

THE GREATER PORT JEFFERSON CHAMBER OF COMMERCE presents...

THE 15TH ANNUAL

HEALTH & WELLNESS FEST



Health is the
greatest Wealth!

April 13th, 2024 - 9am to 1pm

The Meadow Club - 1147 Rte. 112 Port Jeff Sta., NY 11776



Over 50 Local Health Vendors!

Learn About Fun Health Activities: Roller Derby, Paddle Pub, Harmonic Egg, Painting, & More!
Food Court: Providing Healthy Servings for Breakfast & Lunch by St. Charles Hospital



Stony Brook Medicine



NEW YORK
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SPECIALISTS
Conquering Cancer Together™



Mather Hospital
Northwell Health



Catholic Health
St. Charles Hospital



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New York Allergy, Asthma & Immunology

For more information - PORTJEFFHEALTH.COM or call 631-473-1414

Let us help you make smart decisions about your health.

Visit us at the

PORT JEFFERSON HEALTH & WELLNESS FEST!

Saturday, April 13
FREE • 9 am to 1 pm

The Meadow Club
1147 Route 112
Port Jefferson Station

- Experts from many Stony Brook healthcare services
- Wellness resources
- Members from our Human Resources' Talent Acquisition Team
- Free health screenings
- Giveaways



Stony Brook
Medicine



HEALTH AND WELLNESS FEST 2024



HEALTH & WELLNESS FEST 2024



Health & Wellness Fest-‘Health is the Greatest Wealth’

‘Health is the Greatest Wealth’ this sentiment is so true! Without our good health everything else is in jeopardy. Our physical, mental and spiritual healths all play a role in a balanced life.

The Greater Port Jefferson Chamber of Commerce once again is sponsoring this great event.

With the support of our consistent major sponsors, Stony Brook Medicine, NY Cancer & Blood Specialists, Mather Hospital-Northwell Health and St. Charles Hospital-Catholic

Health, the Chamber is able to provide this important community service.

St. Charles Hospital will host our food court! Executive Chef Thomas

For more information please call the Chamber at: 631-473-1414 or visit our website at www.portjeffhealth.com

Mulzoff will be preparing an “overnight oats”/Acai bar with fresh berries, homemade granola, toasted coconut and more, to encourage us all to eat nutritious, healthy, balanced food.

Northwell Health will have their large mobile unit for screenings for skin cancer. You may make an appointment in advance at 631-476-2723. The 10 minute exam will be given every 15 minutes.

If animals are your passion, this



year we have invited Mike Rosen, Chief Marketing Officer from the Guide Dog Foundation for the Blind, Inc.® and America’s VetDogs®. We hope to see ‘Kirk’, their ambassador dog again, who exemplifies what service dogs are all about. New is child behavioral consultant Lisa Navarra who will bring her therapy dog Rosie!

All attendees are eligible for some great door prizes donated by OSIM of North America, a uCozy 3D neck and shoulder massager, uMist Aroma ultrasonic humidifier, and a uRoller X-Sports Roller to help assist us all with our sore muscles and good health.

There will be a collection of health & wellness vendors to include: alternative health services, physical health activities to include roller derby & painting, many mental health advi-



sors, senior residential facilities and lifestyle options that promote safety and well-being.

This community event is FREE to the

general public, all are welcome. Doors open at 9 and close at 1pm. For more information please call the Chamber at: 631-473-1414 or visit our website at www.portjeffhealth.com

WELCOME TO OUR FEST

ACTIVITIES/SCREENINGS/DEMOS H&W 2024

Cornell Cooperative Extension of SC-Community Education

Healthy food snacks

Dr. Brian Yonks, DC, PC-Chiropractic

Massages

Harmony & Light Wellness

Chakra balancing & aura readings with the LifeSystem Biofeedback device

Family & Children’s Association

Free Narcan Training with kit given immediately upon completion of the training

Mather Hospital

Blood Pressure \
Body Mass Index Screening (BMI)
Mobile Health Unit-Skin Cancer Screening

Music and Medicine of Stony Brook

Acoustic Ensemble Performing

Muse Paintbar

Demonstrating the art of painting & raffle

Optavia

Health evaluation for weight loss healthy lifestyle plan

Response Crisis Center

Mental Wellness Awareness Form

Stony Brook Medicine

Blood Pressure

St. Charles Hospital

Strong Island Derby Revolution

Demonstrating roller derby skating

Port Jefferson Free Library

Children’s Crafts



NEW YORK CANCER & BLOOD SPECIALISTS

Conquering Cancer Together™



IT'S ABOUT
TIME

RONKONKOMA
HAD A STATE-OF-THE-ART
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CLOSE TO HOME

Centrally located in the heart of Long Island, NYCBS is bringing world-class cancer care to the Ronkonkoma community. Patients can access **the latest cancer treatments, infusion therapies, 50+ clinical trials, wellness services, and support, all under one roof and close to home.**

501 Hawkins Ave, Lake Ronkonkoma, NY 11779 | 1-833-CANCER9 | nycancer.com

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9 AM – 1 PM AT THE MEADOW CLUB

1147 Route 112 • Port Jefferson Station, NY • portjeffhealth.com

**FREE
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Arbonne

516-790-5684
Kimbanker.arbonne.com

Association for Mental Health & Wellness

939 Johnson Ave.
Ronkonkoma, NY 11779
631-913-6170
mhaw.org

The Bjorndahl Foundation for Traumatic Brain Injury

4 Martin Ct.
Coram, NY 11727
631-512-2378
thebjorndahlfoundationfortraumaticbraininjury.org

BODY20

275 Route 25A, Suite 28
Miller Place, NY 11764
631-683-3543
body20.com/miller-place

Bridgeport & Port Jefferson Steamboat Company

102 W. Broadway
Port Jefferson, NY 11777
631-473-5138
88844ferry.com

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1175 Rte. 112
Port Jefferson Station, NY 11776
631-562-5272
brightviewseniorliving.com

Catholic Health – St. Charles Hospital -SPONSOR

200 Belle Terre Road
Port Jefferson, NY 11777
631-474-6000
catholichealthli.org/st-charles-hospital

Child Behavior Consulting

631-617-1958
lisa@childbehaviorconsulting.com
childbehaviorconsulting.com/

Chiropractic & Wellness Solution

15 Echo Avenue
Mount Sinai, NY 11766
631-476-4855
dryonks.com

Cona Elder Law -SPONSOR

225 Broadhollow Road
Melville, NY 11747
631-390-5000
conaelderlaw.com

Cornell University Cooperative Extension of Suffolk County

423 Griffing Avenue
Riverhead, NY 11901
631-727-7850
ccesuffolk.org/community-education

Countryside Animal Hospital

544 W Broadway
Port Jefferson, NY 11777
631-473-0942
countrysideportjeff.com

Danfords Hotel, Marina and Spa -SPONSOR

25 East Broadway
Port Jefferson, NY 11777
631-928-5000
danfords.com

ENT & Allergy Associates -SPONSOR

1500 NY 112, Building 4
Port Jefferson, NY 11777
631-553-2648
entandallergy.com

Family and Children's Association - THRIVE

37 Oak Street
Garden City, NY 11530
631-822-3396
thriveli.org

Family & Personal Counseling & LI Authors.com

1650 Sycamore Ave #39
Bohemia, NY 11716
631-758-8290
Familyandpersonalcounseling.com

First Responders Medical

320 Carleton Ave.
Central Islip, NY 11772
609-250-8862
Firstrespondersmedical-NY.com

GHI Security

514A Woodland Street
East Islip, NY 11730
631-333-9131
ghisecurity.com

Guide Dog Foundation for the Blind, Inc.

371 East Jericho Turnpike
Smithtown, NY 11787
www.guidedog.org

Gurwin Healthcare System

68 Hauppauge Road
Commack, NY 11768
631-715-2000
gurwin.org

Harmony & Light Wellness

646 Main Street
Port Jefferson, NY 11733
631-828-5055
Harmonyandlightwellness.com

Heart & Health Educational Foundation

3650 Rte. 112
Coram, NY 11727
631-525-2977
heartandhealthmedical.com

HIV Stops With Me -SPONSOR

1010 B Street, Suite 250
San Rafael, CA 194901
917-497-9470
hivstopswithme.org

Insight Healing

249 Route 25A, Suite 3
Setauket-East Setauket, NY 11777
404-944-8397
insighthealinginc.com

Island Hydration

46 DeLano Ct.
New Hyde Park, NY 11040
islandhydrationli.com

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CONTINUED FROM PAGE S5

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1 Jefferson Ferry Drive
South Setauket, NY 11720
631-650-2613
jeffersonsferry.org

Lightpath Counseling Group, LCSW

710 & 1227 Main Street
Port Jefferson, NY 11777
631-680-7222
lightpathcounselinggroup.com

Long Island Speech - **SPONSOR**

213 Hallock Road
Stony Brook, NY 11790
631-689-6858
lispeech.com

Kadampa Meditation Center

301D East Main Street
Port Jefferson, NY 11777
(631) 371-2875
meditationonlongisland.org/port-jefferson

Long Island Coalition for Life

PO Box 247
Old Bethpage, NY 11804
631-243-1435
prolifeLI.org

Mather Hospital Northwell Health-**SPONSOR**

75 North Country Road
Port Jefferson, NY 11777
631-476-2723
matherhospital.org

Karasmatic Day Spa

41 N Country Road
Port Jefferson, NY 11777
631-472-1005
karasmaticdayspa.com

Long Island Laparoscopic Doctors

4 Technology Drive, Suite 220
East Setauket, NY 11733
631-848-3157
journeytothenewyou.com

Moloney's Port Jeff Station Funeral Home

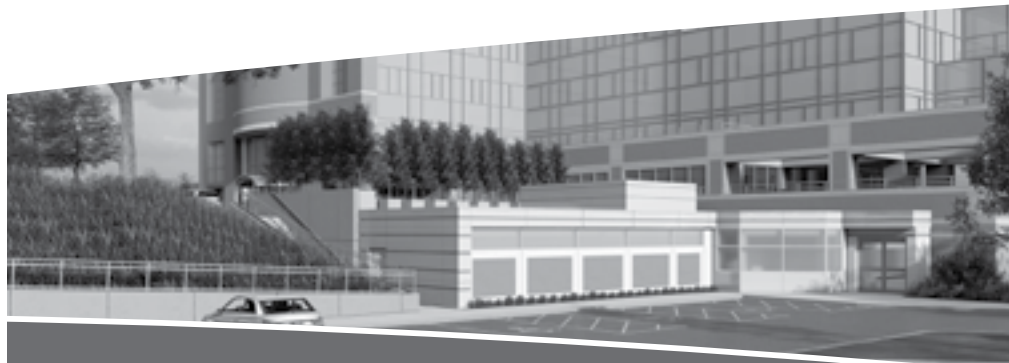
523 Rte. 112
Port Jefferson Station, NY 11776
631-473-3800
moloneyfh.com

CONTINUED ON PAGE S7

Our family taking care of *your* family

Coming Soon! Summer 2024!

St. Charles Hospital undergoing \$10 million Emergency Department expansion



St. Charles Hospital's expanded Emergency Department will feature:

- Increased space of nearly 4,000 square feet, with an additional 10 treatment bays.
- The Emergency Department's expansion will also allow for a separate waiting room and treatment area for those seeking medically supervised chemical dependency detoxification.
- Fast track/urgent care designated area for rapid assessment and escalation to a higher level as needed.

St. Charles Hospital
200 Belle Terre Road
Port Jefferson, NY 11777
(631) 474-6000

chsl.org/st-charles-hospital/emergency-medicine

HEALTH AND WELLNESS FEST 2024



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134 Main St.
Port Jefferson, NY 11777
musepaintbar.com

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& Immunology P.C. - SPONSOR**
120 North Country Rd.
Port Jefferson, NY 11777
631-474-7461
allergyimmunologydr.com

New York Blood Center
1200 Prospect Ave.
Westbury, NY 11590
nybc.org

**New York Cancer & Blood Specialists
– SPONSOR**
49 Nesconset Hwy.
Port Jefferson Station, NY 11776
631-751-3000
nycancer.com

New York Life
1660 Walt Whitman Road
Melville, NY 11747
631-834-3013
newyorklife.com/agent/mcsaladino

NST Massage & Skin Care
1386 Route 25A
East Setauket, NY 11733
631-664-4157
nstwellness.com

Optavia
18 Savanna Circle
Mount Sinai, NY 11766
optavia.com/us/en/coach/fuelmoore

Outreach Development
998 Crooked Hill Build #5
Brentwood, NY 11717
631-521-8400
opiny.org

Paddle Pub
118 West Broadway
Port Jefferson, NY 11777
631-778-1433
paddlepub.com/longisland

Panacea Wellness Studio - SPONSOR
646 Main Street
Port Jefferson, NY 11777
631-509-4270
panaceamassageandwellness.com

**Parker Jewish Institute for Health Care
& Rehabilitation**
271-11 76 Ave.
New Hyde Park, NY 11040
516-586-1507
Parkerinstitute.org

Pathways to Health
464 Route 25A
Miller Place, NY 11764
516-650-7022
Pathwaystohealth.com

Port Jefferson Free Library
100 Thomas Street
Port Jefferson, NY 11777
631-473-0022
portjefflibrary.org

Quantum Rehabilitation & Nursing
63 Oakcrest Avenue
Middle Island, NY 11953
631-594-3800
quantumrehabandnursing.com

**Recovery International
St. James Episcopal Church**
490 N. Country Rd.
St. James, NY 11789
631-988-9691
631-478-3138
Recoveryinternational.org

Redefine Fitness
5507 Nesconset Highway, Suite 6
Mount Sinai, NY 11766
631-743-9906
redefine-fitness.com

Response Crisis Center
PO Box 300
Stony Brook, NY 11790
631-751-6720
responsecrisiscenter.org

Servpro of Port Jefferson – SPONSOR
501 Middle Country Road
Coram, NY 11727
631-476-5300
servproportjefferson.com

SightMD
1500 NY 112
Bldg. 6
Port Jefferson Station, NY 11776
631-331-1414
Sightmd.com

Snyder Wealth Group
Mark Snyder
1733 N. Ocean Ave.
Suite B
Medford, NY 11763
631-289-4224
Snyderwealthgroup.com

Stony Brook Medicine – SPONSOR
101 Nicolls Road
Stony Brook, NY 11794
631-689-8333
stonybrookmedicine.edu

**Stony Brook University
Music & Medicine**
100 Nicolls Rd.
Stony Brook, NY 11784

Strong Island Derby Revolution
109 Lowell Place
Port Jefferson, NY 11777
631-626-6530
thederbyrevolution.com

Suffolk County Police Department
suffolkpd.org

Sun River Health
82 Middle County Road
Coram, NY 11727
914-400-8083
Sunriver.org

Sunrise of East Setauket
1 Sunrise Drive
East Setauket, NY 11733
631-941-4455
sunriseseniorliving.com

Surge Nursing & Rehab
49 Oakcrest Ave
Middle Island, NY 11953
631-995-2900
surgerehab.com

The Bristol
400 Sutton Court
Mount Sinai, NY 11766
631-439-8500
thebristol.com

The Kid's Hangout
631-748-0079

The Spice & Tea Exchange
22 Chandler Square
Port Jefferson, NY 11777
631-974-5229
Facebook.com/TSTEPortJefferson

**The Waterview at Port Jefferson
Country Club - SPONSOR**
44 Fairview Drive
Port Jefferson, NY 11777
631-473-1440
waterviewportjeff.com

Thursday's Child
475 E. Main St., Ste. 114
Patchogue, NY 11772
631-447-5044
thursdayschildofli.org

CONTINUED ON PAGE S11

HEALTH AND WELLNESS FEST 2024

MANY THANKS TO OUR FEATURED HEALTHCARE SYSTEM**Stony Brook University & Hospital**

Stony Brook Medicine, Long Island's premier academic healthcare system, integrates and elevates all of Stony Brook University's health-related initiatives: education, research and patient care. It includes our Health Sciences schools — Medicine, Dental, Health Professions, Nursing and Social Welfare — a Program in Public Health, as well as Stony Brook University Hospital, Stony Brook Children's Hospital, Stony Brook Southampton Hospital, Stony Brook Eastern Long Island Hospital, Long Island State Veterans Home and more than 200 community-based healthcare settings throughout Suffolk County. To learn more, visit stonybrookmedicine.edu.

**Many Thanks To Our Platinum Sponsors****Mather Hospital**

Mather Hospital is an accredited 248-bed, non-profit community teaching hospital dedicated to providing a wide spectrum of high-quality health care services to Suffolk County residents, showing compassion, respect and treating each patient in the manner we would wish for our loved ones. Mather received the highest five-star rating for 2023 from the Centers for Medicare & Medicaid Services for outcomes, patient experience and process and has earned the prestigious Magnet® recognition three times from the American Nurses Credentialing Center, which recognizes healthcare organizations for quality patient care, nursing excellence and innovations in professional nursing practice. The hospital was rated high performing by *U.S. News & World Report* 2023-2024 Best Hospitals rankings in gastroenterology and GI surgery, geriatrics, orthopedics, pulmonology and lung surgery, heart failure, and kidney failure. Mather also was named one of America's 250 best hospitals for 2023 and 2024 by Healthgrades and received Healthgrades' Outstanding Patient Experience Award™ for the fourth consecutive year in 2024. The Leapfrog Group awarded Mather its 19th top A grade for patient safety in the fall 2023 ratings. Our Graduate Medical Education program prepares physicians for future careers through Internal Medicine, Transitional Year, Diagnostic Radiology, Interventional Radiology, and Psychiatry residency programs and gastroenterology and hematology/oncology fellowships. For information about Mather Hospital, visit matherhospital.org or follow us @MatherHospital on Facebook.

**New York Cancer & Blood Specialists**

New York Cancer & Blood Specialists (NYCBS) is a leading oncology practice in the New York Metropolitan area committed to providing world-class, patient-centered affordable care to patients with cancer and blood disorders in their own communities, close to family and friends. NYCBS has more than 30 locations and 35 hospital affiliations throughout Nassau and Suffolk counties, in the Bronx, Manhattan, Queens, Staten Island and Brooklyn. We offer a multidisciplinary and comprehensive approach to care that utilizes the most advanced imaging, state-of-the-art therapies, cutting-edge clinical trials, on-site pharmacies, and an in-house laboratory with a full range of pathology services. Advocating for and ensuring the health and well-being of our patients is and always will be our top priority.



HEALTH AND WELLNESS FEST 2024

Many Thanks To Our Gold Sponsors

St. Charles Hospital

St. Charles Hospital, a proud member of Catholic Health and the healing ministry of the Diocese of Rockville Centre, is a 243-bed, acute care community hospital located in Port Jefferson, NY, and has served the residents of the Three Village area for more than 115 years.

The non-profit hospital features four centers of excellence: Maternal/Child services, Orthopedics, Robotic Surgery and Rehabilitation. St. Charles is recognized as the region's most comprehensive rehabilitation provider and is the only hospital on Long Island with CARF-accreditation for its inpatient and outpatient rehabilitation program for children and adults.

St. Charles also offers services in general surgery and surgical subspecialties such as colon/rectal, urology, bariatric, neurosurgery, GYN oncology, female pelvic floor disorders, and ENT. In addition, St. Charles offers emergency medicine and acute medical care for adult and pediatric inpatients. St. Charles' subspecialty care services include cardiology, pulmonary, gastroenterology, infectious diseases, nephrology, neurology, epilepsy, and stroke care. Other services include diagnostic imaging and laboratory. St. Charles is known for its nationally accredited Sleep Disorders Center and its Center for Hyperbaric Medicine & Wound Care.

In addition, St. Charles has received prestigious recognition from Healthgrades, as well as an "A" rating for Hospital Safety from The Leapfrog Group. St. Charles has also received the Joint Commission's Advanced Certification in stroke, palliative care, and total hip/knee replacement. Other achievements include the American Heart Association/American Stroke Association's "Gold Plus Quality Achievement Award" for outstanding stroke care; AHA/ASA's "Target: Type 2 Diabetes Honor Roll," and IDSA Antimicrobial Stewardship Center of Excellence designation. St. Charles has also received accreditations from the American College of Radiology, the American Diabetes Association, the American Academy of Sleep Medicine and the Commission on Cancer.

**Times Beacon Record News Media**

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Many Thanks To Our Bronze Sponsors

Cona Elder Law

106 Crystal Brook Hollow Road, Port Jefferson Station • 631.390.5000 • www.conaelderlaw.com

Cona Elder Law is an award-winning law firm located in Port Jefferson and Melville. Celebrating 25 years in business, Cona Elder Law is known for its creative advocacy and cutting-edge strategies and has been consistently ranked the #1 Elder Law and Trust and Estate firm on Long Island. The firm's practice focuses on asset protection, Medicaid planning, estate planning, corporate succession planning, probate and estate administration, estate litigation, special needs planning and guardianships. Our mission is to inspire and empower people to embrace aging with support, resources, and referrals.

Danfords Hotel, Marina and Spa and Waterview at PJCC

Danfords Hotel, Marina and Spa boast fresh and casual elegance, inspired by the sea, sails and ever changing sunlight. Nestled in the heart of the historic Port Jefferson, we are your own private paradise on Long Island's North Shore. Celebrate your special occasion at The Waterview At Port Jefferson Country Club with beautiful banquet rooms, exquisite catering choices and spectacular views of the Long Island Sound, the Waterview is the perfect place to celebrate any special occasion.

ENT and Allergy Associates, LLP

ENT and Allergy Associates, LLP (ENTA) is the largest ear, nose, throat, allergy, and audiology practice in the country. With 55 office locations throughout the tri-state area, the practice sees more than 100,000 patients per month. Additionally, with more than 240 physicians, ENTA has the largest pool of board-certified/fellowship-trained Otolaryngologists and Allergists in the country – many of whom have been voted "Top Doctor" by leading publications."

HIV Stops With Me

HIV Stops With Me is a multifaceted, national social-marketing campaign that aims to prevent the spread of HIV and reduce stigma associated with the disease. The campaign features real HIV positive people talking about real issues; united by their goals of ending HIV stigma, supporting linkage to care, building self-esteem and a sense of community among people living with HIV.

LI Speech

Long Island Speech has 9 locations in Nassau and Suffolk County. Our highly-trained Speech-Language Pathologists specialize in treating children and adults in need of Myofunctional Therapy, Feeding Therapy, Articulation, Auditory Processing and so much more! Long Island Speech is open Monday through Saturday with day, evening, and weekend hours and accepts most major health insurances.

New York Allergy, Asthma & Immunology

120 N. Country Rd. Port Jefferson NY, 11777 • 2112 Middle Country Rd. Centereach, NY 11720. NY Allergy, Asthma & Immunology is rapidly growing into one of New York's top doctors' offices. At NY Allergy Asthma & Immunology Dr. Gadi Avshalomov MD, Deanna Spence FNP-BC, Nina Smith FNP-C, and Roma Kaur PA-C use the latest and most accurate technologies to diagnose and treat the full array of allergic, immunologic and ENT related diseases. Come get tested, get treated, and get better.

New York Allergy, Asthma & Immunology

Panacea Massage & Wellness

Panacea Massage & Wellness Studio offers a wide variety of Holistic approaches to health and wellness. This includes but is not limited to various modalities of Massage Therapy Techniques, Trigger Point Injections, and Red Light Therapy. We accept many insurance plans, along with a membership program and discounted packages to make it more affordable for everyone.

SERVPRO

Servpro is a full-service restoration company; licensed for emergency service restoration, disaster cleaning and construction services. No damage is too large or too small for Servpro. Our goal is to help minimize the interruption to your life and quickly make it "Like It Never Even Happened"

Zwanger-Pesiri Radiology

Zwanger-Pesiri Radiology has been dedicated to the health of Long Islanders for the last 70 years and is still expanding this commitment. With 21 offices throughout Nassau and Suffolk counties, ZP is continually updating its imaging technology, renovating its offices, and expanding into new communities. Family and privately owned, ZP is not affiliated with any hospitals or outside facilities. It's up to you where your family receives their medical imaging. Why not choose the best?



HEALTH AND WELLNESS FEST 2024

Looking back... past Health & Wellness events



Comfort backed by science

This year is the Chamber's 15th anniversary celebrating Health & Wellness Fest!

To help mark this occasion all attendees are eligible to win 3 health and wellness products donated by OSIM.

Their teams of professional advisors and medical experts have developed innovated products that enable their customers to live healthier and comfortable lifestyles. With this in mind there are three well-being products that will be raffled.

First their uCozy 3D neck and shoulder massager targeted 3D kneading massage with ergonomically designed 3D massage nodes and firm dual-directional kneading action, the uCozy 3D provides deep tissue relief for body aches. To further enhance your massage experience, the angled design of the uCozy 3D cradles your neck for a snug, intense and targeted massage. Use anywhere, anytime. The portable uCozy 3D neck and shoulders massager can be used in the

comfort of your home, on your office chair or even in the car (with the car adapter).

Second their uMist Aroma- Relax better, sleep better, this essential oil friendly humidifier that restores the optimal humidity level while adding aroma to create a comfortable home. uMist Aroma utilizes ultrasonic technology to break up water into extremely fine mist, and quietly too. Perfect relaxing ambience for you to unwind better.

Finally the third item is their PowerVibrate Rolling, uRoller X-Sports powerful vibrations combined with knobs and ridges to knead and stretch your muscle layers, relieving your post-workout muscle soreness faster than the normal foam rollers.

So, Admit it – we all get stressful from time to time, no matter in what life stage you are in. So take a chance and win one of these great wellness products that can cater your needs to relieve stress for you and your family members!

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welllifenetwork.org

Water's Edge Rehabilitation & Nursing
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Port Jefferson, NY 11777
631-473-5400
watersedgernc.com

Zwanger-Pesiri Radiology - SPONSOR
4 Medical Drive
Port Jefferson Station, NY 11776
631-444-5544
zprad.com

Wellbridge Addiction Treatment and Research
525 Jan Way
Calverton, NY 11933
704-578-8897
wellbridge.org



Featuring: Stony Brook Medicine

To Our Sponsors

PLATINUM

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GOLD

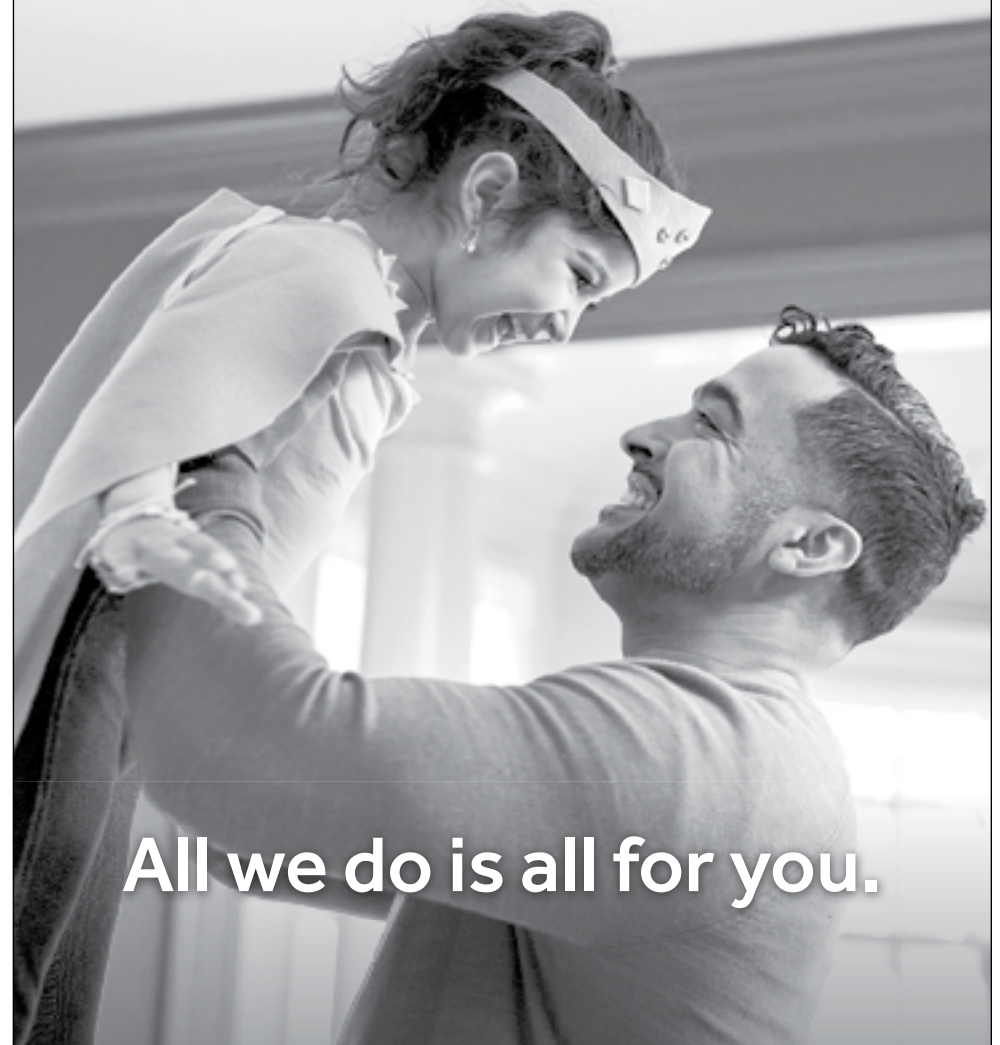
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HIV Stops With Me • LI Speech • NY Allergy, Asthma & Immunology
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Zwanger-Pesiri Radiology

The Greater Port Jefferson Chamber of Commerce would like to thank our sponsors, exhibitors and the efforts of our chamber staff and board of directors. Without whom the Health & Wellness Fest could not be possible, the Chamber values their community. By providing this health event it allows our friends and residents opportunities to be educated about their wellness decisions.

Keeping You Strong



All we do is all for you.

Visit Us April 13

Port Jefferson Health & Wellness Fest



Stony Brook Medicine

sbmstrong.org



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What does it mean to be a five-star hospital?

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Mather Hospital
NorthwellSM
RAISE ▾ HEALTH