

ARTS & LIFESTYLES

TIMES BEACON RECORD NEWS MEDIA

MAY 16, 2024

SETAUKET SCHOOL

EXCELSIOR

SPOTLIGHT ON SETAUKET Local author's latest children's book brings history to life

See review on page B20

*Author Sarah Beth Durst
with a copy of 'Spy Ring'*

Photo by Heidi Sutton

ALSO: Calendar of Events B15 • SBU Sports B17 • Review of 'Owls Can't Sing' B23

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A graduation message

PLAIN TALK

It's hard to believe that we are in the midst of another college graduation season. As an educator, I have valued my time teaching college and graduate students.



BY FATHER FRANCIS PIZZARELLI

Since the pandemic, educating college students has changed radically. Their academic skills could be stronger, as well as their critical thinking and analytical writing skills. However, I have still found them open to new ideas and broader perspectives on their view of the world. Like many of my colleagues, I am concerned about their tendency towards isolation and their disconnectedness from their peers.

This graduation season has been challenging with the college student protests around the country. Unfortunately, these protests have further polarized our nation.

The right to protest is every American's right, whether we support the issue or not. What is important for those who protest to know and practice is peace and nonviolence at all costs. Hateful speech is not nonviolent; provocative speech often spurs on violence. In my Social Science classes and Graduate School classes we discussed the war in the Middle East and the senseless loss of innocent life, among the Israelis and the Palestinians. War never resolves conflict; it only perpetuates more violence and hate.

Teaching Social Science and Graduate School Social Work provided a forum at the end of the semester to begin this important conversation. As always, I urged my students to be sociologically mindful and when it comes to this very sensitive issue to respond, not to react.

Graduates, as you continue your journey, do not let the social filters of our time enable bigotry, exclusivity and social injustice. Always speak up and work for human



METRO photo

rights. Try to realize that being human and sensitive to others is more important than any successful academic record. Try showing compassion and understanding rooted in justice.

May a kind word, a reassuring touch and a warm smile be yours every day of your life. Remember the sunshine when the storm seems unending. Teach love to those who only know hate. And let that love embrace you as you continue in the world.

Don't be blinded by those who tend to use shame, blame, guilt and religion to shackle people down and divide them. Set people free with your respect and non-judgmental way.

May your moral compass be grounded in respect for all human beings no matter what their color, their race, their creed or sexual orientation. May this compass guide you on a path that is committed to working for peace and social justice. As Gandhi once said, "be the change you hope for the world."

Congratulations college graduates of 2024. Thank you for making the world a little richer, a little brighter, and a little bit more hopeful.

Father Francis Pizzarelli, SMM, LCSW-R, ACSW, DCSW, is the director of Hope House Ministries in Port Jefferson.

In this edition:

Book Reviews	B20, 23	News Around Town.....	B7
Business News	B11	Plain Talk	B3
Calendar	B15	Power of 3	B5
Community News	B21	Religious Directory	B18
Crossword/Sudoku Puzzle	B8	Shelter Pet of the Week	B12
Horoscopes	B20	SBU Sports	B17
Kids Korner.....	B22	Traffic Court Forum.....	B10
Let's Eat	B14	Vendors Wanted.....	B7

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SBU School of Medicine celebrates
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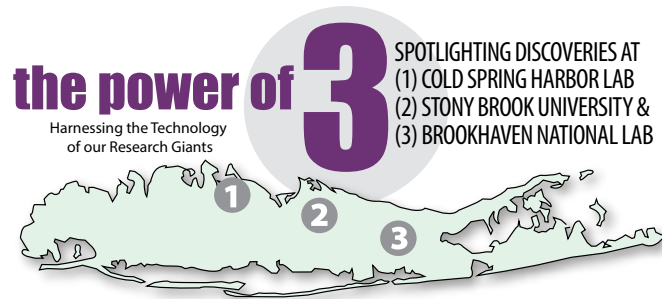
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CSHL's Camila dos Santos finds link in animal models between UTI and changes in breast tissue



BY DANIEL DUNAIEF

People often think of and study systems or organs in the body as discrete units.

KNOWLEDGE SEEKERS In a healthy human body, however, these organs and systems work together, sometimes producing signals that affect other areas.

Recently, Cold Spring Harbor Laboratory Associate Professor Camila dos Santos and graduate students Samantha Henry and Steven Lewis, along with former postdoctoral researcher Samantha Cyrill, published a study in the journal *Nature Communications* that showed a link in a mouse model between persistent bacterial urinary tract infections and changes in breast tissue.

The study provides information about how a response in one area of the body could affect another far from an infection and could provide women with the kind of information that could inform the way they monitor their health.

To be sure, dos Santos and her graduate students didn't study the processes in humans, which could be different than they are in mice.

Indeed, they are in the process of establishing clinical studies to check if UTIs in women drive breast alterations.

The body's response

In this research, the scientists demonstrated that an unresolved urinary tract infection itself wasn't causing changes in breast tissue, but that the body's reaction to the presence of the bacteria triggered these changes.

'I always think it is worth knowing how different events may impact your body.' —SAMANTHA HENRY

By treating the urinary tract infections, Henry and Lewis showed that breast cells returned to their normal state.

Further, when they didn't treat the UTI but blocked the molecule TIMP1, which causes collagen deposits and milk duct enlargements, the breast cells returned to their normal state.

The TIMP1 role is "probably the main eureka moment," said Lewis, who is an MD/ PhD student at Stony Brook University. "It explains how an infection in the bladder can change a faraway tissue."

Lewis suggested that collagen, among other factors, changes the density of breast tissue. When women get a mammography, doctors are looking for changes in the density of their breasts.

Taking a step back from the link, these graduate students and dos Santos considered whether changes in the breast tissue during an infection could provide an evolutionary benefit.

"From an evolutionary standpoint, there should be some adaptive advantage," suggested Henry, who is earning her PhD in genetics at Stony Brook University and will defend her thesis in July. Speculating on what this might be, she suggested the mammary gland might change in response to an infection to protect milk production during lactation, enabling a mother to feed her young.



Camila dos Santos Photo courtesy of CSHL

Epidemiological studies

A link between persistent UTIs and breast cancer could show up in epidemiological studies.

Dos Santos and collaborators are exploring such questions in the context of European data and are working with US collaborators to collect this information.

In addition, dos Santos believes women should consider how other ongoing threats to their overall health impact their bodies. Women with clinical depression, for example, have worse prognoses in terms of disease. Humans have health threats beyond UTIs that could predispose them to developing cancer, dos Santos said.

Division of labor

Henry and Lewis took over a study that Samantha Cyrill, the third co-first author on the paper started. When Cyrill finished her postdoctoral work, Henry and Lewis "put on their capes and said, 'We are going to take this to the end line.' They are incredible people," said dos Santos.

They each contributed to the considerable work involved.

Henry primarily analyzed the single cell RNA sequencing data, specifically identifying changes in the epithelial compartment. Gina Jones, a visiting CSHL

undergraduate research program student, and Lewis also contributed to this.

Henry also participated in TIMP1 neutralizing antibody treatment in post-lactation involution mice, contributing to tissue collection and staining.

Working with Cyrill and Henry, Lewis contributed to the mouse work, including experiments like neutralizing TIMP1 and CSF3. Lewis also worked with Cyrill on the UTI infections in the animals and with Henry in processing tissues for single cell RNA sequencing and assisted Henry on the sequencing analysis.

While this result is compelling and offers an opportunity to study how an infection in an area of the body can trigger changes in another, dos Santos recognized the inherent risk in a new project and direction that could have either been disconnected or a been a dead end.

"It was an incredible risk," said dos Santos. She was rejected from at least four different funding opportunities because the research is "so out there," she said. She tapped into foundations and to CSHL for support.

Back stories

A resident of Brooklyn, Lewis was born in Queens and raised

in Scarsdale. He joined the dos Santos lab in March of 2021. One of the appeals of the dos Santos lab was that he wanted to understand how life history events drive disease, especially breast cancer.

A big Mets fan, Lewis, whose current favorite payer is Pete Alonso, is planning to run his third marathon this fall.

Lewis is dating Sofia Manfredi, who writes for *Last Week Tonight* with John Oliver and accepted an Emmy award on behalf of the staff.

Lewis considers himself Manfredi's "biggest cheerleader," while he appreciates how well she listens to him and asks important questions about his work.

As for Henry, she grew up in Greenport. She joined the lab in May of 2020 and is planning to defend her thesis in July.

Her father Joseph Henry owns JR Home Improvements and her mother Christine Thompson worked as a waitress and a bartender in various restaurants.

Henry is married to Owen Roberts, who is a civil engineer and works in the Empire State Building for HNTB as a civil engineer, where he focuses on traffic.

Henry hopes to live in Boston after she graduates. She's adopted the rooting interests of her husband, who is a fan of Beantown teams, and will support the Bruins and the Celtics. A lifelong Yankees fan, however, Henry, who watched the Bronx Bombers with her father growing up, draws the line at supporting the "Sawx."

As for the work, Henry and Lewis are excited to see what the lab discovers in the next steps.

"I do think this work is extremely informative, defining a relationship between an infection, UTI, and the mammary gland that has not previously been appreciated," Henry explained.

"This provides information to the public," said Henry. "I always think it is worth knowing how different events may impact your body."

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Female, age 69

Autoimmune- Rheumatoid Arthritis

I am doing really well with my rheumatoid arthritis. The swelling is down and the pain is diminished. Going to the gym used to be a trigger that made the rheumatoid arthritis worse, but no longer since I've been on a plant-based diet. I had smoothie hesitancy at first, and now I love the smoothies.

Female, age 50

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Photo courtesy of ELIJA

ELIJA holds ribbon cutting for new farm marketplace in South Huntington

ELIJA (Empowering Long Island's Journey through Autism) officially opened its marketplace at ELIJA Farm on April 25, paving the way to employment and a pathway to adulthood for individuals with autism.

The marketplace will be staffed by individuals with autism, that ELIJA hires from funds raised during its Pave the Way to Employment campaign. This exciting new venture will increase and enrich vocational training beyond current farming operations. Employees will learn how to prepare and store food, develop customer service and learn other skills that will get them ready for future work opportunities and assist them with living independently.

ELIJA Founder and CEO Deb Thivierge led the ribbon cutting, and was joined by ELIJA Board President Joann Scanlon, Suffolk County Executive Ed Romaine,

Sheriff Dr. Errol D. Toulon, Jr., New York State Senator Mario Mattera and Assemblyman Steve Stern, Suffolk County Legislators Steve Flotteron, Rebecca Sanin and Tom Donnelly, Huntington Town Clerk Andrew Raia, Highway Superintendent Andre Sorrentino, Huntington Deputy Town Supervisor John McCarron, and Kelly Smith on behalf of the Huntington Township Chamber of Commerce. Also in attendance were representatives from the offices of District Attorney Ray Tierney, Congressmen Nick LaLota and Andrew Garbarino, and Huntington Councilwoman Theresa Mari.

A press conference to recognize and celebrate April as Autism Acceptance, Awareness and Action month, immediately followed, with remarks delivered from Thivierge and her son Jason, a 25-year old

with autism that inspired ELIJA, County Executive Romaine, Sheriff Toulon and Legislator Donnelly.

In addition to creating meaningful employment opportunities, ELIJA prides itself on supporting individuals with autism throughout their lifespan and educating persons responsible for their care.

"We are chipping away at the estimated 80% unemployment rate amongst individuals with autism, one person at a time," said Debora Thivierge, Founder and CEO of ELIJA. "We all play a vital role throughout their lifespan, helping them to develop skills and preparing them for adulthood, so they can live independently."

ELIJA Farm is located at 43 Foxhurst Road in South Huntington. For more information, call 631-423-2379 or visit www.elijafarm.org.

Vendors Wanted

◆ **Sweetbriar Nature Center**, 62 Eckernkamp Drive, Smithtown seeks all vendors of handmade and nature-based items, plus nonprofits, for its Butterfly and Bird Festival on June 8 from 10 a.m. to 4 p.m. Fee is \$75 for a 10' x 10' space. For an application visit www.sweetbriarnc.org.

◆ **Long Island Game Farm**, 489 Chapman Blvd., Manorville seeks food and flea

market vendors for its Wild Treasures Market on June 9, July 14, Aug. 11, Sept. 8 and Oct. 13 from 8 a.m. to 4 p.m. Visit www.wildlifesustainability.org/market for more information.

◆ **Northport Arts Coalition** invites artists to apply for its annual Art in the Park festival at Northport Village Park on Aug. 18 from 10 a.m. to 5 p.m. Fee for a 10'x10' space is \$100/\$80 for NAC members. Space is limited to only 39 vendors. Applications

are available at www.northportarts.org and are due by June 30.

◆ **East Northport Chamber of Commerce** has a call out for vendors for its annual craft show at the East Northport Festival on Sept. 7 from 11 a.m. to 7 p.m. and Sept. 8 from 11 a.m. to 6 p.m. Visit www.eastnorthport.com for more information and an application.

Send your Vendors Wanted listings to leisure@tbrnewspapers.com

NEWS AROUND TOWN

Walk with a Doc

The Long Island Health Collaborative hosts a Walk with a Doc event at Harborfront Park, 101-A E. Broadway, Port Jefferson on Saturday, May 18 at 10 a.m. The event aims to tackle chronic disease where Dr. Shamim Khan, interventional cardiologist at Catholic Health, will briefly speak about how attendees can prevent or better manage chronic conditions in their own lives through simple lifestyle choices like a balanced diet and regular physical activity before leading attendees on a walk where they can ask the doc questions and keep the conversation going. Free but walkers must register in advance at www.eventbrite.com. For questions, call 631-963-4167.

Mammos and Mocktails

Pure Mammography, 570 Smith Haven Mall, Lake Grove in conjunction with Brookhaven Women's and Youth Services, Inc. and Brookhaven Women's Advisory Board, will host a Mammos and Mocktails event on Wednesday, May 22 from 5:30 to 7:30 p.m. Enjoy complimentary mocktails and snacks, along with raffles while learning about the latest updates in women's health. To reserve your spot, visit www.eventbrite.com.

Write This Way Workshop

Comsewogue Public Library, 170 Terryville Road, Port Jefferson Station invites the community to join them for inspiring 'Story Sparks' writing prompts, group discussion, and feedback to guide you as a writer at a workshop on Friday, May 17 from 2 to 4 p.m. Bring a notebook and pen. Open to all. Call 631-928-1212 or visit www.cplib.org to register.

Board 'Walk' YourWay to Wellness

Health professionals from St. Catherine of Siena Hospital will be available at Sunken Meadow State Park's boardwalk in Kings Park on Tuesdays, May 21 and 28 from 5 to 7 p.m. to discuss heart health, healthy eating, weight management, breast health, stroke prevention, skin cancer and Lyme disease prevention tips. Free blood pressure screenings and free giveaways. To learn more, call 631-870-3444.

Hearing Loss Seminar

Save the date! Rose Caracappa Senior Center, 739 Route 25A, Mt. Sinai will present an educational seminar on hearing loss treatment on Friday, May 24 at 1 p.m. Audiologist Kimberly R. Visnefsky will discuss the different types of treatments available for those dealing with various type of hearing loss. Free. To register, call 631-451-5312.

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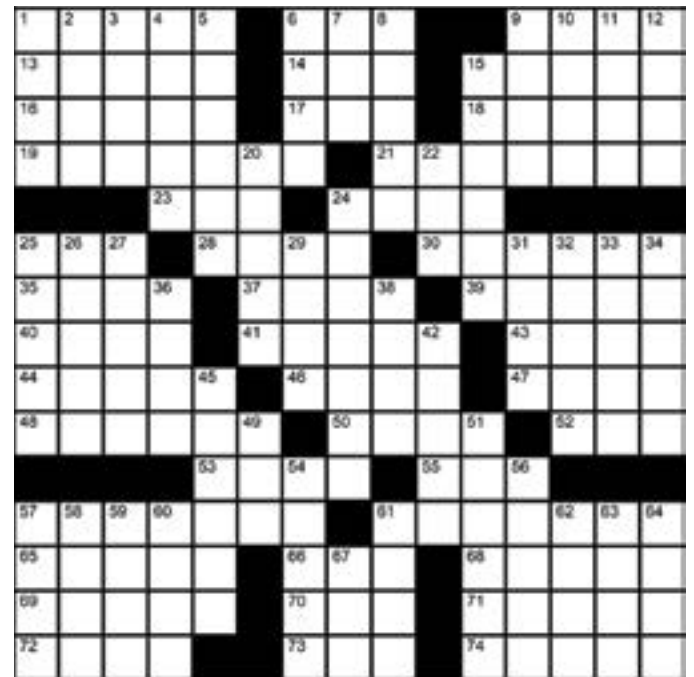
CROSSWORD PUZZLE



Graduation

CLUES ACROSS

1. Accumulate
6. Popular pickup
9. Johnny Depp's 2001 biopic
13. Jousting pole
14. Mozart's "L____ del Cairo"
15. Figure of speech
16. Oak nut
17. Be off base
18. Less typical
19. *Graduating class
21. *S in BS
23. *Graduating NCAA player's goal?
24. FedEx, verb
25. "I Want My _____," television channel
28. Daytime drama
30. Online business
35. Fleur-de-lis
37. Dart
39. Planktonic tunicate
40. Not naughty
41. Break of day
43. Last row
44. Verdi's opus
46. Lion's do
47. D.E.A. agent
48. Sell again
50. Penny
52. To the _____ degree
53. Prep for certain potatoes
55. Metered ride
57. *Final reward
61. *Academic _____, a.k.a. Cap and Gown
65. Gibson garnish
66. Rocks, to a bartender
68. Angry
69. Lieu
70. Not solid or liquid
71. Post-it user
72. Of two minds
73. Bldg unit
74. Opposite of friend



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CLUES DOWN

1. "Oh, woe!"
2. Riot spray
3. At another time, archaic
4. Substitute for tender
5. Misters in Spain
6. Fish eggs, pl.
7. Acronym, abbr.
8. Wet land
9. Highlands hillside
10. Forsaken
11. Oil org.
12. "The Way We _____"
15. *Finals at Cambridge University
20. Building toppers
22. El _____, Spain's national hero
24. Popeye's fuel
25. *Major's partner
26. Beef _____, dim sum choice
27. Moral weaknesses
29. *Grad
31. Mountain lake
32. As a whistle?
33. 1960s abstractionism
34. *"Pomp and Circumstance," e.g.
36. Dried up
38. Adjust the pitch, with "up"
42. Previous VP
45. Marcona nut
49. Skedaddle
51. Moroccan spiced stew
54. Eurasian antelope
56. Sacha Cohen's middle name
57. Olden days "do", second person singular
58. Sean Penn's movie "_____ the Wild"
59. Embarkation location
60. *Student aid
61. Catch one's breath
62. Not on time
63. One on a list
64. Bald eagle's nest
67. *Graduation garb topper

* THEME RELATED CLUE

SUDOKU PUZZLE



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Directions: Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Answers
to last week's
SUDOKU

9	6	5	1	2	7	4	3	8
4	2	1	3	5	8	6	9	7
8	3	7	4	6	9	5	1	2
3	5	4	8	9	2	1	7	6
2	1	6	7	3	4	9	8	5
7	8	9	6	1	5	2	4	3
6	7	8	2	4	1	3	5	9
1	9	3	5	7	6	8	2	4
5	4	2	9	8	3	7	6	1

Answers to last week's puzzle: Things with Wings



Answers to this week's puzzles will appear in next week's newspaper.

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NYS Traffic Point System: A detailed legal overview

TRAFFIC COURT FORUM

Earlier in our series with respect to traffic infractions, we discussed proposed legislation that would increase the number of points associated with dangerous driving.

These provisions would add point penalties to violations that presently have none. In this article, we will explore the existing Driver Violation Point System and provide readers with a quick reference guide illustrating the number of points associated with speeding violations in New York State. Understanding this system will empower you to make informed decisions about your driving habits and potential consequences.

It is crucial to remember that if you accumulate 11 points on your driver's license within 18 months, your driver's license will be suspended. This is a significant consequence that can obviously disrupt your daily life. Exceptions to this point are rare. Nonetheless, you should consult an experienced attorney if you find yourself in this situation. Additionally,



BY SHANNON L. MALONE, ESQ.

you must pay a Driver Responsibility fee if you accumulate six or more points on your driving record within 18 months.

Once 18 months have passed from the violation date, the points for that violation no longer count toward your total. However, the points do remain on your overall driving record, and your insurance company may use these points to increase your premium.

How Your Point Total is Calculated

Points are added to your driving record based on the date of the traffic violation, not the conviction. The point total is calculated by adding the points for violations occurring within the last 18 months.

Out-of-State Convictions

Suppose you are convicted of a traffic violation in another state, like Connecticut, New Jersey, or Florida. In that case, points are not added to your New York State driving record. Interestingly, however, if the violation occurred in Canada, specifically in Ontario or Quebec points are added because New York State has a reciprocal agreement with these provinces.

Insurance Premiums

Insurance companies have their own point systems and can increase premiums based on your driving records. Insurance companies almost invariably increase your premium if

you are convicted of a moving violation such as speeding. Other moving violations that may affect your insurance premium are passing a stop sign, running a red light, and failing to yield the right of way. For these reasons, it is always a good idea to consult a lawyer when you receive a summons for a moving violation, particularly a speeding ticket.

Check Your Points

New York State DMV's "MyDMV" service allows users to check their points on their New York State driver's license. Taking a DMV-approved Point and Insurance Reduction Program (PIRP) course (usually online) will help prevent you from losing your license if you accrue 11 or more points on your driving record. Four points are 'subtracted' to calculate a suspension if you have 11 or more points. The tickets/points do not physically come off your driving record, but this system can potentially save you 10 percent on your automobile liability and collision insurance premiums. This offers a glimmer of hope and control in managing your points and insurance premiums.

Shannon L. Malone, Esq. is an Associate Attorney at Glynn Mercep Purcell and Morrison LLP in Setauket. She graduated from Touro Law, where she wrote and served as an editor of the Touro Law Review. Ms. Malone is a proud Stony Brook University alumna.

Quick Reference Guide - Speeding Violations

MPH above posted speed limit	POINTS ON DRIVER'S LICENSE
1 to 10 MPH	3 Points
11 to 20 MPH	4 Points
21 to 30 MPH	6 Points
31 to 40 MPH	8 Points
Over 40 MPH	11 Points

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BUSINESS NEWS

Paws in Puddles in Coram celebrates grand opening with ribbon cutting

On May 3, Brookhaven Town Councilwoman Jane Bonner (holding scissors) joined in celebrating the grand opening of Paws in Puddles, a small, family owned and operated self-service dog wash and grooming salon located at 1844E Route 112 in Coram with a ribbon cutting.

The new business, owned and operated

by Eduardo Fernandez (center left) and his wife, Christine Fernandez (center right), is equipped with multiple tubs for self-service dog washing, or you can entrust your pet with the "Paws in Puddles" staff to wash for you. If you are interested in their staff grooming services, bring in your dog ahead of time for a fair and accurate quote in person.

For more information, please call 631-846-6096 or visit their website at www.PawsInPuddles.com.

Front row, pictured left to right are Brett Davenport (Senior VP at Island Federal Bank); Joan Nickeson (Port Jefferson Station (PJST) Chamber of Commerce Community Liaison); Kayla Fernandez,

Eduardo Fernandez, Councilwoman Jane Bonner, Jennifer Dzvonar, president of PJST Chamber of Commerce; Eduardo Fernandez (owner), Christine Fernandez (owner), Cheryl Goodall (groomer), Jennifer Sanchez (groomer), Tabatha Fajardo (Town Legislative Aide), Stephanie Quiroga (PNC), Paul Perrone (VP of PJST Chamber).



Daniel R. Liff, Managing Director, Financial Advisor at Morgan Stanley's Wealth Management office in Hauppauge has been named to Forbes Magazine's 2024 list of Best-in-State Wealth Advisors.



Board-certified Urologist **Dr. John Fitzgerald** has joined the New York Health (NYHealth) Urology team. He will practice in Port Jefferson Station (5316 Nesconset Highway), Riverhead, North Massapequa and Bethpage.



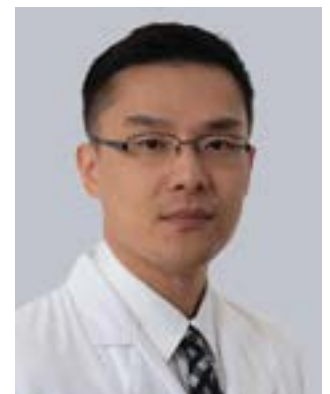
Carol A. Carter, PhD, SUNY Distinguished Professor in the Department of Microbiology and Immunology at the SBU Renaissance School of Medicine, was elected as a member to the U.S. National Academy of Sciences (NAS).



Caitlyn Shea has been selected as the new Executive Director of the Walt Whitman Birthplace Association in Huntington Station. Shea formerly served as Executive Director of the Northport Historical Society.



Kevin H. Gardner, PhD, has been appointed Vice President for Research at Stony Brook University starting Aug. 1. He formerly served as Executive VP for Research and Innovation at the University of Louisville.



Dr. Allan Zhang has joined New York Health (NY Health). An Interventional Pain Specialist on spine-related diseases and pain, Dr. Zhang will practice at 5316 Nesconset Hwy, Port Jefferson Station.



Honoring Our Beloved Pets: Memorial Tribute Page

Celebrate the memories of your furry, finned, feathered and scaly companions who have crossed the Rainbow Bridge.

TBR News Media invites you to contribute to our Pet Memorial page, a tribute to the pets who have left paw prints on our hearts.

Your tributes will appear on a dedicated page published quarterly, creating a space to remember and celebrate the lives of our beloved pets.

How to Participate:

Share a snapshot that captures the essence of your cherished pet.

Craft a brief memorial message up to 50 words, expressing the love and joy your pet brought into your life. Feel free to share a funny anecdote or a special moment. Include your pet's year born or adopted and year passed.

Email your submissions to
**petmemorials@
tbrnewsmedia.com**



FOR DETAILS CALL
631.751.7744

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MEET BUNNIE XO!

This week's featured shelter pet is **Bunnie XO**, a 5-year-old bully/mastiff mix who was abandoned in a park with her (presumed) boyfriend, Jelly Roll, but is now safe at the Smithtown Animal Shelter.

SHELTER PET OF THE WEEK

Bunnie XO warms up quickly to all new people, gently nudges for attention and treats and loves to play. This sweet lady was obviously used for breeding and discarded. While she and Jelly enjoy seeing each other, they are not bonded and she would love to be in a home that will dote on her and show her affection all day long.

The shelter staff is still learning about her as she settles in and reveals her true personality but they assume she will accept calmer dogs (Jelly is very laid back). If you are interested in meeting Bunnie XO, please call ahead to schedule an hour to properly interact with her in a domestic setting.

The Town of Smithtown Animal & Adoption Shelter is located at 410 Middle Country Road, Smithtown. Visitor hours



Photo courtesy of Smithtown Animal Shelter

are Monday to Saturday from 10 a.m. to 3 p.m. (Sundays and Wednesday evenings by appointment only). For more information, call 631-360-7575 or visit www.townofsmithtownanimalshelter.com.

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COMMUNITY PARTNERS



The Ward Melville Heritage Organization's (WMHO) *Summer Soirée*



Thursday, June 27th 2024
at the historic Three Village Inn

Barbara Damianos and the Damianos Family

A beacon of family values, community spirit, and philanthropy, Barbara's journey is one of compassion and commitment. Settling in Stony Brook in 1966, Barbara and her late husband, Dr. Herodotus "Dan" Damianos, raised their five children across the street from T. Bayles Minuse Mill Pond Park.

The highlight of Barbara Damianos's professional life was the establishment of her family's wineries, including Pindar Vineyards. Inspired by Dr. Damianos's dream, they began cultivating grapes in Peconic in 1970, eventually bottling their first wine in 1982.

Today, the family collectively runs its three Vineyards: Pindar Vineyards, Duck Walk Vineyards, and Jason's Vineyard. Barbara Damianos holds strong faith, attributing her family's successes to God's guidance.



Charlie Lefkowitz

Mr. Lefkowitz is a 1980 graduate of Ward Melville High School, who began his career as a dishwasher and baker at Stony Brook's Three Village Inn. Today, he is the president of CALCO Development and Realty Three, leading a total of five real estate companies. He is also Chairman of the Board of Suffolk County Water Authority.

Despite this hectic work life, he remains very involved in community endeavors. An avid participant in many organizations, Mr. Lefkowitz is currently the president of the Three Village Chamber of Commerce and a trustee member of SUNY Delhi Foundation Board. His philanthropic contributions also span a wide range of causes.

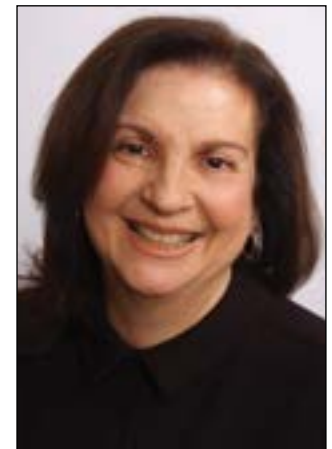
Charlie resides in Setauket with his family and is a long-time supporter of John T. Mather Memorial Hospital and Syracuse University.



Michele Miller

A committed educator and a consummate collaborator, Michele Miller has been integral to the success of the Ward Melville Heritage Organization's (WMHO) Youth Corps. Now celebrating its 25th anniversary, the Corps would not have become a hub for civic-minded teenagers if not for her efforts and dedication to its mission. Her daughter Leslie, an attorney who worked for the Bloomberg Administration, was one of its first members.

In her role as teaching consultant to the WMHO'S Education Department, Michele Miller acts as advisor and consultant for programs such as Long Island Sound Connections; Running Scared, Running Free; and, Medicine: Past, Present, Future. This June, she will retire from the Middle Country Central School District where, as a tenured teacher, she has taught for the past 26 years. Outside the classroom, she channels her creativity into playwriting and memoirs.



The soirée will raise funds to support...
**The on-going restoration of the
Stony Brook Grist Mill (c.1751),
the education programs and invasive species
projects sponsored by WMHO.**

**For sponsorships and tickets please visit wmho.org or call 631-751-2244.
Your donation is tax-deductible to the full extent allowed by the law.**

Give spring salads a fresh spin with chickpeas

BY HEIDI SUTTON

With spring and warmer weather comes salad season, offering a perfect canvas for creating refreshing meals centered around tasty greens, juicy tomatoes and chickpeas. A rich source of vitamins, minerals, and fiber, chickpeas are high in protein and makes an excellent replacement for meat in many vegetarian and vegan dishes. Give your salads an update and create tasty meals fit for the season like this Chimichurri Chickpea Salad and Mediterranean Orzo Salad, courtesy of Culinary.net.

LET'S EAT

Chimichurri Chickpea Salad

YIELD: Makes 4 servings

INGREDIENTS:

- 1 cup fresh cilantro
- 2/3 cup fresh parsley
- 2 tablespoons dried oregano
- 2 garlic cloves, minced
- 1/4 cup red wine vinegar
- 2/3 cup olive oil
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 can (14 1/2 ounces) chickpeas, drained
- 1 bag baby kale mix
- 1 cup cherry tomatoes, diced
- 1 medium avocado, diced
- 4 tablespoons Avocado Ranch Dressing

DIRECTIONS:

In food processor, combine cilantro, parsley, oregano, garlic, red wine vinegar, olive oil, salt and pepper. Pulse until sauce is smooth.

Place chimichurri sauce in small bowl with chickpeas; toss to coat. Cover and refrigerate overnight, if possible.

Divide kale, tomatoes and avocado between four bowls. Top each bowl evenly with marinated chickpeas. Drizzle with avocado ranch dressing and serve.

Mediterranean Orzo Salad

YIELD: Makes 4 servings

INGREDIENTS:

- 2 cups cooked orzo
- 2 mini cucumbers, thinly sliced
- 3/4 cup cherry tomatoes, quartered
- 1/2 cup canned chickpeas, drained and rinsed
- 1/2 cup arugula
- 1/4 cup pitted Kalamata and green olives, cut in half
- 1/4 cup crumbled feta cheese
- 1/3 cup Garlic Vinaigrette & Marinade, plus additional for serving (optional)

DIRECTIONS:

In large bowl, combine orzo, cucumbers, tomatoes, chickpeas, arugula, olives and feta cheese. Toss with vinaigrette. Serve with additional vinaigrette, if desired.



Chimichurri Chickpea Salad

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SALE DATES - Wed. May 15- Tue. May 21, 2024

STORE HOURS: MON.-FRI. 8am-7pm • SAT.-SUN. 8am-6pm

Ongoing

Flip Circus at Whitman Shops

Flip Circus heads to the Walt Whitman Shops, 160 Walt Whitman Road, Huntington Station from May 17 to May 29. Experience the magical moments under red and white big top with trapeze artists, acrobats, jugglers and more! Showtimes are Monday to Friday at 7:30 p.m. and Saturday and Sunday at 1 p.m., 4 p.m. and 7 p.m. For tickets visit www.flipcircus.com.

Bald Hill Fair

Dreamland Amusements brings the Bald Hill Fair to the Catholic Health Amphitheater, 1 Ski Run Lane, Farmingville from May 9 to 19 with whimsical kiddie rides, state-of-the-art thrill rides, entertaining midway games, and carnival eats. Grucci fireworks on May 18. Hours are Mondays to Thursdays from 5 to 10 p.m., Fridays from 5 to 11 p.m., Saturdays from noon to 11 p.m. and Sundays from noon to 10 p.m. For tickets, visit www.baldhillfair.com.

Thursday 16

Museum Day at the MCPL

Middle Country Public Library, 101 Eastwood Blvd., Centereach will hold its annual Museum Day celebration at the Museum Corner from 4 to 7 p.m. Representatives from 30 local museums, historical societies, science and nature centers will be on hand to share information regarding their collections, programs and exhibits. Free. 631-585-9393

Healing Haven fundraiser

Revival By Toast, 242 East Main St., Port Jefferson hosts a Spring Into Health for Your Dog Celebration with Dr. Lynda Loudon from 5:30 to 9 p.m. Dr. Loudon will be speaking on the top 5 ways to increase your dog's longevity and meet local canine business owners and professionals. Tickets are \$28.52 per person and includes dinner, drinks and raffle tickets. All proceeds support the mission of Healing Haven Animal Foundation. For tickets visit www.eventbrite.com or call 202-422-6782.

Friday 17

Older Americans Month Dance

Town of Brookhaven hosts its annual Older Americans Month dance at the Rose Caracappa Senior Center, 739 Route 25A, Mt. Sinai from 1 to 3 p.m. with music by DJ Louis DelPrete. Cake will be served. This event is open to Town of Brookhaven residents ages 60 and older. To reserve a seat, call 631-451-5312.

Living History Lecture

Celebrate St. James continues its Living History Lecture series with *Around St. James the Ghosts are Talking!* at the St. James

Times ... and dates

May 16 to May 23, 2024



HAPPY BIRTHDAY BOB DYLAN!

The Kennedys will join Bob Dylan's 83rd Birthday Celebration at the Long Island Museum on May 19.

Photo by Suzy Allman

Community Cultural Art Center, 176 Second St., St. James at 7 p.m. Unlock the mysteries of St. James as Joe Giaquinto, a seasoned paranormal investigator, invites you to hear the whispers of the past. Enjoy an evening filled with spine-chilling tales and ghostly encounters. Dive deep into Long Island's haunted history and gain insight into the lives of its spectral inhabitants. Tickets are \$25, \$20 members at www.celebratestjames.org. 631-984-0201

Greek Heritage Night

Leo P. Ostebo Kings Park Heritage Museum, RJO Middle School, 101 Church St., Kings Park presents a Greek Heritage Night at 7 p.m. Featuring traditional dancers and song, live Greek choirs and bands and traditional foods and customs. Free admission. 631-269-3305

Art Reception at the Reboli Center

The Reboli Center for Art & History, 64 Main St., Stony Brook will host an art reception for its Setauket Artists Exhibition from 6 to 8 p.m. With over 30 participating artists, this vibrant show filled with local scenes and beyond will inspire visitors of all ages. 631-751-7707

An Evening of Jazz

Jazz vocalist Jamile Steevie Ayres with the

Miki Yamanaka Trio will perform in concert at The Jazz Loft, 275 Christian Ave., Stony Brook at 7 p.m. Originally from Brazil, Jamile is quickly becoming one of the most sought-after vocalists in the New York scene, captivating audiences with her unique phrasing and heartfelt tone influenced by the vocal jazz tradition, united with her unique Brazilian roots. Tickets are \$30 adults, \$25 seniors, \$20 students, \$15 children, under age 5 free. To order, visit www.thejazzloft.org.

Friday Night Face Off

Long Island's longest running improv comedy show heads to the Smithtown Performing Arts Center, 2 East Main St., Smithtown tonight and May 24 at 8 p.m. Join them for a "Who's Line Is It Anyway?" style improv competition between the performers. Tickets are \$28. To order, visit www.smithtownpac.org.

Saturday 18

Outdoor Thrift Garage Sale

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown will hold an Outdoor Thrift Garage Sale from 9 a.m. to 3 p.m. in the parking lot. Shop for household items and fun treasures. Proceeds will benefit the wildlife center. For questions or to donate items, call 631-901-5911.

Friends of the Greenway Cleanup

In conjunction with the Town of Brookhaven's 2024 Great Brookhaven Cleanup, join the Friends of the Greenway for a trail cleanup removing litter, tree limbs and debris at the Port Jefferson Station Trailhead off Route 112 at 9 a.m.

TVHS Yard & Antique Sale

Time to shop! The Three Village Historical Society, 93 North Country Road Setauket will host its annual Community Wide Yard & Antiques Sale from 9 a.m. to 2 p.m. packed full of hidden treasures for the seasoned weekend shopper. 631-751-3730

CSHL Walking Tour

Cold Spring Harbor Laboratory, 1 Bungtown Road, Cold Spring Harbor will host a guided walking tour of the campus from 10 a.m. to 11:30 a.m. Learn about the historic and modern architecture, the Nobel legacy, and the advanced cancer, neuroscience, and plant research taking place at the lab. Fee is \$7.18 per person. To register, visit www.cshl.edu. 516-367-8844.

Rotary Family Fun Day of Service

Three Village Rotary invites the community to take part in its first annual Family Fun Day of Service with a cleanup of Sand Street Beach and the Rotary Memorial Garden along with kids crafts and a scavenger hunt at the Stony Brook Village docks from 10 a.m. to noon. Coffee and bagels will be served and all attendees under the age of 12 receive a free ice cream coupon courtesy of Sweet Mama's at the Stony Brook Village Center. Questions? Call 631-988-9564

Fleece & Fiber Festival

Hallockville Museum Farm, 6038 Sound Ave., Riverhead presents its annual Fleece & Fiber Festival from 10 a.m. to 4 p.m. featuring fiber artisans sharing handmade and authentic works for sale, shearing demonstrations, four-legged guests, and special fiber-focused tours of the Hallock Homestead. Rain date is May 19. Admission is \$10. www.hallockville.org

Paint & Sip Fundraiser

Good Shepherd Hall at Abiding Presence Lutheran Church, 4 Trescott Path, Northport will hold a Paint & Sip fundraiser to support the Northport Pride Fest from 7 to 9 p.m. \$45 includes wine/beer (2 servings), soft drinks, canvas, paint supplies and snacks. For ages 21 and over. To register, visit www.abidingpresencechurch.org.

TIMES ... and dates continued on page B16

CALENDAR DEADLINE is Wednesday at noon, one week before publication. Items may be mailed to: Times Beacon Record News Media, P.O. Box 707, Setauket, NY 11733. Email your information about community events to leisure@tbrnewspapers.com. Calendar listings are for not-for-profit organizations (nonsectarian, nonpartisan events) only, on a space-available basis. Please include a phone number that can be printed.

TIMES ... and dates

Continued from page B15

LISCA Concert

St. James R.C. Church, 429 Route 25A, Setauket will host a concert by the Long Island Symphonic Choral Association at 8 p.m. Titled An Evening of French & American Music, the program will feature works by Poulenc, Debussy, Lauridsen, Whitacre, Tallis, Barber, various spirituals and a performance by the group's scholarship winner. A reception with refreshments will follow. Tickets are \$25 adults, \$20 seniors, students free, \$10 livestream available at the door or at www.lisca.org.

Sunday 19

Northwell Health Walk

Join Mather Hospital, 75 North Country Road, Port Jefferson for the annual Northwell Health Walk at Port Jefferson to support the Fortunato Breast Health Center. Presented by Bethpage Federal Credit Union, the Walk brings together family, friends and team members for a five-mile walk through the scenic villages of Port Jefferson and Belle Terre. The day includes music, raffles, photo props, a walker warm up session, and a Pink Your Pooch contest for the best "pinked" pup! Registration opens at 8 a.m. and the Walk steps-off at 10 a.m. For more information or to register in advance, visit www.northwellhealthwalk.com.

Rocky Point Farmers Market opens

Rocky Point Farmers and Artisans Market at Old Depot Park, 115 Prince Road, Rocky Point kicks off its season today from 9 a.m. to 2 p.m. and will be held every Sunday through Nov. 10. Shop for local produce, baked goods, jewelry, soap, candles, lotions, organic wine and more. 631-729-0699

Rocky Point Day

The Rocky Point School District invites the community to its first annual Rocky Point Day at the High School track, 82 Rocky Point Yaphank Road, Rocky Point from 10 a.m. to 2 p.m. Take part in a variety of activities that include vendor and craft booths, food trucks and food vendors, school clubs, fun with art booths, music performances from school groups, local community groups, IM(P)ACT awards, youth sports and more. Take part in a 5K run or just support the runners. Free admission and free parking at both the High School and Middle School parking lots. Any questions call 631-744-1600.

Waterfront Festival

Set sail for fun as the Greater Huntington Boating Council presents the 9th annual Waterfront Festival at Mill Dam Park, 19 Mill Dam Road, Huntington from 10 a.m. to 4 p.m. Featuring Peruse a vast array

of booths showcasing the talents of local artisans. Find one-of-a-kind pieces from professional artists, photographers, and crafters, handmade jewelry, clothing, antiques, and gift items and vendors offering recreational equipment, boats, and a variety of boating supplies. Free admission. www.huntingtonsafeboatingweek.com.

Spring Auction

Join St. Elizabeth Ann Seton Church, 800 Portion Road, Lake Ronkonkoma for its annual Spring Auction with doors opening at 12:30 p.m. and raffles called at 2 p.m. \$10 admission includes 25 tickets, coffee and cake. 631-737-4388

LITMA Contradance

Smithtown Historical Society's Frank Brush Barn, 211 E. Main St., Smithtown will host a LITMA Contradance at 2 p.m. with basic instruction at 1:45 p.m. Sunny Lawrence will be calling with the LITMA Contra Band. The event will also be a fundraiser for Twin Oaks Horse Sanctuary with many raffle prizes and all the proceeds will go to support the horses. \$15 adults, \$10 members, \$7.50 students, children under 16 free with paid adult. 631-369-7854

Gene Casey in concert

The Long Island Music and Entertainment Hall of Fame, 97 Main St., Stony Brook presents a concert by Gene Casey from 3 to 4 p.m. The event is free with general admission ticket purchase. For more information, call 631-689-5888 or visit www.limusicHalloffame.org.

Sunday Street Concert

Long Island Museum, 1200 Route 25A, Stony Brook presents a Sunday Street concert, Bob Dylan's 83rd Birthday Celebration, in the Carriage Museum's Gillespie Room at 7 p.m. The celebration will focus on one of Dylan's greatest albums, *Blood on the Tracks*, and will feature The Kennedys, Rod MacDonald, Russ Seeger, Steve Kaplan, Tom Ryan and Mark Mancini with special guest Mary Lee Kortess. Advance tickets are \$35 at www.sundaystreet.org, \$40 at the door (cash only).

Monday 20

TVHS Family Lecture/Book Launch

Three Village Historical Society will host a family lecture and book launch of *Spy Ring* with local author Sarah Beth Durst at the Setauket Neighborhood House, 95 Main St., Setauket at 7 p.m. The book follows two modern-day kids who discover the truth about an American Revolutionary War-era female spy through a treasure-hunt adventure in their hometown of Setauket. Books will be available for purchase at the event with a meet and greet and book signings with the author. Free, pre-registration encouraged by visiting www.tvhs.org. See more on page B20.

Tuesday 21

NSJC Social Club event

North Shore Jewish Center Social Club, 385 Old Town Road, Port Jefferson Station invites the community to a special screening of *Golden Age of Second Avenue*, a documentary of the Yiddish Theater, in the Social Hall at 11 a.m. Come reminisce, sit back and enjoy! Bagels, cream cheese and coffee will be served. \$5 per person, \$4 members. 631-928-3737

Travel Club Meeting

Emma S. Clark Memorial Library, 120 Main St., Setauket will host a meeting by the Travel Club at 7 p.m. Helmut Norpoth will make a presentation titled "Key West: Southernmost Point of the Continental United States." Free and open to all. 3vtravel@gmail.com

Wednesday 22

Cruise Night Car Show

The Shoppes at East Wind, 5720 Route 25A, Wading River hosts a Cruise Night Car Show every Wednesday through October from 5 to 9 p.m. Visit the Shoppes, enjoy a bite to eat and then check out the fine array of classic cars in the parking lot. 631-929-3500

Thursday 23

Native American Drumming

All Souls Parish House, 10 Mill Pond Road Stony Brook will host a Native American Drumming Meditation from 7 to 8:45 p.m. Led by elder drummer, Ric Statler, drumming meditation seeks to integrate the physical, mental, emotional, and spiritual parts of the human self, creating a state of well-being. 631-655-7798

Hangoutology at The Jazz Loft

It's 'Hangoutology and Mixology' as the Jazz Loft, 275 Christian Ave., Stony Brook explores the science of sound and cocktails at the Loft's Coal Bin speakeasy at 7 p.m. Jazz lovers can enjoy some crafty cocktails and vintage music from the 1930's to 1960's. Jazz Loft Founder Tom Manuel will be spinning rare unreleased, master acetates and shaking up some extraordinary libations. For ages 21 and older. Tickets are \$100 and may be purchased at www.thejazzloft.org. 631-751-1895.

Film

'Confessions of a Good Samaritan'

Port Jefferson Documentary Series Spring line-up closes with a screening of *Confessions of a Good Samaritan* at Theatre Three, 412 Main St., Port Jefferson on May 20 at 7 p.m. Director Penny Lane's decision to become a "good Samaritan" by giving one of her kidneys to a stranger turns into a funny and

moving personal quest to understand the nature of altruism. Followed by a Q&A with Penny Lane. Tickets are \$10 in advance at www.portjeffdocumentaryseries.com or at the door (cash only).

'Next Goal Wins'

Join Comsewogue Public Library, 170 Terryville Road, Port Jefferson Station for a viewing of *Next Goal Wins*, directed by Taika Waititi and starring Michael Fassbender and Elisabeth Moss, on May 23 at 2 p.m. Open to all. Call 631-928-1212 to reserve your seat.

Theater

'Antigone'

Suffolk County Vanderbilt Museum, 180 Little Neck Road, Centerport kicks off the 35th annual Shakespeare in the Courtyard Festival with *Antigone* by Sophocles from May 3 to June 2. One of the finest examples of Greek Tragedy, *Antigone* follows the events of the Oedipus legend, wherein the title character displays great strength as she disobeys King Creon in an attempt to bury her brother in consecrated ground. Presented by the Carriage House Players, the show will take place in the mansion's Spanish Revival Courtyard on Wednesdays and Fridays at 8 p.m. and Sundays at 7 p.m. Tickets are \$20 adults, \$15 seniors and children. To order, visit www.vanderbiltmuseum.org.

'Jersey Boys'

Extended! John W. Engeman Theater, 250 Main St. Northport presents *Jersey Boys*, the story of Franki Valli & The Four Seasons, from March 14 to June 16. They were just 4 guys from Jersey until they sang their very first note—a sound the radio just couldn't get enough of. But while their harmonies were perfect on stage, off stage was a different story—a story that has made them a sensation all over again. Winner of the 2006 Tony© Award for "Best Musical," *Jersey Boys* features the top ten hits "Sherry," "Big Girls Don't Cry," "Walk Like a Man," "Can't Take My Eyes Off You," and "December, 1963 (Oh What A Night)." To order tickets, call 631-261-2900 or visit www.engemantheater.com.

'The Producers'

Theatre Three, 412 Main St., Port Jefferson presents Mel Brooks' *The Producers* from May 18 to June 22. With something to offend everyone, the hilarious show-biz hit follows the antics of a pair of scheming Broadway producers with a plan to put on the biggest flop of all time. Featuring "If You've Got It, Flaunt It," "That Face," "Keep It Gay," and the outrageous "Springtime for Hitler," *The Producers* is a side-splitting musical bliss. *Contains adult humor and situations.* Tickets are \$40 adults, \$32 seniors and students, \$25 children ages 5 to 12. To order, call 631-928-9100 or visit www.theatrethree.com.



SBU SPORTSWEEK



MAY 16 TO MAY 23, 2024

TOMORROW IS FRIDAY – WEAR RED ON CAMPUS!

STONY BROOK UNIVERSITY

Baseball falls to Delaware in home finale 10-5

The Stony Brook baseball team fell to the Delaware Fightin' Blue Hens, 10-5, in the final home game of the season for the Seawolves at Joe Nathan Field on May 12.

Prior to the game, the Seawolves honored their 2024 senior class (Evan Fox, Ryan Micheli, Matt Brown-Eiring, Quinlan Montgomery, and Brendan Pattermann) who have made lasting impacts on the program over the course of their careers. Their hard work, dedication, and contributions have and always will be greatly appreciated.

Graduate student Ty Saunders (2-5) got the ball to start for Stony Brook (24-25, 12-12) and took the loss after allowing five runs on four hits over his 3.0 innings of work. Freshman Nicholas Rizzo allowed four runs over his 5.0 innings of work, while Montgomery allowed one run in the final inning of play.

In the batter's box, the Seawolves were led by Fox, who went 1-for-4 on the day with a



Photo courtesy of Stony Brook Athletics

home run and three RBI. The home run for Fox marked his 200th career hit and third

bomb of the season. Brown-Eiring compiled a standout day at the dish as well, going 1-for-4 with a home run and two RBI. Johnny Pilla also contributed for Stony Brook, putting together two hits in four trips to the plate.

Saunders and the Seawolves kept the Fightin' Blue Hens off the scoreboard in the first two innings of play. The right-hander stranded two runners in the first inning and followed with a 1-2-3 second inning for Stony Brook. However, Delaware got to Saunders in the third by tallying four runs, including a three-run shot from Loynd to give the road team a 4-0 advantage.

Delaware kept the offensive attack on Stony Brook by scoring a run in the fourth inning and three more in the fifth inning to go up 8-0. After Rizzo held Delaware scoreless in the sixth and seventh inning, the Fightin' Blue Hens would score a run in the eighth to take a 9-0 lead. But, the Seawolves offense would

get to work in their half of the eighth inning by tallying five runs in the inning to cut the deficit to 9-5.

Beginning the charge in the eighth inning rally was Matt Miceli and Cam Santerre reaching on a hit by pitch and drawing a walk. With two runners on base, Fox mashed his 200th career hit by leaving the left field fence, making the score 9-3. Following the single from Pilla, Brown-Eiring would come up with his team-high sixth home run of the season that cut the Delaware lead to 9-5.

The road team would capture another run in the top of the ninth and left a Seawolf runner on base in the final inning to ultimately secure the 10-5 victory.

Up next, the team returns to the diamond on May 16 as they head to Boston to battle Northeastern in a three game set. First pitch for the final CAA series of the season is slated for 2 p.m. and can be streamed live on FloBaseball.

Track and field finishes 7th and 11th at CAA Outdoor Championship

The Stony Brook University men's track and field program finished seventh at the 2024 CAA Outdoor Track and Field Championships in Elon N.C. on May 12.

Collin Gilstrap won the 1,500-meter, finishing with a time of 3:44.33. He was Stony Brook's lone event winner. George Franks took second place in the 400-meter, setting a new school record with a time of 45.88. He also finished seventh in the 200-meter.

Evan Brennan placed second in the 10,000-meter with a time of 30:39.11. Michael Fama finished fourth in the 10K (31:19.09). Carlos Santos produced podium finishes in the 3,000-meter steeplechase (2nd, 8:55.79) and 5,000-meter (3rd, 14:42.22). Shane Henderson and Brennan also notched top-eight finishes in the 5,000-meter to earn points.

The Stony Brook University women's track and field program finished 11th at the championships. Fiona McLoughlin completed the 10K in 35:55.39, placing second and earning a silver medal. She also finished seventh in the 5,000-meter (16:44.30). Grace Weigele placed fourth in the 5K, running it in 16:16.06 to pace a quartet of Seawolves

competing in the event. Rebecca Clackett took fifth in the 1,500-meter with a time of 4:34.05. Danella Dawkins earned a seventh-place finish in the 100-meter hurdles (14.33). The women's 4x100 relay quartet took seventh and the 4x400 relay quartet finished in eighth place.

"Really pleased with the effort our teams gave over the two days. The majority of our group that were expected to make the finals did; those that were seeded high in their particular event also got the job done. Obviously Collin and George were outstanding, showed great competitiveness and maturity for freshmen. Evan and Fiona battled hard in the 10,000m then came back on day two to score in the 5K's," head coach Andy Ronan noted. "Carlos produced two podium performances in the steeplechase and 5000m, again showing his determination to produce quality results for his team."

"Our team placings are not where we want to be; we are in a very competitive conference, but with time and support we can build with George and Collin to be more competitive as an overall team," Ronan added.



Photo courtesy of Stony Brook Athletics

Religious Directory



Catholic

INFANT JESUS ROMAN CATHOLIC CHURCH

110 Myrtle Ave., Port Jefferson 631-473-0165
Fax 631-331-8094

email-rectory@infantjesus.org
www.infantjesus.org

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REV. ROLANDO TICLLASUCA
Parish Outreach: 631-473-0165

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9am Mass in the Church on Saturdays

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7:30 am, 8:45am (Spanish), 10:30am,
and 5pm in the Church

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www.stgmajella.org

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Weekday Mass: 9am

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Phone: 631-941-4141 Fax: 631-751-6607

Parish Office email:

parish@stjamessetauket.org
www.stjamessetauket.org

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Tuesday: 8:00am

Interdenominational Morning Prayer

Wednesday: 12 noon

Interdenominational Rosary

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8:00am Sundays - Holy Eucharist

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12:30pm Weds. - Noonday Prayer

10:00am Thurs. - Healing Service

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Priest in Charge

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h t t p s : / / w w w . f a c e b o o k . c o m /
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Services

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Sunday-8am and 10am

Monday-9:30 am Morning Prayer

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Friday-8 pm Compline on Facebook Live

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10am Rite II Holy Choral Eucharist

9:40am Sunday School

Noonday Prayer

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Religious Directory



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 over Zoom at 9:30
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Adult Sunday School 9:30 Am
Lectionary Reading And Prayer:
 Wed. 12 Noon
Gospel Choir: Tues. 8 Pm
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 6:30 PM.

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 Emily Fowler. Emily, a native Texan, received
 her Master's of Divinity at Memphis Theological
 Seminary and then received 9 units of Clinical
 Pastoral Education at Parkland Health and Hospi-
 tal System in Dallas, TX. Emily has ministry
 experience as a palliative care and picu pediatric
 chaplain, and was faithful in her volunteer work,
 caring for those with Room in the Inn Ministries,
 Manna House Ministries, and Soles4Souls. All
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 Jefferson is, with God's help, to share the joy &
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HOROSCOPES OF THE WEEK



TAURUS – Apr 21/May 21

Taurus, you have real talent, so you should be proud and show off your efforts. Whether it is artistic in nature or you are a whiz with numbers, share your gift with others.

GEMINI – May 22/June 21

Explore creative possibilities, Gemini. You can use a new hobby right now that keeps you occupied. Look at trends that are popular right now and try one of those.

CANCER – June 22/July 22

Cancer, trust your intuition when you meet someone new this week. You often can get a good read on someone right away. That's an important skill to develop, especially in the workplace.

LEO – July 23/Aug 23

There is a lot of potential for socializing right now, Leo. Your calendar will fill up quite quickly with invitations from people in your life. Enjoy the attention.

VIRGO – Aug 24/Sept 22

Virgo, take inventory of the things in your life and be real about what you need and what you can get rid of right now. You may be carrying around a lot of baggage you simply don't need.

LIBRA – Sept 23/Oct 23

You may be feeling extra flirty these next few days, Libra. This will help add a spark to your current relationship or help you find someone new if that is the desire.

SCORPIO – Oct 24/Nov 22

Relationship issues at home may be on your mind, Scorpio. Create pockets in your days for deep introspection to process all of the emotions you are feeling.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, if you can't get an answer to something yourself, then you may want to pick the brains of friends or other people in your circle. They may offer unique perspectives.

CAPRICORN – Dec 22/Jan 20

Capricorn, you have a lot of self-worth, so stop looking at yourself through a pessimistic lens. Be convinced of your value and ability to assist others around you.

AQUARIUS – Jan 21/Feb 18

Start feeling good about what the future may hold, Aquarius. There are a lot of possibilities out there, and you're starting to see them peeking out over the horizon.

PISCES – Feb 19/Mar 20

You may not be feeling overly social right now, Pisces. Take a few days to spend time alone and sort through your feelings. Over time you may be ready to re-engage.

ARIES – Mar 21/Apr 20

Aries, you may meet an influential ally this week. Chat them up because this is a person you want to have in your network. You never know when you'll need some assistance.

Author Sarah Beth Durst pays homage to Culper Spies in treasure-hunt adventure

REVIEWED BY JEFFREY SANZEL

The prolific and talented writer Sarah Beth Durst has published over two dozen books, with several reviewed in this publication: *The Stone Girl's Story*, *The Bone Maker*, *The Deepest Blue*, *Even and Odd*, and most recently, the thriller *The*

BOOK REVIEW

Lake House. Durst has a particular gift for world-building, which is most prevalent in her fantasy works. With the Young Adult novel *Spy Ring* [HarperCollins/Clarion Books], she embarks on a different setting—Long Island and the very real Setauket and its environs.

Rachel and Joon have been best friends since kindergarten, when they bonded over a pirate fantasy. Now, eleven years old, in July, between fifth and sixth grade, they have decided to be spies. Additionally, the inseparable pair are facing Joon's imminent move out of the district, both fearing the toll the distance will take on their friendship.

Rachel's mother is marrying Dave, her longtime boyfriend, of whom Rachel likes and approves. Rachel overhears Dave telling her mother that he wants to give Rachel a family heirloom, a ring that might have belonged to Anna "Nancy" Smith Strong. Strong was possibly the only known female member of the famed Culper Spy Ring that fed vital information to George Washington from 1778 to 1783. (Thus, the double meaning of the title.) Given an opportunity, Rachel sneaks a look at the ring. Engraved on the inside is "August 16, 1713. Find me." With this first clue, Rachel and Joon initiate a quest to solve the significance of this cryptic inscription.

Rachel and Joon's search takes Nancy off the page and makes her real to the two young detectives. The story briskly zig-zags throughout the Three Village area, with visits to the Setauket Presbyterian Church's cemetery and Patriots Rock, Emma S. Clark Memorial Library, the Vance Locke murals at Setauket Elementary School, the Setauket



Village Green, Frank Melville Memorial Park, the Setauket Grist Mill, and Caroline Episcopal Church. Durst describes each locale colorfully but succinctly as their hunt becomes an almost "history alive." Central to the quest is time spent at the invaluable Three Village Historical Society, where they receive help, insight, and encouragement.

Durst has a terrific sense of humor, with the pair garnering one clue by remembering "the worst field trip ever." She also gives insight into the complicated issue of historical accuracy.

"Sometimes historians make mistakes [...] or more often, they don't have all the information yet [...] reconstructing history is like piecing together a puzzle where there's no picture on the box, half the pieces have fallen on the floor, and the cat has eaten a quarter of

them. You try to guess what the picture looks like as best you can with what you have."

Rachel and Joon learn that the Culper Spy Ring was the most effective espionage organization of the Revolutionary War. None of the spies ever admitted to being spies in their lifetime. Everything is theory, but much unearthed evidence supports these hypotheses.

The author nimbly weaves historical facts and intriguing gems that paint a vivid picture of the time. She vibrantly imparts Rachel's excitement:

The fizzing feeling was back. She had in her possession the ring of a spy who'd defied her enemies, aided George Washington, and helped found America. Even better, this spy had sent a message with her ring: Find me. This felt like the moment right before the sun poked

over the horizon. Or right before a batch of dark clouds dumped buckets of rain. Or right before she bit into a fresh slice of pizza.

The ability to communicate not just the narrative but the roiling feelings of the young—this aptly labeled "fizzing"—separates Durst from many less accomplished YA writers. The narrative is more than a mystery but a real novel of summer—of bike rides and bonds that run deep, about the fear of loss and the expectations of the future.

One of the most evocative descriptions is that of a school during vacation:

It felt so strange to be in the school in July. The hallways looked as if they'd been abandoned. Half the bulletin boards were naked—only plain brown paper with a few leftover staples. Some staples had tufts of colorful construction paper stuck to them, like bits of party food caught in one's teeth.

Perfectly conjured is the combination of stillness and expectation. "It was strange to see a classroom without any students in it, in addition to the empty halls. It felt as if the whole school were holding its breath."

A ring, a stone, a key, a powder horn, a codebook, a family Bible—even rudimentary invisible ink—are all part of this journey that is not so much historical fiction but history adjacent.

In the end, one of the most powerful statements is the realization of why Strong left the clues. Rachel recognizes that "[Nancy] wanted someone to see her." Sarah Beth Durst's engaging *Spy Ring* offers two heroes. The first is a woman who may or may not have been the burgeoning nation's Agent 355. The second is a spirited, insightful young person in a lively, magical adventure story.

Meet the author at a book launch hosted by the Three Village Historical Society at the Setauket Neighborhood House, 95 Main St., Setauket on Monday, May 20 at 7 p.m. The event is free. To pre-register, visit www.tvhs.org. For more information, visit www.sarahbethdurst.com.

Emma Clark's Little Free Library at the beach opens early

Due to popular demand, the Little Free Library at West Meadow Beach hosted by Emma Clark Library was installed before the usual time so that beachgoers may enjoy books even longer. Its official opening was Thursday, May 9.

A literary summer tradition, the Little Free Library at the beach has been going strong since its inception in 2016. After close to ten years, the structure itself had taken quite a beating; therefore, library employees have built a replacement cabinet, once again constructed from recycled materials. You might recognize the sides of the structure, which were assembled from end caps of previous library shelving units. The legs of the cabinet were made from an old library chair.

This "Take a Book or Leave a Book" concept inspires beachgoers to read, share, and reuse and encourages lifelong reading. It is located under the pavilion at the beach. Visitors are encouraged to grab a book and/or donate one. The books are all donated by the public and cater to all ages. This little library is possible thanks in part to many generous booklovers (books are not curated or owned by Emma Clark — don't return your library books here!). Library teen volunteers "adopt" the library each



Photo courtesy of Emma Clark Library

Pictured from left, Manager of Marketing & Communications Lisa DeVerna; Head Teen Services Librarian Emily Ostrander; Librarian Jennifer Mullen; Councilmember Jonathan Kornreich; Library Director Ted Gutmann; and Town of Brookhaven and Environmental Educator Nicole Pocchiare

week to ensure that it is neat, undamaged, and well-stocked. There is no need to live in Three Village to participate, as long as you are a visitor to the beach. The Town of

Brookhaven and Environmental Educator Nicole Pocchiare have once again graciously given their consent for Emma Clark to host the Little Free Library at the beach.

"I was happy to take part in the installation of the Little Free Library at West Meadow Beach again this year," remarked Brookhaven Town Councilmember Jonathan Kornreich. "The dedication of Emma Clark Library to providing access to books and knowledge for the community, especially younger readers, is truly commendable. I see the positive impact this resource has on the residents of our town. Thank you to all involved for continuing this project for nine consecutive years."

Little Free Libraries have become an international phenomenon since their inception in 2010, and Little Free Library was established as a nonprofit organization in 2012 in Wisconsin. According to the official Little Free Library website, there are over 150,000 registered book-sharing boxes across the United States and 120 countries worldwide. Emma Clark's Little Free Library at West Meadow Beach is registered on www.littlefreelibrary.org and can be found on the site's official map of all Little Free Libraries.

Emma Clark Library is delighted to increase access to books for all ages and promote the exchange of books within the community, enhancing a day at the beloved West Meadow Beach.



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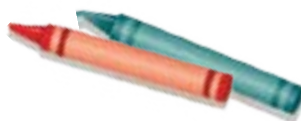
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Long Island Game Farm Camp Zoo Returns For Summer 2024.

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KIDZ KORNER

PROGRAMS

Museum Day at the MCPL

Middle Country Public Library, 101 Eastwood Blvd., Centereach hosts its annual Museum Day at the Museum Corner on May 16 from 4 to 7 p.m. with 30 local organizations participating. Geared for children and their families, the event will feature science experiments, arts and crafts, live animal visits, and interaction with museum displays and artifacts. The event is free and no registration is required.

Teen Driver Safety Program

The Brookhaven Highway Department will offer a Teen Driver Safety Program at Safety Town, 249 Buckley Road, Holtsville on May 16 from 6 p.m. to 8:30 p.m. Teenagers 15 and older and their parents are invited to participate in an interactive experience exhibiting the dangers of texting or drinking and driving. Teens will then use electric cars to complete obstacle courses designed to simulate driving while texting and impaired. Free but by appointment only; call 631-451-5335 to reserve your spot.

First Steps Into Nature

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown presents First Steps Into Nature: Superheroes for children ages 2 to 4 on May 17 at 9:30 a.m. Sweetbriar's experienced educators help open up the wonders of the natural world for children through hands-on activities, live animals, crafts, and much more. \$20 per child. To register, visit www.sweetbriarnc.org, 631-979-6344

Astronomy Day at the Vanderbilt

Join the Suffolk County Vanderbilt Reichert Planetarium, 180 Little Neck Road, Centerport in celebrating Astronomy Day 2024 on May 18, from 11 a.m. to 3 p.m. This Vanderbilt STEM education event will include exciting science, take-home materials, and engaging discussion about science and society. Participants will create nebula spin art, investigate constellations, explore craters, and much more! Members of the Astronomical Society of Long Island will display telescopes and give short presentations on how to use them. Activities are free to all visitors who pay general admission. www.vanderbiltmuseum.org

Art in the Barn

Walt Whitman Birthplace Association, 246 Old Walt Whitman Road, Huntington Station presents Art in the Barn, storytime



Celebrate Astronomy Day at the Vanderbilt Planetarium on May 18.

and hands-on art projects for pre-schoolers on May 18, 25 and June 1 at 11 a.m. \$15 per child, \$13 members. To register, visit waltwhitman.org/events.

THEATER

'The Mystery of the Missing Ever After'

"Where in the world is our happy ending?" Stories collide and mysteries abound as three great princesses come together to solve *The Mystery of the Missing Ever After* at Theatre Three, 412 Main St., Port Jefferson from May 25 to June 15. A slipper, a spinning wheel, and a red, red rose are all clues in this hilarious new musical! All seats are \$12. To order, call 631-928-9100 or visit www.theatrethree.com.

'Seussical the Musical'

The John W. Engeman Theater, 250 Main St., Northport continues its children's theater with *Seussical the Musical* from June 1 to June 30. "Oh the Things You Can Think!" Dive into the colorful world of Dr. Seuss as The Cat in the Hat tells the story of Horton, an elephant who sets off to save a speck of dust containing The Whos from destruction. Horton must protect the Whos from a world of doubters while guarding an abandoned egg, left to his care. Ultimately, the powers of friendship, imagination, loyalty, and community are challenged and emerge victorious. Tickets are \$20. To order, call 631-261-2900 or visit www.engemantheater.com.

FILM

'The Last Unicorn'

Cinema Arts Centre, 423 Park Ave., Huntington continues its Cinema for Kids! series with a screening of *The Last Unicorn* on May 19 at noon. In this animated musical, the villainous King Haggard plots to destroy all the world's unicorns. When a young unicorn learns that she's in danger and that she may soon be the last of her kind, she enlists the help of Schmendrick the sorcerer. Tickets are \$13 adults, \$5 children 12 and under. www.cinemaartscentre.org.

Rocky Point author helps kids find rest with *Owls Can't Sing*

BY MELISSA ARNOLD

Just about every kid has trouble getting to sleep at some point. Whether they're scared of the dark, worried about monsters under the bed or can't turn off a chatty brain, restlessness is always unsettling. Through the lens of a curious, resilient

protagonist named Josie, Deborah L. Staunton's new children's book, *Owls Can't Sing*, helps kids face their nighttime fears and celebrates what makes them special. Gorgeously illustrated and fun to read, this book could be a big help — at bedtime or otherwise.

BOOK REVIEW

Tell me about yourself. Did you always want to be a writer?

I grew up in Port Jefferson ... I've always loved books and writing from as early as elementary school. I can remember my second grade teacher putting on my report card that she loved reading my stories, and I kept a journal beginning around 10 years old. Family, friends and teachers were always so encouraging of my writing.

What did you pursue as a career?

I went to college at the Clarion University of Pennsylvania [now PennWest University Clarion] for early childhood education, and while I was there I fell in love with the theater. So I was still majoring in education, but I was at the theater every free moment I had. Later, I went back to school for theater arts — I spent one year at Bloomsburg University of Pennsylvania, and ultimately graduated from SUNY New Paltz. I developed a background in both children's theater and adult theater, did a lot with stage management and lighting, and worked on the tech side of those things for many years.

So you're trained in education and theater — where does writing fit in?

Writing plays such a huge part in my life. In so many ways, it's what saved me. I've been through a lot, and writing is my coping mechanism. It's the way I sort through things. I've had many pieces published in literary journals and magazines, and I also had a book come out last summer called *Untethered*, which is a memoir in poetry and short prose. It's about my growing up with a mentally ill father, raising a mentally ill daughter, and experiencing four miscarriages along the way.

Is *Owls Can't Sing* your first foray into children's literature?

Not really — but it is my first work for children that was published. I always thought children's literature would be my



Author Deborah L. Staunton

Is the main character, Josie, based on someone in your life?

My daughter is 18 and my son is 14. The character of Josie is inspired by my daughter, who has struggled with a lot in her life, including sleep. I want people to know that we don't all fit into the same box. We don't all have to be neurotypical, or exactly the same as everyone else, to be "normal." We are who we are, and that's fine.

Is there a recommended age for this book?

It's good for all ages, but would be the best fit for ages 3 to 8.

What's next for you?

I'm working on a collection of poetry in memory of two friends that I've lost, and hopefully another children's project, including one with my dad.

What advice would you give to people who are thinking about writing a book?

Never stop writing, and don't be afraid to share your story because we all have a story to tell! Find the right people who are willing to give you good feedback along the way and help you to become a stronger writer. It doesn't have to be a fancy program. But don't go through the writing process alone.

path toward publishing. I started sending out different manuscripts as far back as 1990, but the market is so inundated and I never got anywhere. I continued to write and attend writing conferences, publishing short pieces here and there until *Untethered* took shape, but I never gave up on kids' books.

How did you finally publish *Owls Can't Sing*?

I belong to the Author's Guild [a national, professional organization for published writers], and a woman from there posted that her sister was starting a new publishing company called Two Sisters Press. They were seeking submissions, so I sent in my memoir and the children's manuscript. Ultimately, they loved both, so I went from nothing to having two books published in less than a year! It's been wonderful.

Did you ever think about self-publishing? Why did you go the traditional route?

I pursued traditional publishing because, truthfully, I wanted validation that I really was talented and had something to offer. It was a dream of mine, and I was willing to do the hard work, taking rejections and feedback and eventually having someone choose me. It wasn't without its disappointments or frustrations, but it was absolutely worth it.

How did you connect with the illustrator, Akikuzzaman Utshoo?

My publisher had a few illustrators I could choose from, but their styles weren't what I had in mind, so I took on the financial responsibility of finding someone on my own. I went on the website Fiverr and saw an example cover illustration which was very similar to what is now the cover of *Owls Can't Sing*. I just loved it. It was a painstaking process of working on one illustration at a time while navigating language barriers between us. Pictures are such a big part of children's books, and I'm so glad it came out the way I envisioned.

What was the writing process like? Was this the original concept from years ago?

No, I had written a different children's book back in the 1990s. In 2013, I met a woman at a writers' conference who had many children's books published. I asked if she was willing to work with me privately, and we talked weekly on the phone for eight weeks. When I gave her the manuscript, we started formulating a totally new idea. She asked me what my daughter was studying in school, and at the time it was owls. By the end of eight weeks, we had a new manuscript that didn't resemble the original at all.

Owls Can't Sing is available at your favorite online booksellers. Partial proceeds from the book will go to the International Owl Center (www.internationalowlcenter.org). Meet Deborah L. Staunton at Rocky Point Day at Rocky Point High School, 82 Rocky Point Yaphank Road, Rocky Point on May 19 where she will be selling and signing copies of her books from 10 a.m. to 2 p.m.. Follow her online at www.DeborahLStaunton.com and on social media @DeborahLStaunton.

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