in the half, Masera would go coast to coast dishing it out for a Wilmoth goal to take a 7-6 lead into intermission.

Coming back from the break, Drexel scored two goals to take an 8-7 lead before the Seawolves scored three straight for their first two-goal advantage since the start of the contest. Stony Brook would take a 10-8 advantage into the final quarter.

The Dragons scored a pair to start the fourth quarter and tie it up at 10 apiece.

Budke's standout performance began with just 3:27 remaining in the fourth quarter, breaking through her lone defender and finding the back of the net to give the Seawolves a 11-10 lead. She then scored back-to-back on an identical play, cutting through the eightmeter and dodging her defender for a twogoal advantage. With less than 30 seconds, Julia Fusco intercepted a wild pass from the Dragons to ice the clock and secure Stony Brook's 11th conference championship.

## Softball downed in high scoring regular-season finale at Drexel

In the highest scoring game of the season, Stony Brook softball came a single run short of erasing a nine-run deficit as the Seawolves were outslugged 18-17 in the regular-season finale at Drexel on May 3 in Philadelphia, PA. Emily Reinstein clubbed two home runs, including a grand slam, as she drove in over a third of the team's runs.

Kyra McFarland led things off by reaching on an error before stealing second and coming around to score on another Drexel error as the center fielder dropped a fly ball off the bat of Nicole Allen. Allen would be immediately brought in for the second unearned run of the inning on a single up the middle from Mia Vanelli.

After another error loaded up the bases with one out in the top of the first, Reinstein came through with the biggest hit of the day as she crushed a 1-1 pitch to left center for a towering grand slam to make it 6-0 Seawolves.

The Dragons quickly responded with a massive inning of their own, wiping away the six-run deficit by putting up a 12 spot in the bottom of the first. Nine batters would reach safely before Stony Brook recorded an out by Crimson Rice, who was brought in to relieve Gabrielle Maday after the first five runs were plated.

Drexel grew its lead to 15-6 in the bottom of the second as a lead-off error ultimately led to three unearned runs coming home. Maddie Male was brought in with two outs to stop the Dragons' rally and induced a popup to finish off the inning.

The Seawolves got four runs back in the third as Emma Scheitinger led off the inning

with a bunt single and later came around to score on a single from Malorie Hill. After a sac fly from Naiah Ackerman made it 15-8, Allen brought home two more on a single to center that was booted by the center fielder for the fourth Dragon error of the day.

The Dragons responded again in the bottom of the inning to make it an eightrun game off a three-run home run from Kylah Reading. Maday re-entered the game following the home run to get the final out of the inning. Reinstein made it 18-12 in the top of the fourth as she sent another one over the left field wall for her second home run of the day.

After a scoreless fifth, Ackerman came through with the third Stony Brook home run of the day as she went to the opposite field for a two-out, two-run blast to cut Drexel's lead to 18-14 in the sixth.

Down by four in the top of the seventh, the Seawolves took advantage of a couple of walks to load the bases with one out. Scheitinger nearly tied it up with a single swing, but the center fielder managed to knock down the ball at the top of the wall to hold her to a two-run single. Drexel proceeded to commit its fifth error of the day on a grounder from Hill to make it a one-run game with two outs and a runner on third. That was as close as Stony Brook would get, however, as the Dragons got one final popup to close things out.

The team entered the 2025 CAA Championship as the No. 5 seed, playing the host and fourth-seeded Campbell in the opening game of the tournament on May 7. Results were not available as of press time.

## Ongoing Bald Hill Fair

The Bald Hill Fair returns to the Catholic Health Amphitheater, 1 Ski Run Lane, Farmingville May 8 through May 18. Featuring the Victoria Circus, World of Wonders Oddity Show, a Big Bee transforming robot, lots of carnival rides with fireworks by Grucci on May 10 and May 17 at dusk. Hours are Monday to Thursday from 5 p.m. to 10 p.m., Fridays from 5 p.m. to 11 p.m., Saturdays from noon to 11 p.m. and Sundays from noon to 10 p.m. For ticket information, visit www.baldhillfair.com.

## Thursday 8

## Municipal Clerks'Week Open House

Huntington Town Clerk and Records Management Officer Andrew Raia invites everyone to get a history of Huntington as the town celebrates Municipal Clerks' Week with an open house at Town Hall, 100 Main St., Huntington from 9:30 a.m. to 11:30 a.m. or 1 p.m. to 3 p.m. today through May 8. Visitors can view the town's old records chest, old maps, the statue of American Hero Nathan Hale, the town's ID dating 1666, Native American deeds, and other interesting documents. Tours are free. 631-351-3035

## Farmingdale College Plant Sale

Farmingdale State College, 2350 Route 110, Farmingdale will hold its annual Plant Sale from 9 a.m. to 5 p.m. The event will feature a wide assortment of flowering plants, vegetables, herbs, perennials, tropical plants, houseplants, and succulents in parking lot #2 adjacent to the Teaching Gardens and University Police.

## **Crafts & Cocktails**

The Whaling Museum, 301 Main St., Cold Spring Harbor continues its Crafts & Cocktails series at 6:30 p.m. Discover the history of wet and dry felting as you learn how to sculpt with wool in this needle felting workshop. Explore whalebone tools made by whalers for their loved ones. Sip on a Tipsy Turtle cocktail or mocktail while you transform wool fibers into an adorable sea turtle. \$35 per person, \$25 members. To register, visit www.cshwhalingmuseum.org.

## **SCCC Spring Concert**

The Music Department of Suffolk County Community College, 533 College Road, Selden presents a Spring Concert featuring orchestra, guitar ensemble, the Suffolk Singers and College Choir at the Shea Theatre, Islip Arts Building, at 7 p.m. Free and open to all. No tickets required. 631-451-4163

## Vanderbilt Lecture

Suffolk County Vanderbilt Museum, 180 Little Neck Road, Centerport continues its lecture series with A Vanishing New York: Ruins Across the Empire State from 7 p.m.



## **BIRDS-EYE VIEW**

The Bald Hill Fair in Farmingville (May 8 to 18) will feature 'The Wheel,' the largest Ferris wheel on Long Island at a towering 110 feet tall. Photo courtesy of Dreamland Amusements

to 8 p.m. Photographer and author John Lazzaro will explore abandoned sites in New York and puts their individual stories in the larger context of New York's historical legacy. Tickets are \$10, free for members. To register, visit www.vanderbiltmuseum.org.

## Friday 9 Garden Club Plant Sale

The Centerport Garden Club will hold its annual Plant Sale in the parking circle in front of Harborfields Public Library, 31 Broadway, Greenlawn from 9 a.m. to noon. Shop for perennials and annuals including native plants. Garden club members will be on hand to answer gardening questions.

## **One-Woman Show at the LIM**

The Long Island Museum, 1200 Route 25A, Stony Brook presents *Shirley Chisholm*, *Unbossed & Unbowed* at 7 p.m. This awardwinning one-woman show tells the largely unheard story of Shirley St. Hill Chisholm, a Brooklyn-born politician of immigrant parents, who, in the 20th century, was the first African-American woman to win a

seat in Congress and run for President. Starring Ingrid Griffith as Chisholm and the characters that surround her life. Tickets are \$30, \$25 members. To register, visit www. longislandmuseum.org. 631-751-0066.

## Northport Chorale Concert

The Northport Chorale, in collaboration with the North Shore Chamber Choir, Northport Community Band, Northport Jazz Orchestra and Northport Symphony Orchestra present their Spring concert at East Northport Middle School, 1075 5th Ave., East Northport at 8 p.m. Program will include works by John Rutter, plus a varied selection of vocal delights. Tickets are \$20 per person. www.northportchorale.com

## **SCCC Spring Concert**

The Music Department of Suffolk County Community College, 533 College Road, Selden presents a Spring Concert featuring the jazz ensemble, symphonic band and contemporary music ensemble at the Shea Theatre, Islip Arts Building, at 7 p.m. Free and open to all. No tickets required. 631-451-4163

## **Grounds and Sounds Concert**

Grounds and Sounds Cafe, UUFSB, 380 Nicolls Road, East Setauket hosts a concert featuring Bob Westcott and the musical duo Princess Peapod, The evening begins with an Open Mic at 7:30 p.m. (signup at 7 p.m.); the main act goes on at 8:15 p.m. Tickets are \$20 per person, available in advance at www.groundsandsounds.org or at the door. For more information, call 631-751-0297.

## Saturday 10 Caumsett Hike

Caumsett State Historic Park Preserve, 25 Lloyd Harbor Road, Huntington presents Just a Hike, a 6 mile, hilly, moderately paced walk affords walkers the opportunity to relax, socialize, and enjoy the park's beauty, from 9:45 a.m. to 12:45 p.m. Adults only. \$4 per person. Registration required by calling 631-423-1770

## Car Wash & Bake Sale Fundraiser

The North Shore United Methodist Church, 260 Route 25A in Wading River, will hold a car wash and bake sale fundraiser by the church's Rwanda Youth Mission Team from 10 a.m. to 2 p.m. All proceeds will help fund the youths' mission to an orphanage in Rwanda this July. 631-929-6075.

## **Northport Spring Craft Fair**

Time to shop! Northport High School, 154 Laurel Hill Road, Northport hosts an outdoor Spring Craft Fair (indoors in case of rain) from 10 a.m. to 4 p.m. Shop for last minute Mother's Day gifts from over 100 vendors. Free admission. 631-885-1267

## **International Migratory Bird Day**

Town of Brookhaven will hold a free nature program in honor of International Migratory Bird Day at West Meadow Beach, 100 Trustees Road, Stony Brook from 10 a.m. to noon. Long Island is a popular stop over and nesting area for many avian species. Join us as we observe and identify the birds of our shorelines and coastal wetlands. Registration is required. E-mail npocchiare@brookhavenny.gov to make your reservation.

## **CSHL Walking Tour**

Cold Spring Harbor Laboratory, 1 Bungtown Road, Cold Spring Harbor will host a guided walking tour of the campus from 10 a.m. to 11:30 a.m. Learn about the historic and modern architecture, the Nobel legacy, and the advanced cancer, neuroscience, and plant research taking place at the lab. Fee is \$9.31 per person. To register, visit www.cshl. edu. 516-367-8844.

## Superheroes of the Sky

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown presents Superheroes of the Sky from 11 a.m. to noon. Take a walking tour with Jim while he feeds the Center's Birds of Prey and tells you about their incredible adaptations that help them survive in the wild. You'll be seeing and learning about a Bald Eagle, Turkey Vultures, owls, hawks and many more. Fee is \$10 per adult, \$5 per child (Under 12y). To register, visit www.sweetbriarnc.org.

#### Mother's Day Spring Market

St. Thomas of Canterbury, 90 Edgewater Ave., Smithtown presents their second annual Mothers Day Spring Market from 11 a.m. to 4 p.m. Look for unique, handmade, and special gifts for mom, including live, on the spot, one of a kind poetry gifts and enjoy delicious food, face painting and live music while you shop. 631-265-4520

### **All Souls Poetry Reading**

The Second Saturdays poetry series returns to All Souls Church in Stony Brook from 11 a.m. to noon. The program will be delivered virtually in an interactive format via ZOOM. Chip Williford will be the featured poet. An open reading will follow the featured poet; all are welcome to read one of their own poems. Participants can access the program through the All Souls website https://www. allsouls-stonybrook.org/. 631-655-7798

### **Rocky Point Day**

Rocky Point School District presents its 2nd annual Rocky Point Day at the Rocky Point High School Track, 82 Rocky Point-Yaphank Road, Rocky Point from 11 a.m. to 3 p.m. with vendors and crafts, youth sports, food trucks, musical performances and more. 631-744-1600

#### **Spring Farm Festival**

Smithtown Historical Society, 239 East Main St., Smithtown presents a Spring Farm Festival from noon to 4 p.m. featuring kids crafts, pony rides and petting zoo, live music, sheep shearing, traditional craft demonstrations, historic farmhouse tour, food and craft vendors, face painting, and more! Tickets are \$10 per person, children under the age of 3 are free. Purchase in advance at www.eventbrite.com or at the door. Rain date is May 11. 631-265-6768

### Author Talk at Hallockville

Join the Hallockville Museum Farm for a presentation by author Richard Wines at Hallock State Park Preserve Visitors Center, 6062 Sound Ave., Riverhead from 1 p.m. to 3 p.m. Wines will speak about his new book, A Farm Family on Long Island's North Fork. Free but registration required by visiting www.hallockville.org.

## Long Island Museum lecture

Join the Long Island Museum, 1200 Route 25A, Stony Brook for a talk about the New York Marine Rescue Center, the primary responding organization to sick and injured sea turtles and marine mammals in New York, at 2 p.m. Learn more about marine life here in New York, as well as the rescue and rehabilitation process for these animals. Included with museum admission fee. 631-751-0066

#### **Book Signing at the LIMEHOF**

The Long Island Music and Entertainment Hall of Fame, 97 Main St., Stony Brook will hold a book signing event with author David Brown at 2 pm. Brown will take part in a Q&A and sign copies of his book, Talkin' Greenwich Village. The event is free with general admission ticket purchase. 631-689-5888, www.limusichalloffame.org

## Sunday II See Mother's Day events on page B11.

## Monday 12 **Sound Beach Civic Meeting**

Sound Beach Civic Association will hold a meeting at the Sound Beach Firehouse, 152 Sound Beach Blvd., Sound Beach at 7:30 p.m. On the agenda will be the Civic's upcoming event, Out of This World Kids Day. For more information call 631-744-6952.

## **Country Line Dancing**

Celebrate St. James presents Country Line Dance lessons with Natalie at the St. James Community Cultural Arts Center, 176 2nd St., St. James from 7 p.m. to 8:30 p.m. Come learn the hottest dances! \$15 per person at the door. Please RSVP at www. celebratestjames.org.

## Movie Trivia Night at the CAC

Join the Cinema Arts Centre, 423 Park Ave., Huntington for a Movie Trivia Night at 8 p.m. Try to answer 50 questions based all around film, actors and actresses, awards, and everything else associated with the world of film. Challenge like-minded film fans in a battle of wits for cash and other prizes. You can form teams, so bring some friends and work together. Feel free to come alone and play solo as well! Hosted by Dan French. Tickets are \$11 per person, \$7 members at cinemaartscentre.org.

## Tuesday 13 **NSJC Social Club event**

North Shore Jewish Center Social Club, 385 Old Town Road, Port Jefferson Station invites the community to a concert by Marty Kupferberg and Thelma Grossman featuring great standard songs of the past. at 11 a.m. Bagels and coffee will be served. \$5 per person, \$4 members. 631-928-3737

### **Board 'Walk' Your Way to Wellness**

Health professionals from St. Catherine of Siena Hospital will be available at Sunken Meadow State Park's boardwalk in Kings Park tonight, May 20 and 27 from 5 p.m. to 7 p.m. to discuss heart health, healthy eating, weight management, breast health, stroke prevention, skin cancer and Lyme disease prevention tips. Free blood pressure screenings and free giveaways. To learn more, call 631-870-3444.

## Wednesday 14

## **Cruise Night at The Shoppes**

The Shoppes at East Wind, 5720 Route 25A, Wading River hosts a Cruise Night Car Show tonight and every Wednesday through October from 5 p.m. to 9 p.m. Visit the Shoppes, enjoy a bite to eat and then check out the fine array of classic cars in the parking lot. 631-929-3500

## Thursday 15 **International Museum Day**

Join the Middle Country Public Library, 101 Eastwood Blvd., Centereach for their annual festival celebrating International Museum Day from 4 p.m. to 7 p.m. Representatives from many local museums, historical societies, science and nature centers will be on hand to share information regarding their collections, programs and exhibits. Free. 631-585-9393

## Theater

## 'Fractured Broadway...'

North Shore United Methodist Church, 260 Route 25A, Wading River presents Fractured Broadway Goes to the Movies on May 9 and May 10 at 7:30 p.m. In this latest version of Riverhead Faculty and Community Theatre's popular musical revue, local favorite Dan Grable accompanies the very talented cast as they perform familiar movie tunes in entertaining & untraditional ways. Tickets are \$20 adults, \$15 students at the door or by calling 631-929-6075.

#### 'Wait Until Dark'

Theatre Three, 412 Main St., Port Jefferson continues its Mainstage season with Wait Until Dark from April 18 to May 11. Jeffrey Hatcher's gripping new adaptation of Frederick Knott's classic sets the action in 1944 Greenwich Village. Susan, a woman who recently lost her vision, is imperiled by con men searching for a mysterious doll. Trapped in her apartment, Susan draws on new depths of resourcefulness as the story builds to its extraordinary, breathtaking conclusion. Contains adult situations. Tickets are \$40 adults, \$32 seniors and students. To order, call 631-928-9100 or visit www.theatrethree.com.

## 'South Pacific'

The John W. Engeman Theater, 250 Main St., Northport continues its Main Stage season with South Pacific from May 15 to June 29. This beloved musical takes place on a South Pacific island during World War II where two love stories are threatened by the dangers of prejudice and war. With

songs such as "Some Enchanted Evening," "I'm Gonna Wash That Man Right Outa My Hair," "Younger Than Spring-time," and "There Is Nothin' Like A Dame," South Pacific's lush score contains some of the best songs ever written by Rodgers & Hammerstein. For more information and to order, call 631-261-2900 or go to www. engemantheater.com.

#### 'Medea'

The Carriage House Players at the Suffolk County Vanderbilt Museum in Centerport kick off their 36th annual Shakespeare in the Courtyard Festival with Medea from May 16 to May 28. Performances are held on the Vanderbilt mansion courtyard stage on Wednesdays and Fridays at 8 p.m. and Sundays at 7 p.m. Tickets are \$20 adults, \$15 seniors and children under age 12. To order, visit www.vanderbiltmuseum.org. Call 516-557-1207 for more information.

#### 'Half Time'

Theatre Three, 412 Main St., Port Jefferson closes its 45th Mainstage season with Half Time from May 24 to June 22. The incredible true story of ten determined dreamers who audition to dance at half time for a major basketball team and have three things in common: they love to dance, they have something to prove, and they are all over 60 years old! Tickets are \$40 adults, \$32 seniors and students. To order, call 631-928-9100 or visit www.theatrethree.com.

## **Class Reunions**

- Ward Melville High School Class of 1975 will hold their 50 year reunion at St George Golf & Country Club in East Setauket on June 14 from 6:30 p.m. to 10:30 p.m. \$126.00 per person includes hors d'oeuvres, Prime Rib buffet dinner and open bar. Contact Cary Fichtner-Vu at 703-861-8259 or cary@caryfvu.com for tickets by June 2. No walk-ins.

- Rocky Point High School Class of 1975 will hold their 50 year reunion at East Wind in Wading River on September 12 from 6 p.m. to 10 p.m. \$150.00 per person includes reception, hors d'oeuvres, buffet dinner, open bar and dessert. Contact Andrea at 631-774-2474 or RockyPointClassof75@ gmail.com

**CALENDAR DEADLINE** is Wednesday at noon, one week before publication. Items may be mailed to: Times Beacon Record News Media, P.O. Box 707, Setauket, NY 11733. Email your information about community events to leisure@ tbrnewspapers.com. Calendar listings are for not-for-profit organizations (nonsectarian, nonpartisan events) only, on a space-available basis. Please include a phone number that can be printed.



## Catholic

**INFANT JESUS ROMAN CATHOLIC CHURCH** 110 Myrtle Ave., Port Jefferson 631-473-0165 Fax 631-331-8094 email-rectory@infantjesus.org www.infantjesus.org **REV. GREGORY RANNAZZISI,** PASTOR, ASSOCIATES: **REV. FRANCIS LASRADO REV. SIJOMON VARGHESE** Parish Outreach: 631-473-0165 Weekday Masses: 7:30am in the church and 12pm in the Chapel (Mon-Fri) 9am Mass in the Church on Saturdays Weekend Masses: Saturday at 4:30pm, Sunday 9:00am and 12:00pm in the Chapel. 7:30 am, 8:45am (Spanish), 10:30am, and 5pm in the Church Spanish Masses: Wednesdays 6:00pm Sundays 8:45am in the church The Sacrament of Reconciliation remains scheduled on Saturdays 12:30-1:15pm in the lower church.

ST. GERARD MAJELLA **ROMAN CATHOLIC CHURCH** 300 Terryville Road, Port Jefferson Station 631-473-2900 email-office@stgmajella.org www.stgmajella.org REV. GREGORY RANNAZZISI, PASTOR Mass: Saturday 5pm Sunday 8am, 10am & 12pm Weekday Mass: 9am Confessions: Saturday 3:45pm-4:45pm Office Hours: Monday-Thursday 9am-4:30pm Thrift Shop: Monday-Thursday 10am - 4pm and Friday 10am-2pm. Parish Outreach: Please call Office for information Baptism and Wedding arrangements can be made by calling the Parish Office.

#### **ST. JAMES ROMAN CATHOLIC CHURCH** 429 Rt. 25A, Setauket Phone: 631-941-4141 Fax: 631-751-6607 Parish Office email: parish@stjamessetauket.org www.stjamessetauket.org REV. ROBERT KUZNIK, PASTOR REV. ROBERT SCHECKENBACK, ASSOCIATE PASTOR REV. MIKE S. EZEATU, SBU HOSPITAL CHAPLAIN, IN RESIDENCE Office Hours: Monday-Friday 9am to 4pm Saturday 9am Our Daily Bread Sunday Soup Kitchen opened 2-3pm, serving hot meals To-Go and groceries Food Pantry Open Open Every Wednesday from 12 Noon to 2pm Open Every Sunday from 2-3pm,

Mission Statement: We, the Catholic community of the Three Village area, formed as the Body of Christ through the waters of Baptism, are a pilgrim community journeying toward the fullness of the Kingdom of God, guided by the Holy Spirit, nourished by the Eucharist and formed by the Gospel. We strive to respond to Jesus invitation: to be faithful and fruitful disciples; to be a Good Samaritan to our neighbor and enemy; to be stewards of and for God's creation and to be living witness of Faith, Hope and Charity...so that in Jesus name, we may be a welcoming community, respectful of life in all its diversities.

#### **ST. MARK ROMAN CATHOLIC COMMUNITY** 105 Randall Road, Shoreham, NY 11786 PHONE: 631-744-2800 Parish Office Hours\* Monday-Wednesday 9am to 4pm

Thursday 9am-3pm \*closed for lunch from noon to 1:00pm \*closed on Fridays and Saturdays

FATHER JAMES-PATRICK (JIM) MANNION-Administrator ext104 frjim@rcchurchstmark.org Msgr. Joseph (Joe) Staudt-

Assisting Clergy Retired- Thursday 9:30am mass, weekend

Father Joseph Francis, OFM cap. Assisting Clergy Tuesday 9:30am mass

Deacon & Mrs. Patrick (Pat) and Irene Gerace Deacon & Mrs. Mark and Sandra Herrmann Deacon & Mrs. Vivian Gino Aceto

**MISSION STATEMENT** 

We, the Catholic community of St. Mark, formed in the waters of baptism and journeying to the fullness of the Kingdom of God, as the Body of Christ; are guided by the Holy Spirit, nourished by the Eucharist and formed by the Gospel. Thus, we strive to respond to Jesus' invitation to be faithful and fruitful disciples, to be good Samaritans to our neighbors, as well as our enemies, to be stewards of and for God's creation and living witnesses of Faith, Hope and Charity ... so that in Jesus' name, we may be a welcoming community, respectful of life in all its

diversity. Pastoral staff of St Mark Mrs. Lynn Fein- Director, faith formation ext 109 relform@rcchurchstmark.org Mr. John Mcnamara- Catechist-at-larg ext 101 Mrs. Jane Fagan- Coordinator, parish outreach ext 106 outreach@rcchurchstmark.org Mrs. Carrie Logan Liturgical music ext 101

Mrs. Lindsay Finter Financial Manager/ bookkeeper ext 101 Support staff of St Mark Mrs. Marianne Brandt Receptionist ext 101 Mr. Michael Oliva Facilities Manager ext 110 Mr. William Castillo Assisting Facilities Volunteer Mrs. Alice Vozzo- Sacristan ext 101

To be listed in the Religious Directory please call 631-751-7663

## **Catholic Traditional Latin Mass**

ST. MICHAEL THE ARCHANGEL MT. SINAI CONGREGATIONAL SOCIETY OF SAINT PIUS X 900 Horseblock Road, Farmingville 631-736-6515 sspxlongisland.com Sunday Masses at 7am and 9am Please consult sspxlongisland.com for updates and current mass times.

## Christian

#### CHRISTIAN SCIENCE SOCIETY Northport, NY 55 Laurel Ave, Northport, NY 11768 Phone: 631-261-6405 Website: www.christiansciencenorthport.com Services: in-person & online Sunday Lesson Sermons 10:30 AM Wednesday Testimonial Meetings 7:15 PM **Online Service Attendance (ALL services)** Zoom Phone: 929-205-6099 Zoom Meeting ID: 962 2495 9131 Passcode: 12345

The science of Christianity as Jesus taught and demonstrated reveals that God is Love. Our church seeks to promote a deeper understanding of divine Truth and Love, reinforcing that God created man in his image and likeness. The study of Christian Science reveals an inspired sense of Life, where man truly reflects God, and is capable of overcoming any discordant condition. All are warmly welcomed to attend our services.

**FULL GOSPEL CHRISTIAN CENTER** 415 Old Town Road Port Jefferson Station, NY 11776 631-928-6100 fgccmail@gmail.com Fgccpj.com Office hours Monday, Wednesday, Thursday 9:00am-2:00pm Services Sunday 10:00am Wednesday-Bible Study 7:00-8:00pm Friday Night Prayer 8:00pm Getting you from where you are to where God wants you to be.

**ISLAND CHRISTIAN CHURCH** 400 Elwood Road, East Northport IslandChristian.com 631-822-3000 PASTOR CHRISTOPHER COATS Services In-Person-Online Sunday Mornings 9 AM + 11 AM Fun religious education for kids during each service. Children and Youth programs during the week, check out our website for more details.

## Congregational

## UNITED CHURCH OF CHRIST 233 North Country Road, Mt. Sinai 631-473-1582-www.msucc.org

Pastor William Kovacsik

We are a congregation committed to justice. All are welcome into our full life and ministry regardless of age, race, abilities, economic or marital status, gender, sexual orientation, or gender identification. We are a church that is open and affirming of all people, as we are each

made in the image of God Sunday Worship at 10am Livestreaming on YouTube: @MtSinaiCongregationalChurchUCCSunday School at 10am "No matter who you are or where you are on life's journey, you are welcome here." Through our worship and by our actions we strive to live out Christ's message to love one another The Island Heart Food Pantry 643 Middle Country Road, Middle Island NY Wednesdays 1:00-4:00pm **MSCC Food Cupboard** 233 N. Country Rd, Mt Sinai Every other Tuesday 9:15-11:45

**Episcopal** 

ALL SOULS EPISCOPAL CHURCH

On the hill across from the Stony Brook Duck Pond 61 Main Street, Stony Brook FATHER IAN WETMORE www.allsoulsstonybrook.org or call 631-584-5560 Stjameschurchrector@gmail.com Services Sunday: 8:00am Virtual Morning Prayer 11:15am Holy Eucharist with Organ music Tuesday: 8:00am Interdenominational Morning Prayer Wednesday: 12 noon Interdenominational Rosary We are a friendly welcoming community for all people.

#### **CAROLINE EPISCOPAL CHURCH OF SETAUKET**

1 Dyke Road on the Village Green, Setauket Web site: www.carolinechurch.net email: office@carolinechurch.net 631-941-4245 Office Hours: Tues-Fri 9:00am-5:00pm **REV NICKOLAS C. GRIFFITH-RECTOR** 300 years of community, fellowship & ministry! Services: 5:00pm Saturdays - Holy Eucharist 8:00am Sundays - Holy Eucharist 9:30am Sundays - Holy Eucharist w/ choir & Children's Chapel 12:30pm Weds. - Noonday Prayer 10:00am Thurs. - Healing Service



## **Episcopal**

Sunday School & Children's Chapel Safe Church certified teachers, free nursery child-care, a well-supervised, joyous environment, fun workshops, themed events, and more! Food Pantry Open Wednesdays: 11:00am-12:00pm and 6:00-7:00pm. Entrance is located at the back of the Marco C. Smith building. All are welcome!

## CHRIST EPISCOPAL CHURCH

127 Barnum Ave., Port Jefferson 631-473-0273
email: ccoffice@christchurchportjeff.org www.christchurchportjeff.org
Church office hours: Tues. - Fri. 9am - 12pm REV. NICKOLAS C. GRIFFITH -Vicar Services: 7:00am Sundays-Holy Eucharist
11:00am Sundays-Holy Eucharist with Music It is the mission the people of Christ Church to

grow in our relationship with Jesus Christ and to make his love known to all through our lives and ministry. We at Christ church are a joyful, welcoming community. Wherever you are in your journey of life we want to be part of it.

#### ST. JOHN'S EPISCOPAL CHURCH

'To know Christ and to make Him known' REV. DUNCAN A. BURNS, RECTOR REV. ZACHARY BAKER, CURATE Alex Pryrodny, Music Director Sunday Worship 8am Rite I Holy Eucharist 10am Rite II Holy Choral Eucharist 9:40am-Sunday School Noonday Prayer 12 noon - Wednesdays Thrift Shop Tuesdays, Thursdays, & Saturdays 12-3pm **12 PROSPECT ST, HUNTINGTON** (631) 427-1752 On Main St. next to the library info@stjohns1745.org (631) 427-1752 stjohns1745.org Facebook.com/stjohns1745

## Jewish

#### NORTH SHORE JEWISH CENTER

385 Old Town Rd., Port Jefferson Station 631-928-3737 www.northshorejewishcenter.org

RABBI AARON BENSON CANTOR DANIEL KRAMER EXECUTIVE DIRECTOR MARCIE PLATKIN PRINCIPAL HEATHER WELKES YOUTH DIRECTOR JEN SCHWARTZ Services: Friday At 8 Pm; Saturday At 9:15 am Daily Morning And Evening Minyan Call For Times. Tot Shabbat Family Services Sisterhood Men's Club Seniors' Club Youth Group Continuing Ed Adult Bar/Bat Mitzvah Judaica Shop Food Pantry Lecture Series Jewish Film Series NSJC JEWISH LEARNING CENTER RELIGIOUS SCHOOL Innovative Curriculum And Programming For Children Ages 5-13 Imagine A Synagogue That Feels Like Home! Come Connect With Us On Your Jewish Journey. Member United Synagogue Of Conservative Judaism.

**TEMPLE ISAIAH** 1404 Stony Brook Road, Stony Brook 631-751-8518 www.tisbny.org Joyful Judaism in a warm, caring, musical, multigenerational community devoted to learning, prayer and friendship. Member Union for Reform Judaism RABBI/CANTOR/PRINCIPAL JOSHUA GRAY RABBIS EMERITI ADAM D. FISHER, STEPHEN A. KAROL CANTOR EMERITUS MICHAEL F. TRACHTENBERG Services: 1st Friday 6pm Family Service Other Fridays 7:30pm Saturday B'nai Mitzvah services 10am Religious School Confirmation Class-Monthly

Tot Shabbat-Torah Study-Adult Education-Adult Bar and Bat Mitzvah-Brotherhood-Sisterhood Book Club-Social

Action and much more!

## Lutheran-ELCA

ST. PAUL'S EVANGELICAL **LUTHERAN CHURCH 309** Patchogue Road Port Jefferson Station 631-473-2236 e-mail PastorPaulDowning@yahoo.com pastor's cell phone voice or text 347-423-3623 www.StPaulsLCPJS.org facebook.com/stpaulselca Services 8:30am and 10:30am Wednesday Bible Study over Zoom at 9:30 Friday Prayer Group at 10:30am in church or zoom WELCOME FRIENDS Provides free lunch in parking lot on Tuesdays at 1:00pm

## **Methodist**

#### BETHEL AFRICAN METHODIST EPISCOPAL CHURCH 33 Christian Ave/ PO 2117, E. Setauket 631-751-4140 REV. LISA WILLIAMS PASTOR Sunday Worship: 10:30am Adult Sunday School 9:30am

Adult Sunday School 9:30am Lectionary Reading And Prayer: Wed. 12 Noon Gospel Choir: Tues. 8 Pm Praise Choir And Youth Choir 3rd And 4th Fri. 6:30 PM.

#### NORTH SHORE UNITED METHODIST

260 Rt.25a Wading River 11792 631-929-6075 nsumc@optonline.net facebook.com/nsumcwadingriver northshoreumc.org

We welcome all people regardless of age, race, ethnicity, gender, disability, or sexual orientation. REV. THOMAS KIM, PH.D, PASTOR Choir & Praise Band Sunday Worship @ 10am In person & via Zoom Recorded for facebook Child Care availabe Active Youth Group Holy Communion: 1st & 3rd Sundays Food Pantry: May 17th Also by appointment Blessing Box: 24/7 Monthly Community Dinner (Free) May 17th @5pm Thrift Shop: Thurs, Fri, Sat. 9:30-1:30 "If you are looking for a church, this IS your

#### SETAUKET UNITED METHODIST CHURCH

church because we are all God's family!"

160 Main Street, Corner of 25A and Main Street East Setauket 631-941-4167, or email us at sumcny@aol.com REV. STEVEN KIM, PASTOR Sunday Worship Service and Sunday School at 10am Services are streamed online @www.setauketumc.org and livestreamed on Facebook Holy Communion 1st Sunday of Month Mary Martha Circle (Women's Ministry) meets every 2nd Tuesday each month at 1pm

## Presbyterian

### FIRST PRESBYTERIAN CHURCH OF PORT JEFFERSON

107 South/Main Streets 631-473-0147 We are an accepting and caring people who invite you to share in the journey of faith with us. Email: office@pjpres.org Website: www.pjpres.org REV. EMILY FOWLER, PASTOR

The First Presbyterian Church of Port Jefferson is a place that is open hearted and open minded; we welcome diversity. Come and explore how your spirituality can affect your life. Worship is every Sunday at 10am. Live

streaming available on Facebook page. We also have a **Bible study series**  on Tuesdays at 2pm. Holy Communion 1st Sunday of the Month Hot meals, groceries & clothing provided on a take out basis by Welcome Friends on Wednesday 5:00-6:00pm and Fridays 3:30-5:00 pm Call the church office or visit our website for current activities and events. NYS Certified Non Denominational Preschool and Daycare The purpose of First Presbyterian Church of Port Jefferson is, with God's help, to share the joy & good news of Jesus Christ with the congregation,

good news of Jesus Christ with the congregation, visitors and the community at large; to provide comfort to those in need and hope to those in despair; and to seek justice for all God's people.

#### SETAUKET PRESBYTERIAN CHURCH

5 Caroline Avenue, On the Village Green 631-941-4271 THE REV. DR. JOHANNA MCCUNE WAGNER Worship with us Sundays at 9:30AM Church School Sundays at 9:30am Contemporary Service Sundays at 11am Weekly programs & activities Visit www.setauketpresbyterian.org Like our Facebook Page Setauket Presbyterian Church, est 1660 Follow our Instagram - setauketpres Home to the beloved Setauket Presbyterian Preschool https://www.setauketpreschool.org/ Partner of the Open Door Exchange https://www.opendoorexchange.org/

## Quaker

CONSCIENCE BAY MEETING Religious Society of Friends 4 Friends Way, St. James 11780 631-928-2768 www.consciencebayquakers.org We gather in silent worship seeking God, the Inner Light/Spirit. We're guided by the Quaker testimonies of simplicity, peace, integrity, community, equality and stewardship. In-person worship blended with virtual worship.

## **Unitarian Universalist**

UNITARIAN UNIVERSALIST FELLOWSHIP AT STONY BROOK 380 Nicolls Road, East Setauket 631-751-0297-uufsb.org office@uufsb.or A spiritual home for individuals, couples, and families of diverse religious and social backgrounds. A place to nurture your spirit and help heal our world. Sunday Service: 10:30 a.m. Or visit uufsb.org to join us via live stream on Sunday mornings.



Week of July 14th - July 19th Week of August 11th - August 16th

## Week Long Art Camp for Kids 6-12

10am - 12pm | Monday Through Friday Week of July 21st - July 25th Week of August 11th - August 15th

> Learn more & Register Today! 631-250-9009 | www.atelierflowerfjeld.org



## PROGRAMS First Steps Into Nature

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown presents First Steps Into Nature for children ages 2 to 4 on May 9 at 9:30 a.m. Little ones will learn about nature through hands on interaction, music, crafts, stories, play and more. \$20 per child per class. To register, visit www.sweetbriarnc. org. 631-979-6344

## **Art Explorers Club**

Heckscher Museum, 2 Prime Ave. Huntington continues its Art Explorers Club on May 10 with *Blooming with Love* from 9:30 a.m. to 10:30 a.m. in Spanish and 11 a.m. to noon in English. Children ages 5 to 10 are invited to join bilingual Museum Educator Kim Zambrano in exploring the art of printmaking to create a colorful flower-filled memory garden. This project will be inspired by Heckscher Park. \$5 per family, free for members. To register, visit www.heckscher.org.

## **Baby Animal Day**

Suffolk County Farm, 350 Yaphank Road, Yaphank will host a Baby Animal Day on May 10 from 10 a.m. to 3 p.m. Bring your family and friends to enjoy a day on the farm with baby animals, wagon rides, food trucks, games, and more! \$15 per person ages 3+ in advance includes unlimited wagon rides, baby animal visits, live music, touch-a-truck, pony rides, face painting, vendor fair and more. \$20 at the gate. To pay in advance, visit ccesuffolk.org. 631-852-4600

## **Mother's Day Painting Workshop**

The Atelier at Flowerfield, 2 Flowerfield, Suite 6 & 9, St. James presents an in-studio, one day kids workshop on May 10 from 10 a.m. to noon. Children ages 6 to 12 will learn how to paint a beautiful orchid painting for Mom just in time for Mother's Day with step-by-step instruction by Miss Linda. Fee is \$55 per child and includes an 11" by 14" canvas and all art supplies. To register, visit theatelieratflowerfield.org. 631-250-9009.

## Second Saturdays in the Studio

The Long Island Museum, 1200 Route 25A, Stony Brook continues its Second Saturdays in the Studio series on May 10 from 1 p.m. to 4 p.m. Families are welcome to join educators in the LIM studio and participate in a hands-on activity or art project inspired by exhibitions on view. Included with museum admission. All supplies provided. Children under 16 must have an adult with them. No registration necessary. 631-751-0066



Head to the Suffolk County Farm for Baby Animal Day on May 10. Photo from Suffolk County Farm

## Fairy Garden Workshop

Benner's Farm, 56 Gnarled Hollow Road, Setauket presents a Fairy Garden workshop for ages 4 to 10 on May 10 from 10 a.m. to noon. Take a tour around the farm to find all the natural materials — plants, flowers, dirt, stones, moss and more — to build your own fairy garden! \$40 per child. To register, call 631-689-8172.

## Story & Craft with Nana Carol

The Next Chapter bookstore, 204 New York Ave., Huntington hosts a Story and Craft event with Nana Carol on May 12 at 10:30 a.m. Free. No registration required. Appropriate for ages 0-4. 631-482-5008

## **Flower Power**

Nissequogue River State Park, 799 St. Johnland Road, Kings Park presents a Tiny Tots class, Flower Power, on May 15 from 10:30 a.m. to 11:30 a.m. Children ages 3 to 5 with a parent/caregiver will enjoy short walks, stories, dances, animal visitors, and crafts. \$4 per child. Reservations taken on eventbrite.com.

## THEATER

## 'The Adventures of Peter Rabbit'

Theatre Three, 412 Main St., Port Jefferson celebrates Spring with the return of *The Adventures of Peter Rabbit* from April 16 to May 10 at 11 a.m. With the help of his sisters—Flopsy, Mopsy, and Cotton-Tail— and his cousin, Benjamin Bunny, Peter Rabbit learns the power of sharing and caring in this adorable musical. All seats are \$12. To order, call 631-928-9100 or visit www.theatrethree.com.

## 'Snow White & the Seven Dwarfs'

Join Theatre Three, 412 Main St., Port Jefferson for a hysterical musical retelling of the wonderful story, Snow White & the Seven Dwarfs from May 31 to June 21 with a sensory friendly performance on June 1. Come on down for this daffy tale with a Queen, a Witch, a Princess with skin as white as snow, and seven crazy dwarfs that are guaranteed to keep you laughing from start to finish. Tickets are \$12. To order, call 631-928-9100 or visit www.theatrethree.com.

## Emma Clark in Setauket officially a Family Place Library

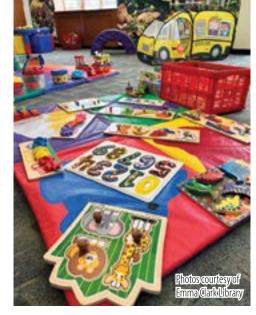
Emma S. Clark Memorial Library in Setauket has announced that it has been formally approved as part of The Family Place Libraries<sup>™</sup> national network, which emphasizes play-based learning as an essential tool to early childhood development, particularly for those families with young children ages one to three years old.

The Children's Department at Emma Clark began the process to become certified as a Family Place Library in late 2024, which included extended training for librarians beyond their library schooling. These workshops were taught by child development experts and Family Place Trainers and served as a good refresher regarding building prereading skills and helped to spark new ideas for learning through play. The training also focused on supporting parents and caregivers by connecting them with resources and professionals, as well as providing engaging programming opportunities.

"I am excited to be a part of the Family Place initiative which provides a framework for expanding my role as a librarian in connecting with young children, parents and caregivers and facilitating the support they need," said Marcela Lenihan, one of the children's librarians who attended the training.



Although Emma Clark already had many of the initiatives in place such as board and picture books, puzzles, a train table, and a coloring spot, in the past year they added more imaginative toys to the Children's Library, such as dramatic play items (kitchen, market, dress-up clothes, etc.). Looking ahead, Brian Debus, the Head Children's Librarian,



is hoping to add more toys geared towards infants, as well as more comfortable seating for parents, grandparents, and caregivers.

"By joining this initiative, we're investing in early learning, parent engagement, and community connection, ensuring every child and family gets the best possible start in life," said Debus. Furthermore, the children's librarians are working to fine-tune the already wellestablished Parent/Toddler Workshop by including community resource professionals at the program on a regular basis. This weekly workshop for children ages 18 months to 3.5 years old and their caregivers has always focused on open play, sharing, and connections with other parents and caregivers.

It will now include specialists — such as pediatric nutritionists, speech pathologists, social workers, and child development experts — so that parents and caregivers may speak one-on-one with professionals and ask questions in a comfortable, informal setting. This program not only aids in the child's development, but it helps parents and caregivers to feel less isolated and gives them an increased sense of community belonging.

The librarians also plan on offering more handouts from reputable organizations on parenting and childhood development, making the information easily accessible to patrons.

The Family Place Libraries<sup>™</sup> model is now in over 500 libraries in 32 states serving thousands of young children and their parents/caregivers.



## Love Our 2025 Grads! Let's Celebrate and Support Our Grads with a Grand TBR News Media Community Celebration!

### Lots of ways to celebrate

I Publish your high school grad's favorite photo, a fun candid picture or their senior picture – your choice! Scan the QR code & upload your grad's photo at tbrnewsmedia.com/grad-submissions by 5 pm Friday, June 6. Include their name and school name and we will publish the photos for FREE in our Award Winning Graduate Issue on July 3.\* \*PLEASE NOTE: Only submissions with required info will be published

• Want to honor your graduate with a special commemorative message printed in the issue and online? Call our office at **631-751-7744** for rates and details.





269850



# Celebrating Nurses Week



## To our incredible nurses — thank you.

At Stony Brook Medicine, we are endlessly grateful for the dedication, skill and compassion you bring to every patient encounter. Your care goes beyond medicine — it brings comfort, courage and connection.

You are the steady hands and healing presence behind every moment of exceptional care.

Join our team — visit stonybrookmedicine.edu/careers.



an