

Arts & Lifestyles



**TIMES BEACON
RECORD NEWS MEDIA
NOVEMBER 16, 2023**

A TALE OF REDEMPTION

**Celebrate the holidays
with 'A Christmas Carol' at
Theatre Three * B13**

**The Ghost of Christmas Past
(Cassidy Rose O'Brien) and
Ebenezer Scrooge (Jeffrey Sanzel)
in a scene from the show.**
Photos by Steve Ayle/Showbizshots.com

ALSO: LIM presents Dickens in the Carriage Museum B10 * SCCC Selden's 'The Play That Goes Wrong' B21

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Photo courtesy of WMHO

Black Friday returns to Stony Brook Village Center

Time to shop! Black Friday returns to the Stony Brook Village Center, 111 Main Street, Stony Brook on Friday, November 24. Shop Black Friday store sales all day long throughout the village, with holiday favorites by the Celestial Holiday Carolers and a petting zoo by Rocking Horse Farm in the inner court from 2 p.m. to 4 p.m.

Make a stop at The Long Island Music and Entertainment Hall of Fame to view their new exhibit: *Billy Joel: My Life, A Piano Man's Journey* at 11 a.m. or 3 p.m. Tickets must be purchased in advance at www.limusichalloffame.org. A full list of Black Friday sales will be available online at stonybrookvillage.com. For more information, call 631-751-2244.

Attention Advertisers

EARLY DISPLAY DEADLINES NOTICE

~ For Thursday, November 23 Issue:
Leisure Section - Wednesday, November 15
News Section - Thursday November 16
Classifieds – Monday, November 20 • Noon

~ For Thursday, December 1 Issue:
All Sections - Wednesday, November 22 by 3 pm
Classifieds – Tuesday, November 28 • Noon

Call 631-751-7744 to reserve your space now

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Email your community calendar events to leisure@tbrnewspapers.com

To All of My Clients, Friends and Colleagues,

After providing legal services for nearly 18 years from my East Setauket office, I will be closing the office at the end of November. I will continue to practice in the areas of estate planning, probate and estate administration and will be available to meet with clients in the Stony Brook/Setauket area. My email address and phone number will remain the same. My new mailing address is below.

Feel free to contact me with any questions you may have. I look forward to working with you in the future.

Best wishes, Linda M. Toga

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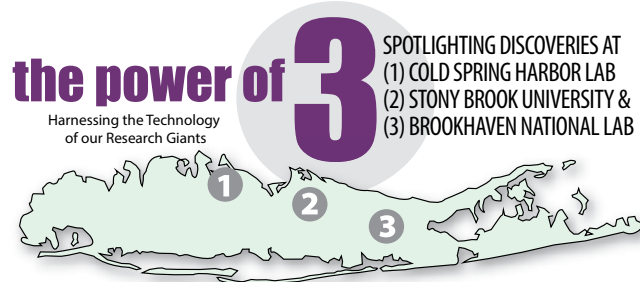
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FREE PLANNING TOOL KIT OF COURSE. THERE IS NO COST OR OBLIGATION

SBU's Jackie Collier, Joshua Rest solve genetic mystery in marine protist



BY DANIEL DUNAIEF

They were trying for two years to solve a puzzle that didn't make sense. Then, a combination of another discovery, some extensive analysis, and a deep dive into the past helped them put the pieces together.

KNOWLEDGE SEEKERS

Jackie Collier, Associate Professor at the School of Marine and Atmospheric Sciences at Stony Brook University and Joshua Rest, also an Associate Professor in the Department of Ecology and Evolution at Stony Brook, had been looking closely at the genetic sequence of a marine protist called *Aurantiochytrium limacinum*. A circular section and pieces at the end of the chromosome seemed inconsistent with the rest of the genes and with the specific type of single-celled organism.

But then, they saw a preprint of a paper in 2022 that the prestigious journal *Nature* published earlier this year that described a new type of virus, called a mirusvirus, which appeared to have genetic similarities and a signature that matched what they saw in their protist.

Mirus means "strange" or unknown in Latin, which was a way to describe the unusual evolutionary traits of these viruses.

Collier and Rest, working with a group of collaborators, found that a high copy circular structure and genetic elements that integrated at the end of one chromosome resembled this mirusvirus.

"From the perspective of the virus folks, 'mirus' was apt because the mirusviruses contain features of the two very distinct 'realms' of viral diversity," Collier explained. "Our results confirm that strangeness, and add more strangeness in terms of two different ways to maintain themselves (circular episomes or

integrated into a chromosome) in the same host genome."

Researchers had discovered the mirusvirus by sequencing DNA they took from the ocean. "What our findings do is connect to a host and hopefully eventually prove that there is a protist that contains a mirusvirus genome," said Collier.

The *Aurantiochytrium* protist, which is part of the Thraustochytrids order, intrigues researchers in part because it produces essential omega-3 fatty acids and carotenoids, which enhances its biotechnology potential. This protist also intrigues Collier because it is involved in decomposing dead mangrove leaves in mangrove forests.

Dormant virus

The Stony Brook scientists have been working on analyzing the genome for a paper they recently published in the journal *Current Biology* since 2019.

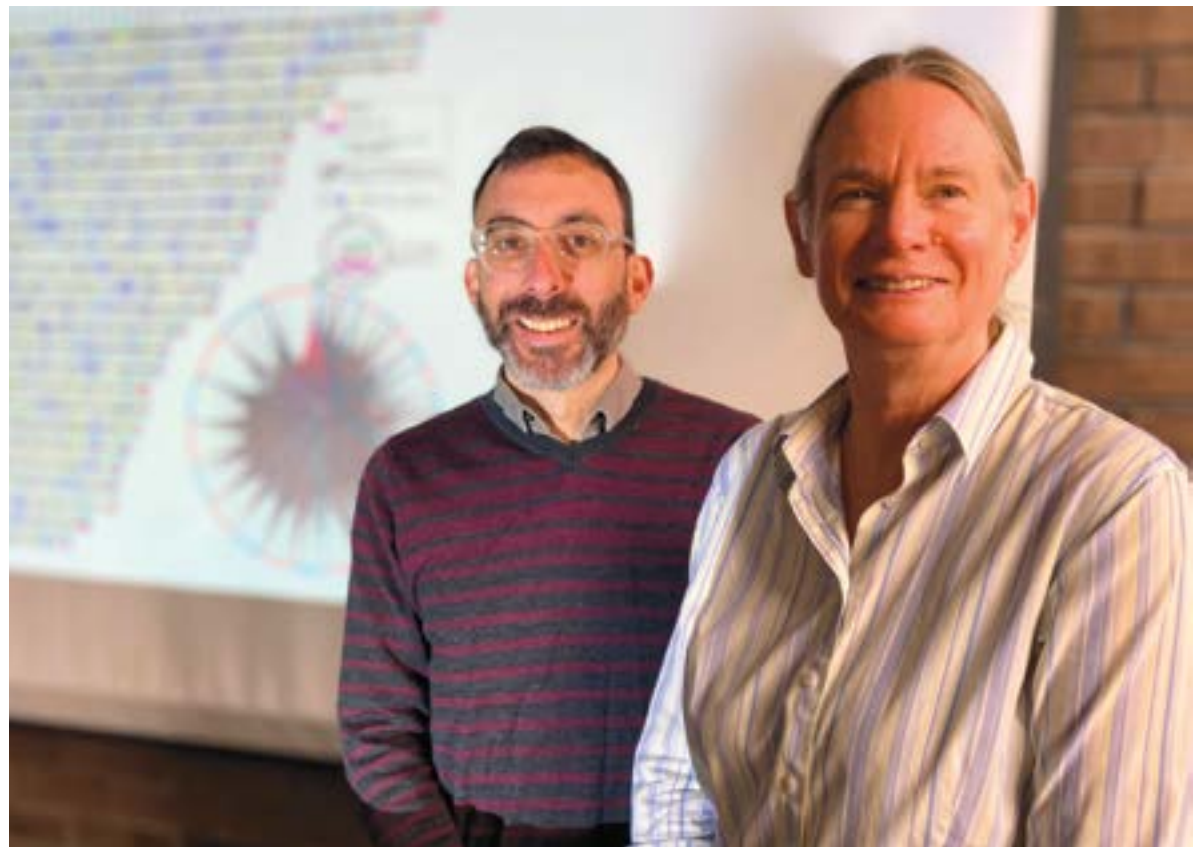
"We had been struggling to figure out what that was," said Collier. "We had a lot of hints that it had some relationship to some kind of viruses, but it wasn't similar enough to any known virus. We were struggling to figure out what to call this thing," which they had tentatively designated CE1, for circular element one.

Identifying viral elements provided the "hook" for the paper.

Rest suggested that the different confounding elements in the protist genome came from two different viruses.

At this point, Collier and Rest think the virus may be something like the herpesvirus, which hides out in human nerve cells. That virus enters a latent phase, remaining quiescent until a host becomes stressed.

John Archibald, Lucie Gallot-Lavallee and others from Dalhousie University in Canada, who are



From left, Joshua Rest and Jackie Collier. The blurred image in the background shows the genome structure of *Aurantiochytrium limacinum*, including the arrays of rDNAs at the chromosome ends, and the two mirusvirus elements that were discovered. Photo by Donna DiGiovanni

collaborators on this study, are creating the kind of conditions, such as lower food or colder temperatures, that might reactivate the viral DNA, causing it to release viral particles.

The research team has detected similar mirusvirus proteins in other *Aurantiochytrium* isolates and in four other Thraustochytrid genomes.

Focusing on this protist

Collier started working on thraustochytrids in 2002, after the first outbreak of QPX disease in Raritan Bay hard clams.

Bassem Allam, who is now the Marinetics Endowed professor in Marine Sciences at SBU asked Collier if she would help understand what was going on with the clams which had QPX disease. That was caused by another Thraustochytrid.

The organism that caused QPX is a relative of the protist that interested Collier. She chose *Aurantiochytrium* in part because it was the easiest to grow.

When the Gordon and Betty Moore Foundation started a

program to develop molecular genetic methods for diverse marine protists about seven years ago, Collier approached Rest for a potential collaboration.

A key piece, half a century old

In her informatics work, Collier followed a path that Google or artificial intelligence might otherwise have missed.

Like traveling back hand over hand in time through older research, Collier pulled up the references from one study after another. Finally, she found an intriguing study from 1972 that had overlaps with their work.

Scientists had isolated a Thraustochytrid from an estuary in Virginia using the same kinds of methods Collier and Rest used to grow *Aurantiochytrium*. Using electron microscopy, these earlier researchers characterized its ultrastructure. Along the way, these 1970's scientists noticed that starved cells released viral particles, which Collier and Rest believe might be the first record of a mirusvirus.

The researchers wrote a short paper that the prestigious journal *Science* published.

A cat connection

While Collier, who lives in Lake Grove, and Rest, who is a resident of Port Jefferson, are collaborators at Stony Brook, they have also have a feline connection.

In the beginning of the pandemic, a feral cat delivered kittens in Rest's garage. Rest's family initially tried to raise them, but allergies made such a pet arrangement untenable.

A cat lover, Collier was searching for kittens. She adopted two of the kittens, bottle feeding them starting at three days old. When Collier and Rest speak by zoom, Rest's children Julia, nine, and Jonah, five, visit with the cats virtually.

As for their work, Collier and Rest are intrigued by the possibility of gathering additional pieces to answer questions about this virus.

"For me, the most intriguing question is how common our observations will turn out to be — do many Thraustochytrids have latent mirusviruses?" she explained.

Look At What Patients Are Saying!

Energy Levels/Cravings/Weight

I find that I am not craving any kind of junk food and it is wonderful. I'm just not!!!! And I have lost 15 pounds of fat, which is amazing since I was within the normal range, already. I did not feel good before starting the lifestyle changes and now, I am feeling a lot better. This plan has given me a lot more energy. I was struggling to exercise, but now I look forward to it.

Female, age 57

High Blood Pressure and Fatty Liver

When first meeting with Dr. Dunaief my blood pressure was very high although I was on a number of medications to "control" it. Through dietary guidance under his care over the course of 6 months my BP is now consistently at a healthy level. Additional issues with blood and liver have also improved dramatically. My appointments are never rushed, Dr. Dunaief spends a great deal of time at each visit reviewing and explaining any results in detail (and in easily understandable language) and shares very useful information on how to continue to improve my health. I can't say enough good things about him, he has truly changed my life. Thank you Dr. Dunaief!

Male age 61

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Constipation • Diarrhea • Chronic Kidney Disease •
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Can you conquer the common cold?

MEDICAL COMPASS



BY DAVID DUNAIEF, MD

As the weather has started to turn cooler, I've been hearing a lot more sniffing and sneezing. It's a good reminder that cold season is upon us. Most frequently caused by the human rhinovirus, a cold's effects can range from an annoyance to more serious symptoms that put us out of commission for a week or more.

The good news is that it may be possible to reduce the symptoms — or even reduce the duration — of a common cold with lifestyle management and a few dietary supplements.

What can you do to relieve cold symptoms?

If you have congestion or coughing symptoms, sitting in a steamy bathroom may help. It simulates a medical mist tent, moisturizing your nasal and bronchial passages. Dry heat is your enemy when you're experiencing cold symptoms. If your home or office is dry, use a cool mist humidifier to put some humidity back in the air.

Eating salt-free soups loaded with vegetables can help increase your nutrient intake and loosen congestion. I start with a sodium-free soup base and add in spices, onions, spinach, broccoli, and other greens until it's more stew-like than soup-like. Caffeine-free hot teas will also help loosen congestion and keep you hydrated.

Does Zinc reduce a cold's duration?

You may have heard that zinc helps treat a cold. I have good news: it does!

According to a meta-analysis that included 13 trials, zinc in any form taken within 24 hours of your first symptoms may reduce the duration of a cold by at least one day (1). Even more importantly, zinc may significantly reduce the severity of your symptoms throughout, improving your quality of life. This may be due to an anti-inflammatory effect.

One of the studies, published in the *Journal of Infectious Disease*, found that zinc reduced the duration of the common cold by almost 50 percent from seven days to four days, cough symptoms were reduced by greater than 60 percent, and nasal discharge was reduced by 33 percent (2). Researchers used 13 grams of zinc acetate per lozenge

taken three-to-four times daily for four days. This translates into 50-65 mg per day.

Be aware, however, that there are a few serious concerns with zinc. First, the dose researchers used was well above the maximum intake recommended by the *National Institutes of Health*, which is 40 mg per day for adults. This maximum intake number is less for those 18 and younger (3). Also, the FDA has warned against nasal zinc administration with sprays, which has led to permanent loss of smell for some people.

Not all studies showed a benefit. Also, studies where there was a proven benefit may have used different formulations, delivery systems and dosages, and there is no current recommendation or consensus on what is optimal.

Does vitamin C help cure a cold?

According to a review of 29 trials with a combined population of over 11,000, vitamin C did not show any significant benefit in preventing or reducing cold symptoms or duration in the general population (4). With this in mind, there may be no reason to take mega-doses of vitamin C for cold prevention and treatment. However, in a sub-group of serious marathon runners and other athletes, there was substantial risk reduction when taking vitamin C prophylactically; they caught 50 percent fewer colds.

Is echinacea a possible cure?

After review of 24 controlled clinical trials, the Cochrane Database notes that the jury is still out on the effectiveness of echinacea for treatment of duration and symptoms, but the results are disappointing and inconsistent (5). There are no valid randomized clinical trials showing cold prevention using echinacea.

In a randomized controlled trial with 719 patients, echinacea was no better than placebo for the treatment of the common cold (6).

Should you exercise or not?

People with colds need rest — at least that was the theory. However, a study published in the *British Journal of Sports Medicine* may change this perception. Participants who did aerobic exercise at least five days per week, versus one or fewer days per week, had a 43 percent reduction in the number of days with colds over two 12-week periods during the fall and winter months (7). Even more interesting is that those who reported themselves as being highly fit had a 46 percent reduction in the number of days with colds compared to those who perceived themselves to have low fitness. Their cold symptoms were reduced significantly as well.



What are our takeaways?

For symptom relief, simple home remedies may actually work better than supplements. Zinc might be useful in treating and preventing the common cold. Use caution with dosing, however, to reduce its side effects. Echinacea and vitamin C have not been proven to provide benefits, but don't stop taking them if you feel they help you. Lastly, exercise might actually reduce your cold's duration.

References:

(1) Open Respir Med J. 2011; 5: 51-58. (2) J Infect Dis. 2008 Mar 15;197(6):795-802. (3) ods.od.nih.gov. (4) Cochrane Database of Systematic Reviews 2013, Issue 1. Art. No.: CD000980. (5) Cochrane Database of Systematic Reviews 2014, Issue 2. Art. No.: CD000530. (6) Ann Intern Med. 2010;153(12):769-777. (7) British Journal of Sports Medicine 2011;45:987-992.

Dr. David Dunaief is a speaker, author and local lifestyle medicine physician focusing on the integration of medicine, nutrition, fitness and stress management. For further information, visit www.medicalcompassmd.com or consult your personal physician.

ONLY ON THE WEB:

Visit www.tbrnewsmedia.com

» Meet the Reboli Center's November Artisan of the Month: Chris Miano

» On Utility Scam Awareness Day, PSEG Long Island urges customers to be on the alert

» Bethpage Turkey Drive benefiting Island Harvest Food Bank returns on Nov. 17

NEWS AROUND TOWN

Holiday Pottery Sale

The Brick Clay Studio & Gallery, 2 Flowerfield, Suites 57 & 60, St. James will hold a Holiday Pottery Sale on Saturday, Nov. 18 from 10 a.m. to 6 p.m. and Sunday, Nov. 19 from 10 a.m. to 3 p.m. Shop for one of a kind handmade pottery by members along with raffles, music and light refreshments. The Gallery Shop will also be open this holiday season to browse and purchase unique handmade pottery made on the premises. For more information, visit www.thebrickstudio.org or call 833-THE-BRICK.

Open cast call

Theatre Three, 412 Main St., Port Jefferson will hold open auditions for Agatha Christie's *Murder on the Orient Express* on Tuesday, Nov. 21 at 7 p.m. and Tuesday, Nov. 28 at 7 p.m. Readings will be from the script. Callbacks to be determined. Please bring picture/resume. Rehearsals begin in February 2023, performances will be held from April 6 to May 4, 2024. For further details, visit www.theatrethree.com/auditions.html.

SHS Holiday Luncheon

Join the Smithtown Historical Society for a Holiday Luncheon in the Frank Brush Barn, 211 East Main St., Smithtown on Thursday, Dec. 7. Indulge in a traditional country lunch complete with a tossed salad, roll, wine, dessert and coffee. Festive holiday wreaths will be raffled off as well. Tickets are \$25 per person. Reservations required by calling 631-265-6768.

Restorative Yoga at the Vanderbilt

Jenn Eagen of Pop Up Prana Yoga will offer Restorative Yoga in the Suffolk County Vanderbilt Museum's Reichert Planetarium, 180 Little Neck Road, Centerport on Sunday, November 19, from 5:30 to 6:30 pm. Eagen says the class incorporates 60 minutes of stillness and empowerment to your practice. Restorative poses, held for a few minutes or more, include light twists and gentle backbends. The minimalist style yin practice involves support by minimal props that allow you to rest and promote optimal relaxation. Cork blocks and yoga blankets are provided upon request. Please bring your yoga mat. Fee is \$37 per person. To register, visit www.popuppranayoga.com.

Send your News Around Town events to leisure@tbrnewspapers.com



- Harborfields Public Library, 31 Broadway, Greenlawn hosts The Friends of the Library's 12th annual **Holiday Craft Fair** on Nov. 17 and Nov. 18 from 10 a.m. to 4 p.m. Limited vendor space is still available for handcrafted items only. Email friends@harborfieldslibrary.org for details and vendor application.
- Smithtown Senior Citizens Department is seeking senior residents to craft items for the annual **Tender Years Treasury** event at the Eugene Cannataro Senior Citizens Center, 420 Middle Country Road, Smithtown on Dec. 2 from 10 a.m. to 1 p.m. All items must be priced at \$5 or less. Senior crafters can reserve a table at no cost to them by calling 631-360-7616.

- Belle Terre Community Association seeks craft, artisan and food vendors for its **Christmas Markets in Belle Terre** event at the Belle Terre Community Center, 55 Cliff Road, Belle Terre on Dec. 2 and 3 from 9:30 a.m. to 5 p.m. in conjunction with the Port Jefferson Dickens Festival. For an application or further info, email nftyis50@aol.com or call 631-828-4340.
- Vendors are needed for the **Comsewogue Community Connections annual Craft Fair** at Comsewogue High School, 565 North Bicycle Path, Port Jefferson Station on Dec. 9 from 10 a.m. to 4 p.m. \$35 table charge and donation or item to raffle off are required. To reserve your spot, call 631-974-5668 or email TripleC.CraftFair@gmail.com.
- Sachem Public Library, 150 Holbrook Road, Holbrook is seeking vendors for its annual **Holiday Night Market** on Dec. 9 from 5:30 to 8 p.m. For a vendor application, visit https://sachem.librarycalendar.com or call 631-588-5024.

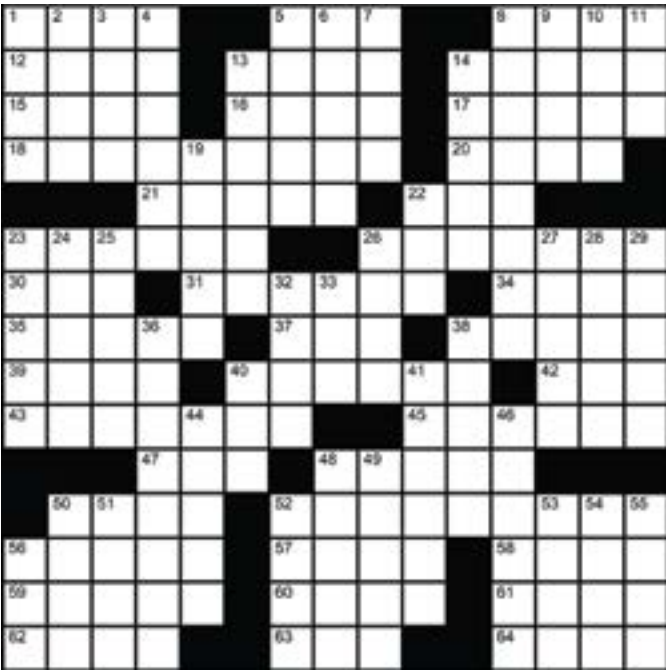
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Cats and Dogs
CLUES ACROSS

1. Baby powder
5. Hundredweight, acr.
8. Same as gauge
12. S squared, e.g.
13. Actor Wyle
14. Undergraduate's field of study
15. J. Edgar Hoover's man
16. Norse capital
17. Extremely angry
18. *Tweety chaser
20. Bob Ross' do
21. Not quite right
22. Hawaiian dish
23. Directed
26. Brought down
30. Deed
31. Rifle's backward move
34. Denim innovator
35. Like salad greens
37. Greek R
38. Read-only memory device
39. Western Samoan money
40. Oklahoma athlete
42. Tiny guitar
43. Relating to dreams
45. Like certain Debbie?
47. U.S. Marine Corps gift recipient
48. Gin mixer
50. Title for Turkish leader
52. *1929 Best Actor Oscar nominee
56. Lallygags
57. Medley
58. Pineapple producer
59. Suggestions
60. *Lassie's mark in Hollywood sidewalk
61. Arabian bigwig
62. Banana leftover
63. New York time
64. "Wanted!" state



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CLUES DOWN

1. Labels with a name, on Facebook
2. Major or general employer
3. Same as #36 Down, archaically speaking
4. Painter's surface
5. Receipt listings
6. *Corgi's homeland
7. Marvel Comics hammer wielder
8. *Jon Arbuckle, Odie and ____
9. A bit cracked
10. Kind of move, 2 words
11. Bard's before
13. End of rugby match
14. *Cat sound
19. Manicurist's file
22. Neighbor of Ger.
23. *Nome, AK hero
24. Continental divide
25. Like old cracker
26. *Rhodesian Ridgeback's target
27. *Old episodes of Eddie Crane's TV show
28. Call forth
29. Two identical molecules put together
32. Rubber sandal
33. Exclamation of surprise
36. *Fido, in Latin
38. More then one crocus
40. *Canine command
41. Newspaper VIP
44. ____ beef
46. Meandered
48. Leaves at the alter, e.g.
49. Uniate church member
50. Of the highest quality
51. Open-mouthed astonishment
52. Thorny gift
53. Large book
54. Pelvic parts
55. Smart but awkward one
56. "A stiff upper ____"

*THEME RELATED CLUE

SUDOKU PUZZLE

	4	8	3					6
1	5	2						
				5				4
	7				6	5		
			1		3			
		4	5				3	
2				9				
						6	7	2
6					4	1	9	

Directions: Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Answers
to last week's
SUDOKU

7	4	5	1	9	8	6	2	3
2	9	8	6	3	4	5	1	7
6	3	1	5	2	7	4	9	8
4	6	7	9	1	5	8	3	2
9	8	3	4	7	2	1	5	6
5	1	2	3	8	6	7	4	9
8	5	9	7	4	3	2	6	1
3	7	4	2	6	1	9	8	5
1	2	6	8	5	9	3	7	4

Answers to last week's puzzle:
Famous Scientists

C	A	F	E	S		P	H	D		S	T	A	R
U	S	A	G	E		L	E	I		P	E	A	K
F	E	I	G	N		A	D	S		E	E	R	I
F	A	R	A	D	A		C	A	R	S	O	N	
						R	A	M		M	O	S	S
V	A	R				K	I	W	I		P	O	L
O	B	I	T			S	A	N	S		N	O	N
L	E	G	O			S	T	I	L	E		A	D
T	A	U	N	T		T	B	A	R		M	I	L
A	M	P	E	R	E		U	T	A	H		A	D
						E	E	L	S		T	O	E
						H	U	B	B	L	E		G
C	O	R	A	L		A	I	L		V	E	N	U
A	L	G	A	E		F	R	O		E	M	I	T
R	E	E	L			Y	A	P		R	A	S	E

Answers to this week's puzzles will appear in next week's newspaper.

How the Suffolk Police Reform and Reinvention Plan will work

BY NANCY MARR

Following the death of George Floyd, Governor Andrew Cuomo in June of 2020 issued Directive 203, requiring all NYS counties to write a plan to reform the policies of their police departments by April 21, 2021.

MAKING DEMOCRACY WORK

In September 2020, Suffolk County Executive Steve Bellone announced the formation of a task force, saying “The development of the comprehensive policing plan...will help us build on the progress we have made and implement strategies that will improve policing.”

In addition to ten task force meetings, ten listening sessions were held throughout the county, in 2020 and 296 community members offered community input. In March 2021 the plan was approved by the Legislature. In December 2021, the Legislature codified the plan to give the Human Rights Commission the responsibility for providing citizen review; and it was submitted to the Governor on April 1. The reform and reinvention plan focuses on the following:

Training and Continuing Education — enhanced accountability through the use of body cameras, training in de-escalation,

implicit bias, the duty to intervene, and integrating community-based organizations into academic training for all police.

Mental Health Response — the plan calls for overhauling the police department’s mental health response, and collaborating with mental health partners. A 911 operator answering a call will speak to the caller to “assess the nature of the service needed.” If there is no emergency or safety concern, the call will be transferred to a behavioral health center. If the operator concludes that there is a risk to the safety of persons, a contact will be made to a Mobile Crisis Team and the SCPD.

Police Accountability and Citizen Review of SCPD — A key provision of the Suffolk reform plan is civilian oversight of the SCPD through the Suffolk County Human Rights Commission’s Administration of Justice Committee (AOJ). In January 2022, during the pandemic, the Human Rights Commission began the long task of implementing the citizen review panel, exploring and selecting a platform for the submission portal and hiring new staff. After training the investigators and commissioners for their new roles, it went live in March 2023.

Prior to the reform, residents making complaints would contact the Internal Affairs

Bureau (IAB) of the Police Department which was responsible for investigating and responding to the complaints. A complaint may now also be filed with the Human Rights Commission through its online portal by phone or on line.

The HRC Executive Director and investigators are provided with an IAB case file number, and HRC investigators review police misconduct investigations in tandem with IAB by means of access to a shared data portal, Axon Evidence. The HRC investigators review cases on a daily basis, and the HRC Executive Director provides a general update on the complaints at monthly meetings.

Prior to a final determination of the complaint, IAB will share its recommendation with the HRC investigators. If the IAB and HRC cannot agree on the final disposition, HRC can notify the Deputy Police Commissioner and/or the County Executive Police Accountability Liaison, who facilitates conversations between members of the Suffolk County Police Department (SCPD), SCPD Internal Affairs Bureau, and Human Rights Commission to resolve discrepancies in decisions.

It remains to be seen how a serious disagreement would be solved. Once the disposition is finalized, the Human Rights

investigator and/or the police department shares with the complainant the final determination and actions to be taken. Complainants will be able to call Suffolk 311 to be connected directly to the unit.

Information is being compiled by the HRC Committee regarding the public’s experiences with the SCPD and the investigation process in order to monitor how much progress has been made to foster a positive relationship between the SCPD and the public. It is important that all Suffolk County residents know how complaints are made. Go to the HRC portal, <https://suffolkcountyny.siviltech.com/>, for a complaint form and a breakdown of the complaints made in 2023.

We will be looking for a report from the Commission about whether the process has been effective and recommend that our new County Executive will select a new police commissioner who will continue to implement the reforms.

Nancy Marr is Vice-President of the League of Women Voters of Suffolk County, a nonprofit nonpartisan organization that encourages the informed and active participation of citizens in government and influences public policy through education and advocacy. Visit www-suffolkcounty.org or call 631-862-6860.



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Take a ride back in time with 'Dickens at the Carriage Museum'

BY TARA MAE

In celebration of the 27th Annual Charles Dickens Festival in Port Jefferson Village on Dec 2 and 3, the Long Island Museum (LIM) has collaborated with the Greater Port Jefferson Arts Council (GPJAC) to present *Come In! — Come In! And, Know Me Better, Man!* at the LIM's Carriage Museum on Saturday, Nov. 25 and Saturday, Dec. 9, from 2 to 4 p.m. Over a dozen costumed Dickensian characters will roam among antique carriages as they magically transform the galleries into a London of a bygone century. The event is included with museum admission.

"Some of the beloved longtime Dickens Festival characters are venturing further afield from Port Jefferson Village and heading toward the Long Island Museum to spread some joy in the holiday season, and to share with LIM visitors some of the aspects of their life during the middle of the 19th century," said GPJAC Program Director Amy Tuttle.

Portraying a number of the author's archetypes such as those who populate *A Christmas Carol* and *Oliver Twist*, they carry the patrons back in time by immersing themselves in their roles. Being surrounded by transportation of yesteryear only enhances the effect.



From left, George and Karen Overin and Ken Sanger, among others, will be at the LIM's Carriage Museum on Nov. 25 and Dec. 9. Photo by Frank Pittarese/LIM

"The actors will be wandering around and doing performances as Dickensian characters-situational performances," explained LIM's Public Programs Coordinator Emma Backfish. "We have never had something like this, where we have these performers near the actual carriages. It will be interesting to see the actors play off

of the different carriages, many of which are tied into that era. And, it will be an unique experience for them."

"Because the actors are so immersed in their characters, they can not only bring scenes in the Dickens canon to life, they also interact spontaneously with the public. Several of the actors are also very much

involved with historical re-enactments, and have appeared in period films," added Tuttle.

Like the museum itself, the actors are committed to exploring the artistry of enlivening history. Through historical interpretation, a performance art rooted in realism, the actors invite the audience to participate in their play and appreciate history from a more interpersonal perspective.

"I am excited to see people acting amongst our vehicles. They are bringing the era to life, putting vehicles in motion in people's minds. Having people there, speaking and acting as they are part of that time, brings them to life in a lot of ways," Backfish said.

Wardrobes are provided by either the actors or through the estate of Nan Guzzetta, the late proprietress of Antique Costumes and Props by Nan in Port Jefferson.

These events are the latest act in an ongoing partnership between the GPJAC and LIM. Previously the organizations jointly focused on live musical performances, specifically the Sunday Street Concert Series which is held at the museum's Gillespie Room.

"It's exciting being part of a collaboration which is so unique, enlightening and fun for everyone," said Tuttle.

The Long Island Museum is located at 1200 Route 25A in Stony Brook. For more information, visit www.longislandmuseum.org.



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Timeless classic 'A Christmas Carol' returns to Theatre Three for the holidays

BY STEPHANIE GIUNTA

Almost 180 years ago, Charles Dickens gave us the immortal gift of *A Christmas Carol*, which has become a pillar of holiday culture and a reminder to hold the spirit of the season near and dear.

Port Jefferson's Main Street, already adorned with wreaths on the lamp posts in preparation for its 27th annual Charles Dickens Festival, was only trumped by Theatre Three's warmth and inviting decor during last Saturday's opening night performance of the holiday classic. Carolers, singing familiar tunes before the show, further ignited the magic of Christmas in the air.

Revisited, adapted, and never told quite the same way twice, Theatre Three's version transports the audience back to 19th century England for an introspective, festive excursion that touches hearts and minds in a profound way. Jeffrey Sanzel, the show's executive artistic director who doubles as the stingy curmudgeon, Ebenezer Scrooge, reinvents the show each season, bringing a unique twist and newfound beauty to the timeless tale.

Sanzel's versatility is remarkable; his expressive nature and ability to portray a character with such complex, emotional layers is exceptional. Along with the power of his reprimands, I could feel Scrooge's sardonic "Good Afternoon!" down to my bones. I felt like I was being asked to leave the office along with his chipper and persistent nephew, Fred Halliwell (Sean Amato) and warm and loving clerk, Bob Cratchit (Ray Gobes Jr.) on Christmas Eve. Both Fred, joyful and optimistic, and Bob, loyal and dedicated, are talented bookends who symbolize the redemption, compassion, and transformative power of the Christmas spirit over even the harshest of humans.

The Fezziwig duo, played by the talented Stephen T. Wangner and Ginger Dalton, are the essence of fanciful charm. Their playful interaction and bubbly nature personify the merriment of the season. I could smell their mince pies, plum porridge, and zest for life from a mile away. In tandem, daughter, Belle Fezziwig (Julia Albino), wonderfully captures Scrooge's heart, but pivots beautifully to letting him go to his newfound love: money.

A flawless performance from the three spirits is not to forget. Cassidy Rose O'Brien is angelic as the Ghost of Christmas Past, walking Scrooge through a painful review of his mistakes and heartbreaks, including the loss of his relationship with Belle, and the deaths of his older sister, Fan (Alexa Eichinger,



Brooke Morrison) and partner, Jacob Marley (Steven Uihlein).

I was particularly enthralled with the scene in which townspeople are asking Scrooge to "Buy" or "Sell." There are so many overlapping dialogues intersecting at once, providing the audience with a line of sight into Scrooge's psyche, and how he may be processing the key occurrences of his past simultaneously. It was brilliant.

The Ghost of Christmas Present (Wangner) has a belly laugh that echoes throughout the theater, yet showcases the firm, tough love Scrooge needs to realize the gravity of matters at hand.

Lastly, I mouthed "wow" when the Ghost of Christmas Yet to Come (Amato) appeared on stage. What a vision! The scenes that follow produce a scared-straight version of Scrooge that even he didn't know existed.

I would be remiss in mentioning the short scene featuring Mrs. Dilber, Scrooge's

housekeeper (Dalton), in which she was inebriated on his gravesite. Her quick wit and boisterous mirth adds an unexpected and appreciated twang of comedy to the performance.

Randall Parsons and Jason Allyn truly bring 19th century England to Port Jefferson through beautiful production design and authentic costuming. The audience is transported through time with spine-tingling special effects by Robert W. Henderson Jr., and Brad Frey injects jollity into the atmosphere with signature Victorian carols and hymnal tunes.

When I first saw *A Christmas Carol* about 20 years ago, I remember being impressed with Scrooge and the cast because they made the story feel so real. Through an adult lens, it was even more apparent. Somehow, Sanzel and the cast are able to draw out a variety of emotions, connecting you not only to Christmas, but the treasures of giving of yourself to those less fortunate, being kind to others, and



Above, Tiny Tim (Zach Kanakaris) and Bob Cratchit (Ray Gobes Jr.); left, The Ghost of Christmas Present (Stephen T. Wangner) and Ebenezer Scrooge (Jeffrey Sanzel)

Photos by Steve Ayle/Showbizshots.com

finding happiness. It's a show that plays on the heartstrings in so many different capacities, reminding children and adults alike of what is most important during the holidays.

Theatre Three makes Christmas spirit feel so tangible that you can wrap it up in a box with a big, red bow. Bravo to Sanzel and the cast for bringing something so wonderful to life! Be sure to stick around post-performance for a photo memento with Scrooge. The \$5 charge contributes to the theater's scholarship fund.

Theatre Three, 412 Main St., Port Jefferson will present "A Christmas Carol" through Dec. 30. All tickets are \$25 in November and range from \$25 to \$40 in December. To order, call 631-928-9100 or visit www.theatrethree.com.

CAST & CREW: Julia Albino, Jason Allyn, Sean Amato, Karin Bagan, Steven Barile Jr., Kyle M. Breitenbach, Mairead Camas, Shannon Cooper, Ginger Dalton, Alexa Eichinger, Angelina Eybs, Sari Feldman, Griffin Fleming, Brad Frey, Julie Friedman, Christina Gobes, Ray Gobes Jr., Skye Greenberg, Tim Haggerty, Kathleen Arabelle Han, Robert W. Henderson Jr., Patrick Hutchinson, Zach Kanakaris, Linda May, Brooke Morrison, Cassidy Rose O'Brien, Randall Parsons, William Roslak, Jeffrey Sanzel, Finn Thomas, Isabela Thomsen, Melissa Troxler, Steven Uihlein, Addyson Urso, Stephen T. Wangner, Cassidy Worrell, Kaylin Zeidler and Stanley Zinger

Business Profile

Buttercup's Dairy Store, Inc.

Southeast Corner of Boyle Road and Old Town Road
Port Jefferson Station, NY
631-928-4607
www.buttercupdairy.com
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Thanksgiving Holiday Hours:

OPEN 8 am - 7 pm Monday - Wednesday, Nov. 20 - 22
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Notes about the business: Buttercup's Dairy Store is best described as an "everyday" store. The store serves families in the neighborhood by providing enough groceries and supplies to fill in between big supermarket store shopping trips. Items that can be found at Buttercup's Dairy include:
■ **Pies – over 25 varieties for Thanksgiving!** We bake non-stop so you can just stop in Monday, November 20 - Wednesday, November 22 for your favorites.

■ Catering – for your holiday gatherings and parties – cold cut platters, heroes, wraps and an assortment of cold salads.

■ Full Deli –including a large selection of Boar's Head products. Offering a variety of pre-cut, pre-wrapped cold cuts for quick pick up and a call in service that will have your deli order prepared and waiting for you to collect on your way home.

■ Dairy items such as milk, eggs, bacon, juices, cheese, butter and ice cream.

■ Full bakery with a large selection of freshly made rolls, breads, muffins, bagels, pies, cookies, cakes, etc.

■ Fresh produce including locally grown fruits and vegetables.

■ Grocery items including canned goods, paper goods, freezer items, baking supplies.

■ Quick & Easy Section - a great selection of ready to heat & eat foods and prepared fast foods geared to make dinners that are quick, easy & delicious.

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Tips to help make your Thanksgiving turkey terrific

BY HEIDI SUTTON

Sweet potatoes may be stars; cornbread dressing a contender. Dinner rolls are divine and green bean casserole a go-to. But Thanksgiving dinner isn't complete without turkey.

LET'S EAT

Even in households that don't eat meat, plant-based turkey alternatives find their way onto the dinner table in a nod to Thanksgiving tradition. Given the emphasis placed on the main course each Thanksgiving, cooking a turkey can be intimidating. These turkey-cooking tips can calm anyone's nerves and result in a mouth-watering main course.

Allow ample time for thawing. Some people may not be able to buy a fresh turkey, and millions of individuals purchase frozen turkeys each year. The Food Network says it can take 24 hours per every five pounds to thaw a turkey. Therefore, if you have a 15-pounder, allow for three days for thawing. Always thaw a turkey in a refrigerator.

Get the right size bird. The general rule of thumb is 1 pound (uncooked) to 1 1/2 pounds of turkey per person if you're buying a whole turkey. Rather than purchasing the largest turkey you can find for a large crowd, consider two smaller turkeys or one turkey and one breast to make cooking more even. Smaller birds are more tender as well.

Adjust the temperature. The food and cooking resource *The Kitchn* advises

preheating an oven to 450 F, then dropping the temperature to 350 F after putting the turkey into the oven. Cook, on average, 13 minutes per each pound of turkey. The turkey is done when it registers a minimum temperature of 165 F in the thickest part of the thigh.

To brine or not to brine? Many food fanatics swear by brining turkey to achieve more moist and flavorful meat. However, a wet brine may not lead to the crispiest skin possible.

Good Housekeeping suggests trying a dry brine instead. This involves rubbing salt all over the raw turkey, placing the bird into a large plastic bag, and refrigerating overnight or up to two days before cooking; otherwise, purchase a kosher turkey, which already has been salted from the inside out.

Avoid stuffing the bird. Rather than stuffing the turkey and cooking everything en masse, prepare the stuffing mixture separate from the turkey. This reduces the risk of contamination from the turkey's raw juices and helps to achieve a crispy coating on the stuffing guests will enjoy.

Make an aromatic roasting rack. Turkeys typically are placed on a metal rack for cooking so the juices do not cause the turkey to stick to the pan. However, you also can cut onions and lay them with a bed of whole celery stalks and carrots to elevate the roast. This creates extra flavor in the bird and the vegetables also can be served or mixed into the stuffing.



Gallery North kicks off the holidays with annual exhibit and gift market

Gallery North in Setauket presents its annual group exhibition of small original works for holiday giving, *Deck the Halls*, from Nov. 16 to Dec. 22 with an opening reception on Nov. 16 from 6 to 8 p.m.

ART EXHIBIT

Enjoy artwork by over 50 local and regional artists in a range of media, including painting, printmaking, works on paper, sculpture, glassware, and more. The exhibition offers an excellent opportunity to support local artists, and features a diverse selection of affordable, exciting, original artworks for everyone on your list and is generously sponsored by WFC Architects and Jefferson's Ferry.

In addition, Gallery North also features a large assortment of artisan-created jewelry, handmade crafts, and decorations within the Shop at Gallery North, as well as clothing and artist-made greeting cards produced in the Studio at Gallery North.



They also offer the gift of an art class or workshop to an aspiring artist, child, or adult.

As a complement to the exhibition, Gallery North will host a Holiday Gift Bazaar, a special holiday gift market inside

the Gallery and the Studio on Dec. 9 from noon to 7 p.m.

The purpose of the Holiday Gift Bazaar is to provide the community with an alternative to holiday shopping in malls and shopping centers. The event will offer an excellent opportunity to support local artists and businesses, complete with warm beverages and treats from LevelUp Kitchen.

Holiday shoppers will find a diverse selection of affordable, exciting, original paintings, prints, photography, ceramics, pottery, woodwork, glassware, artisan created jewelry, handmade crafts, decorations, and clothing — perfect gifts for everyone on your list.

'Tis the season to shop local!

Located at 90 North Country Road in Setauket, Gallery North is open Wednesday to Saturday from 11 a.m. to 5 p.m. and Sunday from 1 to 5 p.m. For more information, call 631-751-2676 or visit www.gallerynorth.org.

Thursday 16

Thankful Thursday at the Vanderbilt

Suffolk County Vanderbilt Museum's Reichert Planetarium, 180 Little Neck Road, Centerport will present a Thankful Thursday event at 7 p.m. Enjoy a free family-friendly planetarium show followed by night-sky viewing in the Observatory. Topics vary depending on the time of year but may include seasonal constellations, visible planets, galaxies, nebulae, and more. Recommended for ages 6 and up. Register at www.vanderbiltmuseum.org.

Friday 17

Holiday Craft Fair

Harborfields Public Library, 31 Broadway, Greenlawn presents its 12th annual Friends Holiday Craft Fair today and Nov. 18 from 10 a.m. to 4 p.m. Shop for handcrafted gift items from various vendors in the Library meeting rooms and art gallery hallway. Questions? Call 631-757-4200.

Holiday Light Show

The Riverhead Holiday Light Show, 149 Edwards Ave., Calverton kicks off tonight from 5 to 9 p.m. and continues on Nov. 18 and 19 from 5 to 9 p.m. Runs through Dec. 30. The largest drive-through light show in Suffolk County features dozens of dazzling displays to delight the entire family! Tickets can be purchased online at www.holidaylightshow.com.

Holiday Train Show

The St. James Model Railroad Club will hold its annual Holiday Open House at the Mills Pond House, 176 Mills Pond Road, St. James tonight from 6 to 9 p.m., Nov. 18 from 11 a.m. to 5 p.m.; and Nov. 19 from 11 a.m. to 5 p.m. Children of all ages will enjoy the sights and sounds of this truly impressive holiday event. Requested donations are \$2 for adults, 50¢ children. Please note: The St. James Model Railroad club is not handicap accessible. For further information, call 516-263-9607 or 631-543-8732 (evenings).

Owl Prowl Friday

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown presents an Owl Prowl from 6:15 to 8:15 p.m. Meet and learn about some of the Center's resident owls and then embark on a walk into the darkness to enjoy the night and call some owls. Meet behind the main house and check in. Bring a flashlight. Open to families with children ages 5 and up. \$15 per person. To register, visit www.sweetbriarnc.org.

Northport Symphony Concert

The Northport Symphony Orchestra, under the baton of Music Director Eric Mahl, will present a concert of classical music at Commack Middle School, 700 Vanderbilt Parkway, Commack at 8 p.m. The concert

Times ... and dates

Nov. 16 to Nov. 23, 2023



STRUMMING ALONG

Singer/songwriter James Maddock heads to the Long Island Museum in Stony Brook for a Sunday Street concert on Nov. 19.

will feature Pictures at an Exhibition by Modest Mussorgsky; Finlandia by Jean Sibelius and The Tender Land Suite by Aaron Copland. Tickets are \$15 per person at the door. www.northportsymphony.org.

Saturday 18

Holiday Light Show

See Nov. 17 listing.

Holiday Train Show

See Nov. 17 listing.

Polar Bear Plunge

Town of Brookhaven will host the 14th annual Polar Plunge at Cedar Beach, 244 Harbor Beach Road, Mount Sinai at 11:30 a.m. Registration begins at 9:30 a.m. The

annual event is held to raise funds and awareness for Special Olympics New York athletes in the Long Island region. For more information, or to register online, please visit www.polarplungeny.org/brookhaven.

School Craft Fair

Walt Whitman High School, 301 West Hills Road, Huntington Station presents its 22nd annual Holiday Craft Fair from 10 a.m. to 5 p.m. Featuring over 100 vendors with handcrafted items— the perfect place to find one of a kind items for everyone on your holiday shopping list. 631-549-8582

Mt. Sinai PTO Holiday Craft Fair

Mount Sinai Middle School, 114 North Country Road, Mount Sinai will host the Mount Sinai PTO's Craft Fair & Holiday

Market from 10 a.m. to 4 p.m. Featuring over 75 local vendors and artists selling handcrafted and unique items, stocking stuffers, 50/50 raffle, refreshments and photos with Santa. 631-870-2700

Caleb Smith Hike

Join the staff at Caleb Smith State Park Preserve, 581 W. Jericho Turnpike, Smithtown for Forgotten Trails of Caleb Smith from 10:30 a.m. to noon. Enjoy some refreshing autumn air as you embark on some of the hilly, secluded trails of Caleb Smith Preserve. \$4 per person. Adults only. Reservations taken on eventbrite.com.

Turkey Trot Run / Walk 5k

Join the North Shore Youth Council and Red Woods Fitness for the 2nd annual 5K Turkey Trot at Heritage Park, 633 Mount Sinai-Coram Road, Mt. Sinai at 10 a.m. Kids and adults, come on down for a fun morning to walk or run the 5k and participate in other engaging fitness activities. Stay for lunch and fuel up with food trucks at the park! \$10 entry per participant. Spectators welcome. Proceeds benefit NSYC's Thanksgiving and Holiday Giving initiatives for families in need in our local communities. Register online at www.givebutter.com/heritageturkeytrot.

Santaport Fair

A holiday tradition returns! Centerport United Methodist Church, 97 Little Neck Road, Centerport presents Santaport from 10 a.m. to 3 p.m. This beloved holiday fair features jewelry, housewares, toys, a silent auction of themed gift baskets, Men's World bargains and more. Bring your own camera for a photo with Santa (free!) and enjoy the Luncheon Cafe with homemade quiche, pies, soups, and BBQ. Book signing with *Raising Betty* author Sarah Zagaja and Fenway the therapy dog! For more information, call 631-261-5222.

Superheroes of the Sky

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown presents Superheroes of the Sky from 11 a.m. to noon. Take a walking tour with Jim while he feeds the Center's Birds of Prey and tells you about their incredible adaptations that help them survive in the wild. You'll be seeing and learning about a Bald Eagle, Turkey Vultures, owls, hawks and many more. \$10 per adult, \$5 per child under age 12. To register, visit www.sweetbriarnc.org.

Denim Designer Workshop

Join Celebrate St. James for a Denim Designer Workshop at the Calderone Theatre, 176 Second St., St. James from 11 a.m. to 1 p.m. Be your own denim designer at a fun-filled workshop led by Beth Drucker. Tickets are \$25, \$20 members and includes basic painting supplies. Bring your own denim piece and personal embellishments.

Light brunch will be served. To register, visit www.celebratestjames.org.

SPC Line Dancing

Setauket Presbyterian Church, 5 Caroline Ave., Setauket will host a line dancing event featuring Stepping Easy with Ellen from 4 to 6 p.m. \$10 per person at the door, children 12 and under free. Light refreshments will be served. For more information, call 631-941-4271.

Three Village Lights Launch Night

You're invited to the Three Village Lights Launch Night for Angela's House at 44 Mills Road, Stony Brook from 5:30 to 7:30 p.m. Enjoy hot chocolate and pictures with Santa, hear new songs and crowd favorites, and take a photo in front of the Selfie Wings. www.3vlights.com

Basket Auction

St. Anselm's Episcopal Church, 4 Woodville Road Shoreham will hold a Basket Auction fundraiser at 6 p.m. with fantastic baskets, raffles, 50/50 and more! Proceeds will benefit Hope Children's Fund and St. Anselm's Episcopal Church. For more information, call 631-744-7730.

Charity Auction Fundraiser

The Moose Lodge, 37 Crystal Brook Hollow Road, Mount Sinai will host the annual charity auction by the Women of the Moose. Doors open at 6 p.m. \$10 admission includes 25 tickets. Refreshments available for purchase. For more information, call 631-846-1651 or 631-398-4438.

Sunday 19

Holiday Light Show

See Nov. 17 listing.

Holiday Train Show

See Nov. 17 listing.

Flowerfield Car Show

"Long Island Cars" Fall Harvest Car Show & Swap Meet heads to Flowerfield Fairground, Route 25A, St. James from 8 a.m. to 4 p.m. Hundreds of classic and collectible automobiles including show cars from the 50's, 60's and 70's, one-of-a-kind custom cars, antiques, exotics, muscle cars, street rods, trucks and imports will be on display along with vendors, live music, fun fair food and more. There is something for every member of the family to enjoy. \$10 admission, children ages 12 and under are free. 631-567-5898 or LongIslandCars.com.

Caumsett Hike

Join the staff at Caumsett State Historic Park Preserve, 25 Lloyd Harbor Road, Huntington for a Highground Hike from 1:30 to 3 p.m. Venture through the woods for a walk on the park's high ground trails along the Long Island Greenbelt for amazing views of the Long Island Sound.

Adults only. \$4 per person. Reservations taken on eventbrite.com.

James Maddock in Concert

The Long Island Museum, 1200 Route 25A, Stony Brook continues its Sunday Street Series collaboration with the Greater Port Jeff-Northern Brookhaven Arts Council, and WUSB with James Maddock in concert in the Carriage Museum's Gillespie Room at 5 p.m. The singer/songwriter will perform new songs from his latest studio album, "Night Work." Accompanying Maddock on the Steinway concert piano and accordion is Brian Mitchell. Tickets are \$30 in advance at www.sundaystreet.org/ \$35 at the door.

Sound Symphony Concert

Comsewogue High School, 565 Bicycle Path, Port Jefferson Station welcomes the Sound Symphony Orchestra in concert at 2 p.m. Program includes Schumann: Symphony No. 4; Tchaikovsky: Rococo Variations (Theme and Variations I, II, V, VI, and VII), featuring soloist Aurelia Faidley, cello; Alfvén: Midsommar: Swedish Rhapsody and Anderson: Sleigh Ride. Admission at the door is \$20 adults, \$15 seniors, \$10 students, children under 12 are free. www.soundsymphony.org

Monday 20

No events listed for this day.

Tuesday 21

NSJC Social Club event

North Shore Jewish Center Social Club, 385 Old Town Road, Port Jefferson Station invites the community to a screening of *That's Dancing* narrated by Gene Kelly, which covers Hollywood's history of dancing in movies, in the Social Hall at 11 a.m. Bagels, cream cheese and coffee will be served. \$5 per person, \$4 members. 631-928-3737

Wednesday 22

Port Jefferson Tree Lighting

Join the Port Jefferson Business Improvement District (BID) for their 2nd annual Christmas Tree Lighting at the intersection of Broadway and East Broadway at 6:30 p.m. Watch Santa light the tree and enjoy live holiday music by Erik McCormack from 5:30 to 7:30 p.m. with free hot chocolate and candy canes. www.portjeff.com

Thursday 23

Happy Thanksgiving

Thanksgiving Foot Races

Miller Avenue School, 3 Miller Ave., Shoreham will host the annual Shoreham-Wading River Thanksgiving Foot Races at 8 a.m. with a 5k, 5-mile and 1-mile runs for

various ages. Proceeds benefit scholarships. Fee is \$15 in advance, \$20 race day. Call 631-821-8116 or visit www.swrschools.org.

Turkey Trot

The 16th annual Nissequogue River State Park Foundation's 5k Turkey Trot at Nissequogue River State Park, 799 St. Johnland Road, Kings Park will kick off with a Fun Run for Kids at 8:30 a.m. followed by the Turkey Trot at 9 a.m. Enjoy free hot chocolate, coffee and food and activities for the kids. Prizes will be awarded to the top finishers. Entry fee is \$24 in advance, \$30 day of race, \$10 Fun Run. To register, visit www.ourstatepark.com.

Thanksgiving Day Run

American Legion Hall, 1 Mill Dam Rd., Halesite will host the Townwide Fund of Huntington's 4-mile Thanksgiving Day Run with a Fun Run at 8:30 a.m. and 4k Run at 9 a.m. Fees are \$30 in advance, \$45 day of race, \$15 fun run. Call 631-629-4950 visit www.townwidedfund.org.

Theater

'The Play That Goes Wrong'

The Theatres at Suffolk County Community College present *The Play That Goes Wrong* at the Shea Theatre, Islip Arts Building, Suffolk County Community College, Ammerman Campus, 533 College Road, Selden on Nov. 9, 10, 11, 16, 17, 18 at 7:30 p.m. and Nov. 12 and 19 at 2 p.m. An unconscious leading lady, a corpse who can't play dead, a ruffled detective, and a word-mangling butler (among others) must battle against technical gaffes, forgotten lines, and sabotaging scenery in a quest to arrive all in one piece at the final curtain call. General admission tickets are \$15, veterans and students 16 years of age or younger \$10. For tickets, call 631-451-4163. *See review on page B21.*

'Elf The Musical'

The Community Playhouse of Northport kicks off the holiday season with a main stage production of *Elf the Musical* at the Brosnan Theater, 158 Laurel Avenue, Northport on Nov. 9, 11, 17 and 18 at 7:30 p.m., Nov. 12 and 19 at 3 p.m. Tickets are \$20 for adults and \$15 for students and seniors. The Sunday performances will include a meet the cast (Santa and company!) at 1:30 pm. To order visit www.communityplayhousenorthport.org.

'A Christmas Carol'

"I will honor Christmas in my heart..." Celebrate the season with *A Christmas Carol* at Theatre Three, 412 Main St., Port Jefferson from Nov. 11 to Dec. 30. Follow the miser Ebenezer Scrooge on a journey that teaches him the true meaning of Christmas — past, present, and future. Join them for the 38th annual production of the immortal classic in all of its thrills,

music, joy, and spirit. Please note: No children under 5 are permitted. All seats are \$25 in November. Tickets are \$40 adults, \$32 seniors and students, \$25 children in December. To order, call 631-928-9100 or visit www.theatrethree.com. *See review on page B13.*

'Every Christmas Story Ever Told'

Smithtown Performing Arts Center, 2 East Main St., Smithtown presents *Every Christmas Story Ever Told (And Then Some!)* from Nov. 25 to Dec. 23. Three actors decide to perform every Christmas story ever told — plus Christmas traditions from around the world, seasonal icons from ancient times to topical pop-culture, and every carol ever sung. A madcap romp through the holiday season! Tickets are \$32 adults, \$30 seniors, \$28 students. To order, visit www.smithtownpac.org.

'A Christmas Carol'

Join the Minstrel Players at Houghton Hall, Trinity Episcopal Church, 130 Main St., Northport for their annual production of Charles Dickens' *A Christmas Carol* on Dec. 8 and Dec. 9 at 8 p.m. and Dec. 10 at 3 p.m. Tickets are \$20 adults \$15 seniors and students. To order, email tickets. minstrelplayers@gmail.com.

Film

'99 Minutes from Broadway'

Celebrate St. James continues its Classic Movie Series at the Calderone Theatre, 176 Second St., St. James with a screening of *99 Minutes from Broadway: A Funny Thing Happened on the Way to St. James* at 1 p.m. Learn the history of St. James and the vaudevillians who summered here at the turn of the century. Tickets are \$25 \$20 seniors. To register, call 631-984-0201 or visit www.celebratestjames.org.

Class Reunions

•*Save the date!* **Port Jefferson High School Class of 1964** will hold its 60th reunion at the Meadow Club, 1147 Route 112, Port Jefferson Station on Oct. 17, 2024. For more information, email Mike Whelen at Mikarlwhe@comcast.net.

CALENDAR DEADLINE is Wednesday at noon, one week before publication. Items may be mailed to: Times Beacon Record News Media, P.O. Box 707, Setauket, NY 11733. Email your information about community events to leisure@tbrnewspapers.com. Calendar listings are for not-for-profit organizations (nonsectarian, nonpartisan events) only, on a space-available basis. Please include a phone number that can be printed.

Religious Directory



Catholic

**INFANT JESUS
ROMAN CATHOLIC CHURCH**
110 Myrtle Ave., Port Jefferson 631-473-0165
Fax 631-331-8094
www.www.infantjesus.org
REVEREND GREGORY RANNAZZISI,
PASTOR, ASSOCIATES:
REV. FRANCIS LASRADO &
REV. ROLANDO TICLLASUCA
Parish Outreach: 631-331-6145
Weekly Masses: 7:30am (Monday-Friday) and
9am in the Church
Weekend Masses: Saturday at 4:30pm, Sunday
9:00am and 12:00pm in the Chapel..
at 7:30 am, 8:45am (Spanish), 10:30am, and
5pm in the Church
Spanish Masses: Wednesdays 6:00pm
Sunday at 8:45am
in the Church
The Sacrament of Reconciliation remains
scheduled on Saturdays 12:30-1:15pm
in the lower church.

**ST. GERARD MAJELLA
ROMAN CATHOLIC CHURCH**
300 Terryville Road, Port Jefferson Station
631-473-2900 www.stgmajella.org
REV. GREGORY RANNAZZISI, PASTOR
Mass: Saturday 5pm
Sunday 8am, 10am & 12pm
Weekday Mass: 9am
Confessions: Saturday 3:45pm-4:45pm
Office Hours: Monday-Thursday 9am - 4:30pm
Thrift Shop: Monday-Thursday 10am - 4pm
and Friday 10am-2pm.
Baptism and Wedding arrangements can be
made by calling the Parish Office.

**ST. JAMES ROMAN
CATHOLIC CHURCH**
429 Rt. 25A, Setauket
Phone: 631-941-4141 Fax: 631-751-6607
Parish Office email:
parish@stjamessetauket.org
www.stjamessetauket.org
REV. ROBERT KUZNIK, PASTOR
REV. ROBERT SCHECKENBACK,
ASSOCIATE PASTOR
REV. MIKE S. EZEATU,
SBU HOSPITAL CHAPLAIN, IN RESIDENCE
Office Hours: Monday-Friday 9am to 4pm ...
Saturday 9am
Bereavement: 631-941-4141 X 341
Faith Formation Office: 631-941-4141 X 328
Outreach: 631-941-4141 X 313
Our Daily Bread Sunday Soup Kitchen
opened 2-3pm, serving hot meals
To-Go and groceries
Food Pantry Open Open Every Wednesday
from 12Noon to 2pm

Open Every Sunday from 2-3pm,
Mission Statement: We, the Catholic commu-
nity of the Three Village area, formed as the
Body of Christ through the waters of Baptism,
are a pilgrim community journeying toward the
fullness of the Kingdom of God, guided by the
Holy Spirit, nourished by the Eucharist and
formed by the Gospel. We strive to respond to
Jesus invitation: to be faithful and fruitful disci-
ples; to be a Good Samaritan to our neighbor and
enemy; to be stewards of and for God's creation
and to be living witness of Faith, Hope and
Charity...so that in Jesus name, we may be a
welcoming community, respectful of life in all
its diversities.

**ST. LOUIS DE MONTFORT
ROMAN CATHOLIC CHURCH**
75 New York Avenue, Sound Beach
Parish office: 631-744-8566;
fax 631-744-8611
Parish website:
www.stlouisdm.org

REV. MSGR. CHRISTOPHER J. HELLER,
PASTOR REV. ALPHONSUS IGBOKWE,
ASSOCIATE PASTOR REV. MSGR. DONALD
HANSON, IN RESIDENCE
REV. FRANCIS PIZZARELLI, S.M.M.,
PARISH ASSISTANT REV. HENRY VAS
Office Hours: Mon., Tues., Thurs.:
9 am to 5 pm
Wednesday: 9 am to 8 pm; **Friday:** 9 am to 4
pm; **Saturday:** 9 am to 1 pm;
Closed on Sunday
Mission Statement: To proclaim the good news
of Jesus Christ's love through our active in-
volvement as a parish family in works of
Charity, Faith, Worship, Justice and Mercy. ALL
ARE WELCOME! No matter what your present
status is in the Catholic Church. No matter your
family situation. No matter your practice of faith.
No matter your personal history, age or back-
ground. YOU are invited, respected and loved at
St. Louis de Montfort.

Weekday Masses:
Monday through Friday 8:30 am in the Chapel
Weekend Masses: Saturday Vigil: 5 pm
Sunday: 7:30 am; 10:00 am; 12 noon.
Baptisms: Most Sundays at 1:30 pm.
Please contact Parish Office for an appointment.
Reconciliation: Saturday 4-4:45 pm
or by appointment.
Anointing of the Sick: by request.
Holy Matrimony: Contact Parish Office at least
six months in advance of desired date.
Religious Education: Contact 631-744-9515
Parish Outreach: Contact 631-209-0325



Catholic Traditional Latin Mass

**ST. MICHAEL THE ARCHANGEL
SOCIETY OF SAINT PIUS X**
900 Horseblock Road, Farmingville
631-736-6515 sspplongisland.com
Sunday Masses at 7am and 9am
Please consult sspplongisland.com for updates
and current mass times.

Christian

ISLAND CHRISTIAN CHURCH
400 Elwood Road, East Northport
IslandChristian.com
631-822-3000
PASTOR CHRISTOPHER COATS
Food Pantry:
Every third Wednesday of the month
10:30 AM - 12 PM

Congregational

**MT. SINAI CONGREGATIONAL
UNITED CHURCH OF CHRIST**
233 North Country Road, Mt. Sinai
631-473-1582
www.msucc.org

We are a congregation committed to justice. **All
are welcome** into our full life and ministry
regardless of age, race, abilities, economic or
marital status, gender, sexual orientation, or
gender identification. We are a church that is
open and affirming of all people, as we are each
made in the image of God
Sunday Worship at 10am
Livestreaming on YouTube:
[@MtSinaiCongregationalChurchUCC](https://www.youtube.com/@MtSinaiCongregationalChurchUCC)
Sunday School at 10am

"No matter who you are or where you are
on life's journey, you are welcome here."
Through our worship and by our actions
we strive to live out Christ's message
to love one another

The Island Heart Food Pantry
643 Middle Country Road, Middle Island NY
Wednesdays and Thursdays 2:15PM-4:15PM
MSSC Food Cupboard
233 N. Country Rd, Mt Sinai
Every other Tuesday 9:15-11:45

Episcopal

ALL SOULS EPISCOPAL CHURCH
On the hill across from
the Stony Brook Duck Pond
61 Main Street, Stony Brook
FATHER TOM REESE VICAR
Visit our website www.allsoulsstonybrook.org
or call 631-655-7798
Sunday: 8:00am Virtual Morning Prayer

9:30 Holy Eucharist with Organ Music
Tuesday: 8:00am

Interdenominational Morning Prayer

Wednesday: 12 noon

Interdenominational Rosary

We are a friendly welcoming community for all
people.

CAROLINE EPISCOPAL CHURCH OF SETAUKET

1 Dyke Road on the Village Green, Setauket
Web site: www.carolinechurch.net
email: office@carolinechurch.net
631-941-4245

REV NICKOLAS C. GRIFFITH-RECTOR
REV ELLIOT T. CONRAD-CURATE
Join us in celebrating 300 years of community,
fellowship & ministry!

Services

5:00pm **Saturdays Holy Eucharist**
8:00am **Sundays Holy Eucharist**
9:30am **Sundays Holy Eucharist w/ choir**
12:15pm **Wednesdays Noonday Prayer**
10:00am **Thursdays Healing Service**
Sunday School & Children's Chapel

Registration OPEN now!

Pick-up a form after church!

Safe Church certified teachers,

free nursery child-care,

a well-supervised, joyous environment, & more!

Food Pantry

Open Wednesdays 11:00am-12:00pm in the
Marco C. Smith Building.

Entrance is located at the back of the building.
All are welcome!

CHRIST EPISCOPAL CHURCH
127 Barnum Ave., Port Jefferson
631-473-0273

email: ccoffice@christchurchportjeff.org

www.christchurchportjeff.org

Church office hours: Tues. - Fri. 9am - 12pm
Please join us for our 8:00 and 10:00 Sunday
Eucharists and our 10:00 Wednesday Eucharists
in our Chapel. **GOD BLESS YOU**

Father Anthony DiLorenzo

It is the mission the people of Christ Church to
grow in our relationship with Jesus Christ and to
make his love known to all through our lives and
ministry. We at Christ church are a joyful,
welcoming community. Wherever you are in
your journey of life we want to be part of it.

ST. ANSELM'S EPISCOPAL CHURCH

4 WOODVILLE RD., SHOREHAM

A place where all people, wherever you are in
your journey, can find love and respect while
getting to know the God who already loves you.

THE REV. JENN PILAT, RECTOR

email: revjenn@stanselmofshoreham.org

Office phone: 631.744.7730

Office hours: Mon - Fri 9 am to Noon and by

PLEASE CALL OR VISIT YOUR PLACE OF WORSHIP'S WEBSITE FOR MORE INFORMATION AND GUIDANCE.

Religious Directory



Episcopal

appointment www.stanselmsofshoreham.org
<https://www.facebook.com/saintanselmsepiscopal/> Summer Schedule
Saturday-5 pm Eucharist
Sunday-8 am Eucharist
Sunday - 10 am Eucharist with music
Monday-9:30 am Morning Prayer
Tuesday-8 pm Compline on Facebook Live
Thursday-9:30 am Morning Prayer
Friday-8 pm Compline on Facebook Live
Healing+ - Last weekend of each month
Anselm's Attic - Thrift Shop (631) 744-2636
Wednesdays & Saturdays 10 a.m. to 2 p.m.
Food Pantry
Saturdays 10 a.m. to Noon
Saint Anselm's Academy
New York State Licensed Childcare
8 weeks through Pre-K
www.stanselmsacademy.org

ST. JOHN'S EPISCOPAL CHURCH

"To know Christ and to make Him known"
REV. DUNCAN A. BURNS, RECTOR
REV. ZACHARY D. BAKER, CURATE
REV. CLAIRE D. MIS, DEACON
Alex Pryrodnny, Music Director & Artist-in-Residence
Sunday Worship
8:00am - Rite I Holy Eucharist
9:40am - Sunday School
10:00am - Rite II Holy Choral Eucharist
Join our choir! All voices welcome!
Morning Prayer on Zoom
9:00am Monday thru Friday
Noonday Prayer in Person
12pm - Wednesdays
Thrift Shop
Tuesdays, Thursdays, & Saturdays 12-3pm
12 Prospect St, Huntington (631) 427-1752
On Main St. next to the library
info@stjohns1745.org stjohns1745.org
[Facebook.com/stjohns1745](https://www.facebook.com/stjohns1745)

Jewish

TEMPLE ISAAH

1404 Stony Brook Road, Stony Brook
631-751-8518 www.tisbny.org
Joyful Judaism in a warm, caring, musical, multigenerational community devoted to learning, prayer and friendship.
Member Union for Reform Judaism
RABBI/CANTOR JOSHUA GRAY
PRINCIPAL STEPHEN WEITZMAN
RABBIS EMERITI
ADAM D. FISHER, STEPHEN A. KAROL
CANTOR EMERITUS
MICHAEL F. TRACHTENBERG
Services:
1st Friday 6pm Family Service
Other Fridays 7:30pm
Saturday B'nai Mitzvah services 10am

Religious School- Confirmation Class-
Monthly Tot Shabbat-
Torah Study- Adult Education-
Adult Bar and Bat Mitzvah
Brotherhood - Sisterhood- Book Club
Social Action and much more!

Lutheran-ELCA

HOPE LUTHERAN CHURCH AND ANCHOR NURSERY SCHOOL

46 Dare Road, Selden
631-732-2511
Emergency Number 516-848-5386
Email: office@hopelutheran.com
Website: www.hopeluth.com
REV. DR. RICHARD O. HILL and
REV. DALE NEWTON, PASTOR
On Sundays the services are at 9 and 10:30 a.m.
A link for all these services is on the website: www.hopeluth.com.
Sunday School (ages 3-11)
Sundays at 9 a.m.
Kids' Club (ages 3-11)
Wednesdays from 4-5:30 p.m.
Teen Ministry (ages 11-15)
Saturdays 6:00-7:30 p.m.
Adult Study Groups
on Tuesdays, Wednesdays, and Thursdays
Our Food Pantry is open to everyone on Thursdays from 12:30-2:30 p.m. for picking up food. Also, donations can be made from 11 a.m.-noon or by making arrangements by leaving a message on the church answering service. Offerings to support our ministry can be made at church services and through our website's "Share God's Mission" page.
In any emergency, call the pastor at 516-848-5386

ST. PAUL'S EVANGELICAL LUTHERAN CHURCH

309 Patchogue Road
Port Jefferson Station
631-473-2236
e-mail PastorPaulDowning@yahoo.com
pastor's cell phone voice or text 347-423-3623
www.StPaulsLCPJS.org
[facebook.com/stpaulselca](https://www.facebook.com/stpaulselca)
Services
Sundays 8:30am and 10:30am
Wednesday Bible Study
over Zoom at 9:30
Friday Prayer Group at 10:30am
in church or zoom
WELCOME FRIENDS
Provides free lunch in parking lot on Tuesdays at 1:00 pm

Lutheran-LCMS

MESSIAH LUTHERAN CHURCH

465 Pond Path, East Setauket
631-751-1775 www.messiahny.org
Pastor Nils Niemeier
Thanksgiving Eve
Wednesday, November 22 worship at 7:00pm
Mid-Week Advent Worship
Wednesdays, December 6, 13 & 20
at 11:00am & 7:00pm
Sunday Worship
8:30am and 11:00am
Sunday School
9:45am
Bible Classes
Sundays and Wednesdays
For more information or to speak to one of our pastor please contact the church office.
May God keep you safe and shine His light and love upon you

Methodist

BETHEL AFRICAN METHODIST EPISCOPAL CHURCH

33 Christian Ave/ PO 2117, E. Setauket
631-941-3581
REV. LISA WILLIAMS PASTOR
Sunday Worship: 10:30 Am
Adult Sunday School 9:30 Am
Lectionary Reading And Prayer:
Wed. 12 Noon
Gospel Choir: Tues. 8 Pm
Praise Choir And Youth Choir 3rd And 4th Fri.
6:30 PM.

SETAUKET UNITED METHODIST CHURCH

160 Main Street, Corner of 25A and Main Street
East Setauket 631-941-4167, or email us at sumeny@aol.com
Rev. Steven Kim, PASTOR
Sunday Worship Service and Sunday School at 10am
Services are streamed online @ www.setauketumc.org
and livestreamed on Facebook
Holy Communion 1st Sunday of Month
Mary Martha Circle (Women's Ministry) meets every 2nd Tuesday each month at 1pm
No Matter who you are or where you are on life's journey, you're welcome here!

STONY BROOK COMMUNITY CHURCH

UNITED METHODIST
REV. CHUCK VAN HOUTEN, PASTOR
Connecting people to God, purpose, and each other!

216 Christian Avenue, Stony Brook, NY 11790
Church Office: 631-751-0574

Email:
stonybrookcommunitychurch@gmail.com
Website: www.stonybrookcommunitychurch.org
Sunday Worship Service: 11:00 am
Sunday School: 11:00 am
Live stream link available on our website
SBCC is a community of love, learning, and outreach for individuals and families doing God's work together. We are an inclusive, evolving family of faith where everyone is welcome- a place to belong. Our mission is to grow in our love for God and one another and to bring positive change to the world through prayer and service.
Holy Communion 1st Sunday of the month

Presbyterian

FIRST PRESBYTERIAN CHURCH OF PORT JEFFERSON

107 South/Main Streets 631-473-0147
We are an accepting and caring people who invite you to share in the journey of faith with us.
Email: office@pjpres.org
Website: www.pjpres.org
Sunday Worship Service-10 am
Live streaming available on Facebook page
Holy Communion 1st Sunday of the Month
Hot meals, groceries & clothing provided on a take out basis by Welcome Friends on Wednesday 5:00-6:00pm and Fridays 3:30-5:00 pm
Call the church office or visit our website for current activities and events.
NYS Certified Non Denominational Preschool and Daycare
The purpose of First Presbyterian Church of Port Jefferson is, with God's help, to share the joy & good news of Jesus Christ with the congregation, visitors and the community at large; to provide comfort to those in need and hope to those in despair; and to seek justice for all God's people.

SETAUKET PRESBYTERIAN CHURCH

5 Caroline Avenue, On the Village Green
631-941-4271
setauketpresbyterian@verizon.net
Celebrating & sharing the love of God since 1660
We Do Good Together!
THE REV. DR. JOHANNA McCUNE WAGNER
PASTOR AND HEAD OF STAFF
Worship with us in-person Sundays at 9:30AM
Our service is also available via live-stream.
Visit www.setauketpresbyterian.org
We are a Covenant Network,
More Light & Matthew 25 congregation
We believe ALL are created in the image of God and we actively engage in making our faith come alive.

PLEASE CALL OR VISIT YOUR PLACE OF WORSHIP'S WEBSITE FOR MORE INFORMATION AND GUIDANCE.



IN LOVING MEMORY

On Sunday, November 12, members of the Setauket Artists and the Board of Directors of the Setauket Neighborhood House gathered to commemorate the memory of Irene Ruddock, the President of the Setauket Artists for twenty years and a long time board member of the Neighborhood House. The Setauket Artists, who have been showing at the Neighborhood House for 43 years are grateful to have it as their "home." A Kousa dogwood tree, donated by Patty Yantz, was planted in the side yard; a plaque will follow. Pictured from left, Gail Chase, Kyle Blumenthal, Susan Trawick, Marge Governale, Angela Stratton, John Mansueto, Rob Roehrig, Renee Caine, Paul Edelson, Paula Pelletier, Larry Johnston, Patty Yantz, Al Candia, Flo Kemp, Joan Rockwell, Tim O' Leary, Fred Mendelsohn, Eleanor Meier and Sheila Breck. Photo by Rob Pellegrino

Religious Directory



Presbyterian

Sunday childcare available & Church School,
Weekly small groups, Bible Study & Adult
Christian Ed.,
Youth Group & Bell Choir -
all ringers welcome
Setauket Presbyterian Preschool
www.setauketpreschool.org
Open Door Exchange (ODE)- furniture ministry
www.opendoorexchange.org
Like us on Facebook - Setauket Presbyterian
Church, est 1660
Follow us on Instagram - setauketpres

Quaker

CONSCIENCE BAY MEETING
Religious Society of Friends
4 Friends Way, St. James 11780
631-928-2768 www.consciencebayquakers.org
We gather in silent worship seeking
God,/the Inner Light/Spirit.
We're guided by the Quaker testimonies of
simplicity, peace, integrity, community, equality
and stewardship. In-person worship blended
with virtual worship.

Unitarian Universalist

UNITARIAN UNIVERSALIST
FELLOWSHIP AT STONY BROOK
380 Nicolls Road, East Setauket
631-751-0297
uufsb.org office@uufsb.org
Pastor Madelyn Campbell
minister@uufsb.org
A spiritual home for individuals, couples, and
families of diverse religious and
social backgrounds.
A place to nurture your spirit and

help heal our world.
Sunday Service: 10:30 a.m.
Please visit our website and click on Covid
Protocols for our latest update.
Or visit www.uufsb.org to join us via live stream
on Sunday mornings.



PLEASE CALL OR VISIT YOUR PLACE OF WORSHIP'S WEBSITE FOR MORE INFORMATION AND GUIDANCE.

For 'The Play That Goes Wrong,' SCCC surely makes it oh, so right

BY JULIANNE MOSHER

Your parents always said, “two wrongs don’t make a right.” Well, that’s not necessarily true. Sometimes two wrongs continue into three, four, five... and then a whole show ends up collapsing.

In Suffolk County Community College’s latest Selden production, “The Play That Goes Wrong,” the audience is watching a play within a play and it will have you laughing from the moment you sit down.

THEATER REVIEW

Written by Henry Lewis, Jonathan Sayer and Henry Shields, the show starts off with some audience improv — two cast members are setting up the stage and communicating with everyone settling in. From the moment you walk in, shenanigans are already starting — like fixing a broken mantelpiece, looking for a lost dog and trying to figure out where someone’s Duran Duran CD went.

Then we’re introduced to “The Cornley Polytechnic Drama Society’s” director, Chris Bean, who gives us a little history lesson on the troupe. Known for their productions including *Two Sisters*, *The Lion and the Wardrobe*, *Cat*, and *James and the Peach*, it’s safe to say the group is a little unlucky and a little under budget. But that doesn’t stop the actors from giving it their all with their latest production of *The Murder at Havensham Manor* — a 1930s murder mystery play.

When the curtain rises, mayhem ensues and it’s chaotic from beginning to end.

Delaina Wratchford, who plays Bean, who plays the inspector, plans on heading to Broadway after her time at SCCC, and with this performance, she’s going to get on that stage sooner than later.

That being said, what’s interesting and really special about this show is that each actor is playing two parts — they’re playing another actor who is then playing a character in *The Murder at Havensham Manor*. Writing that out sounds confusing, but trust me, when you watch it, it is so seamless that it makes perfect sense and there is not one flaw in it ... other than all the chaotic bad luck the actors have during their performance.

Jerry Ewald, who plays Robert Grove, who plays Thomas Colley Moore, lights up the room with his humor and his ability to stay in character even throughout the intermission.



The cast of 'The Play That Goes Wrong' Photo by Julianne Mosher/TBR News Media

The same goes for Aiden Gomez (Jonathan, then Charles Haversham), William Begley (Max Bennett, then Cecil Haversham) and Carson Warkenthien (Dennis Tyde, then Perkins). They were able to switch back and forth between their characters to the play performers with ease.

Even the “background” performers have a huge part in the show. First-time SCCC performer Scott Dowd (who plays Trevor the sound tech) and Kayla Pisano (Annie) bring another level to the show — because they represent people that we can relate to, personally.

One slight disclaimer, without giving too much away. You’re going to see a lot of stunts in this show, and for performers like Wratchford, Ewald and Michaela Fitzsimmons (Sandra Wilkinson, then Florence Colley Moore), you’re going to wince, but be so impressed by their professionalism under these dire movements.

So, that leads to a huge kudos to the set design staff. The stage is set up like an old-time parlor, with two levels and an elevator. The carpentry and engineering that was put into this design — created by students — is truly something you’d see on Broadway, possibly even better.

The show is special in many ways, but an interesting fact is that it was directed by Bryan Kimmelman — a Smithtown native who studied on the same stage as a theater major nearly two decades ago.

“I’ve never forgotten my two years here,” he said. “And it’s carried with me the last 10 years with anything professional I’ve done.”

Kimmelman said that when he was a student, he knew the caliber of the education he was receiving at Suffolk.

“I know what comes out of this school and they always produce quality work,” he said. “People are going to come here and see young people working towards being a professional on all levels. So, if you want to see professionals in their moment of prime, then you need to see this show.”

Tickets for *The Play That Goes Wrong* are on sale now for viewings on Nov. 16, 17 and 18 at 7:30 p.m. and Nov. 19 at 2 p.m. at the Shea Theatre, Islip Arts Building on the Ammerman Campus, 533 College Road, Selden. General admission is \$15, veterans and students 16 years of age or younger is \$10. Suffolk students with current ID can receive two free tickets.

For more information or to order, visit sunysuffolk.edu/spotlight or call 631-451-4163.

HOROSCOPES OF THE WEEK



SCORPIO – Oct 24/Nov 22

Scorpio, failure can be a tough pill to swallow, but if you don’t succeed at something you have to get back up and simply try again. Don’t let one setback eat at you for long.

SAGITTARIUS – Nov 23/Dec 21

Don’t let your pride get in the way of rekindling a friendship Sagittarius. Rather than drum up old news, talk about the things you look forward to doing together.

CAPRICORN – Dec 22/Jan 20

Capricorn, things may work out if you give them another chance. Don’t throw in the towel on your ideas just yet. Figure out a new angle and then get started on a new course.

AQUARIUS – Jan 21/Feb 18

Take the blinders or rose-colored glasses off, Aquarius. You can’t adequately handle a situation unless you know all of the facts and have a clear grasp of reality.

PISCES – Feb 19/Mar 20

If things are starting to feel boring, it might be time for a change of pace, Pisces. Simple things like changing around the furniture or taking a new route home can help.

ARIES – Mar 21/Apr 20

It’s important to pay attention to your physical health this week, Aries. It’s key to give your body plenty of rest and healthy foods to strengthen your immune system.

TAURUS – Apr 21/May 21

Something out of the ordinary may happen to you this week, Taurus. You don’t know what to expect, but be aware of your surroundings and the people you meet.

GEMINI – May 22/June 21

This is a perfect time to review your goals or to-do list, Gemini. If you don’t have things jotted down, brainstorm with friends on what you may want to accomplish, then make plans.

CANCER – June 22/July 22

Cancer, do not turn anyone away if they come to you looking for assistance. Someone in need is likely to seek you out in the days to come and you should be ready.

LEO – July 23/Aug 23

There is no shame in taking a day off or slowing down for a breather, Leo. Spend the day in bed or lounging on the couch if you desire. Give yourself a break if you’ve been running around.

VIRGO – Aug 24/Sept 22

If emotions are high, Virgo, you might need to figure out a way to relieve some stress. Turn on the music loudly and dance around in your home while singing along.

LIBRA – Sept 23/Oct 23

Libra, you could feel sluggish a few days this week. Once some friends urge you to get out and do something, you’ll quickly feel reenergized and ready to have a good time.

MEET HUEY, DEWEY AND LOUIE

This week's featured shelter pets are Huey, Dewey and Louie, three male Pekin Ducks that were abandoned in a local park. They are now safe at the Smithtown Animal Shelter and are ready to be adopted.

SHELTER PETS OF THE WEEK

Domestic fowl are not well suited to living in the wild and often are picked on by the local birds; these boys were no exception. They were huddled together on the shore, scared and confused.

The shelter is not equipped to house any animals except cats and dogs. These boys deserve a pond or pool to hang out in and safe shelter from predators and extreme weather. They all love to eat and waddle around making adorable duck sounds. You cannot help but to be happy in their presence. Let's help them find their perfect happily ever after!



Photo courtesy of Smithtown Animal Shelter

The Smithtown Animal & Adoption Shelter is located at 410 Middle Country Road, Smithtown. Visitor hours are Monday to Saturday from 10 a.m. to 3 p.m. (Sundays and Wednesday evenings by appointment only). For more information, call 631-360-7575 or visit www.townofsmithtownanimalshelter.com.

KIDZ KORNER

PROGRAMS

Thankful Thursday at the Vanderbilt

Suffolk County Vanderbilt Museum's Reichert Planetarium, 180 Little Neck Road, Centerport will present a *Thankful Thursday* event on Nov. 16 at 7 p.m. Enjoy a free family-friendly planetarium show followed by night-sky viewing in the Observatory. Topics may include seasonal constellations, visible planets, galaxies, nebulae, and more. Recommended for ages 6 and up. www.vanderbiltmuseum.org.

First Steps in Nature

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown will host a First Steps into Nature program titled *Furry Friends: Bunnies Opossums, Squirrels and Hedgehogs* on Nov. 17 and 24. Little ones will learn about nature through hands on activities, music, crafts, stories and much more. Children will gain a greater appreciation of nature and wildlife while having fun. Class for ages 2 to 3 years old is at 9:30 a.m., class for ages 3 and 4 years old is at 1:30 p.m. \$20 per child. To register, visit www.sweetbriarnc.org. 631-979-6344

Growing Up Wild

Town of Brookhaven continues its free nature program series with *Growing Up Wild* at the Cedar Beach Nature Center, 244 Harbor Beach Road, Mount Sinai on Nov. 18 at 10 a.m. and again at 2 p.m. Children ages 3 to 6 will learn about leaves and trees and how honeybees and other species prepare for the winter months. Preregistration required by emailing npocchiare@brookhavenny.gov.

THEATER

'Barnaby Saves Christmas'

Theatre Three, 412 Main St., Port Jefferson kicks off the holiday season with *Barnaby Saves Christmas* from Nov. 18 to Dec. 30. As Barnaby the elf and his reindeer friend Franklynne set off on their journey to save Christmas, they meet some new friends along the way and learn the true meaning of Christmas, Hanukkah, and the holiday season. All tickets are \$12. To order, call 928-9100 or visit www.theatrethree.com.

'Frosty'

Frosty returns to the John W. Engeman Theater, 250 Main St., Northport on weekends from Nov. 25 to Dec. 31. Join Jenny and Frosty on their chilly adventures as they try to save the town of Chillsville from mean old Ethel Pierpot and her evil machine that will melt all the snow. Jenny



Discover the magic of the holidays at Theatre Three's 'Barnaby Saves Christmas.' The show opens this weekend. Photo courtesy of Theatre Three

calls on her Mom, the mayor, and all of you to help her save her home, get Frosty to the North Pole, and make this holiday season a Winter Wonderland for one and all! All seats are \$20. To order, call 631-261-2900 or visit www.engemantheater.com.

'Frozen Jr.'

Smithtown Center for the Performing Arts, 2 E. Main Street, Smithtown presents *Frozen Jr.* from Dec. 2 to Jan. 21, 2024. The magical land of Arendelle comes to life onstage. When faced with danger, princesses Elsa and Anna discover their hidden potential and the powerful bond of sisterhood. With a cast of beloved characters and loaded with magic, adventure, and plenty of humor, *Frozen Jr.* is sure to thaw even the coldest heart! Tickets are \$25 per person. To order, visit www.smithtownpac.org.

FILM

'The Polar Express'

Put on your PJ's and join the Port Jefferson Station-Terryville Chamber of Commerce for a Polar Express Experience at the Chamber Train Car, corner of Route 112 and Nesconset Highway, Port Jefferson Station for the holidays. Screenings of *The Polar Express* will be held at 6 p.m. on Nov. 16, 17, 30, Dec. 1, 7, 8, 14, 15, 21 and 22; and at noon, 3 p.m. and 6 p.m. on Nov. 18, 19, Dec. 3, 9, 10, 16, 17 and 23. \$20 per person includes a bag of popcorn, bottle of water, hot chocolate, cookie, bell, and a visit with Santa! To register, visit www.PJSTChamber.com.

'Spy Kids'



Cinema Arts Centre, 423 Park Ave., Huntington continues its Cinema for Kids! series with a screening of *Spy Kids* on Nov. 19 at noon. Top international spies Gregorio and Ingrid Cortez are separated from their family and kidnapped by the evil Fegan Floop. Fortunately, there are two people who possess the skills and know-how to reunite the family: their kids. Rated PG. Tickets are \$12, \$5 children 12 and under. www.cinemaartscentre.org.

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SBU SPORTSWEEK



NOVEMBER 16 TO 23, 2023

TOMORROW IS FRIDAY – WEAR RED ON CAMPUS!

STONY BROOK UNIVERSITY

Football defeated by UAlbany to close 2023 season

Stony Brook football closed its 2023 season on Nov. 11, finishing 0-10 overall after falling 38-20 to No. 18 UAlbany at LaValle Stadium.

Redshirt freshman Daron Bryden led Stony Brook's passing attack, finishing 21-of-31 for 208 yards through the air, tossing one touchdown without an interception, in his first start of the season.

Redshirt freshman Anthony Johnson reeled in six catches for 54 yards and a touchdown, while classmate Jayce Freeman contributed in the receiving game as well, hauling in three balls for 51 yards. Redshirt junior Ross Tallarico added a pair of catches for 32 yards.

In the rushing game, redshirt junior Roland Dempster led all Seawolves rushers with 46 yards in the contest.

On defense, graduate student Aidan Kaler finished with 10 tackles, adding a tackle for

loss. Graduate student Quenton Porter marked his final game in a Stony Brook uniform with a career-high eight tackles, and tied a career-high with two pass breakups. Redshirt junior Clarens Legagneur recorded a 49-yard pick-six to go with five tackles and two TFLs.

For UAlbany, Reese Poffensbarger completed 20-of-28 passes for 247 yards and four touchdowns. Griffin Woodell led all rushers with 151 yards and a score. Brevin Easton caught six passes for 89 yards and a touchdown while Julian Hicks added six receptions for 62 yards and a pair of receiving touchdowns.

Before the game, three Stony Brook football student-athletes were honored for Senior Day – linebacker De'Aundre Cruz, offensive lineman D'Angelo McKinnie and defensive back Quenton Porter.



Chuck Priore out as football head coach

In related news, the Stony Brook University Athletics Dept. announced on Nov. 13 that Chuck Priore will not return as the head coach of the football team next season.



Chuck Priore

"I am grateful to Chuck for his 18 years of dedication to Stony Brook University and to the countless young men whose lives he has impacted," said Director of Athletics Shawn Heilbron. "Under his direction, our program earned multiple playoff appearances while sending our first wave of players into the NFL."

The Seawolves will conduct a national search to find the third head coach in the program's Division I history. "As we embark upon this transition, the search for the next leader of our football program begins immediately," said Heilbron. Effective immediately, offensive coordinator Andrew Dresner will serve as interim head coach.

Women's basketball takes down Le Moyne Dolphins 82-61

The Stony Brook women's basketball team got a 26-point performance from the bench on the way to an 82-61 win over the Le Moyne Dolphins on the road Nov. 11.

The Seawolves (2-0) had three players score in double figures, led by Khari Clark, who had 19 points and eight rebounds. Sherese Pittman tacked on 14 points, seven assists and two steals and Gigi Gonzalez helped out with 14 points, seven assists and two steals.

The Stony Brook offense was very productive from beyond the arc, making 10 threes on 24 attempts. Victoria Keenan paced the Seawolves behind the line by draining three treys in the contest.

Also, Stony Brook forced 17 Le Moyne turnovers in Saturday's game. The Seawolves turned those takeaways into 16 points on the other end of the floor. Keenan led the way individually with three steals.

"I thought today was a total team effort. It was really nice to see some of our younger players out there on the floor gaining experience. I thought we got better defensively which will help us in the future,"



said head coach Ashley Langford.

The team hits the road again to take on Maryland Eastern Shore in Maryland

— Stony Brook Student-Athlete Advisory Committee partners with News 12 for a November food drive

on Nov. 15. Tip-off is set for 5:30 p.m. and the game will be broadcast live on UMESHawksSports.com.

— Men's Basketball powers past St. Joseph's Long Island in home opener on Nov. 10, wins 91-50

Seawolves Home Games

MENS BASKETBALL

Nov. 20 vs. Rider 6:31 p.m.
Dec 2 vs. Wagner 3:30 p.m.
Dec. 6 vs. Stonehill 6:31 p.m.
Dec. 9 vs. Bryant 6:31 p.m.
Dec. 13 vs. Norfolk State 6:31 p.m.

WOMENS BASKETBALL

Nov. 19 vs. Holy Cross 1 p.m.
Nov. 22 vs. Delaware State 12 p.m.
Dec. 2 vs. Buffalo 1 p.m.
Dec. 6 vs. Yale 1 p.m.
Dec. 11 vs. Longwood 6:31 p.m.
Jan. 5 vs. Campbell 6:31 p.m.
Jan. 7 vs. UNC Wilmington 1 p.m.

Visit www.stonybrookathletics.com for tickets and any last minute cancellations.

MORE AT TBRNEWSMEDIA.COM:
— Men's Cross Country finishes 9th at NCAA Northeast Regionals



Does having a seizure mean you have epilepsy?

OUR EXPERTS ANSWER YOUR QUESTIONS



Rebecca Spiegel, MD
Neurologist
Chief, Stony Brook Comprehensive
Level 4
Epilepsy Center



Chuck Mikell, MD
Neurosurgeon
Stony Brook Comprehensive
Level 4
Epilepsy Center

Epilepsy and seizures affect more than three million Americans.

What’s the difference between a seizure and epilepsy?

Dr. Mikell: Seizures happen when your nerve cells fire more rapidly and with less control than usual, affecting how you act or feel. These range from a brief sensory or motor abnormality to a full loss of consciousness with the potential for falling, shaking and difficulty breathing. Epilepsy refers to a brain disorder resulting in multiple seizures.

Does having a seizure mean you have epilepsy?

Dr. Spiegel: No, seizures are not always related to epilepsy. They can be a symptom of a disruption of brain function, such as from a high fever (in children), exposure to certain medications or substances as well as an electrolyte imbalance. Ten percent of Americans will experience a seizure at least once in their lifetime; the highest incidence occurring under the age of two and over the age of 65.

What causes epilepsy?

Dr. Spiegel: Epilepsy may be related to genetic factors that lead brain cells to misfire and can begin in infancy and childhood. However, in most cases,

there is no clear genetic cause, and the seizures may be due to structural abnormalities in the brain due to infections, brain trauma, tumors or stroke, to name just a few examples. Sometimes, no clear cause is found on initial testing, and the neurologist has to look further.

How is epilepsy treated?

Dr. Spiegel: For most, anti-seizure drugs help control the seizures while minimizing medication side effects. Diet can also be a treatment for some, such as the ketogenic diet or a modified Atkins diet, when prescribed by a physician and carefully monitored by a dietitian.

Dr. Mikell: When anti-seizure medications and dietary modifications fail, surgery may be recommended for those whose seizures are associated with structural brain abnormalities, such as brain tumors, malformations of blood vessels and damage related to strokes. There are basically three types of seizure surgery — the surgical removal (resection) of the lesion that is causing the seizure, ablation (using heat to treat the lesion) and electronic modulation that delivers current to the brain before a seizure happens to control or reduce the seizure’s effect. All of these surgeries can be performed at Stony Brook.

How controllable is epilepsy?

Dr. Mikell: Most people with epilepsy do very well when properly diagnosed and treated. Nationally, two out of three people with epilepsy can be expected to enter remission; that is, five or more years free of seizures while using medication.

What distinguishes Stony Brook’s approach?

Dr. Spiegel: Stony Brook is a National Association of Epilepsy Centers-designated Level 4 Epilepsy Center. This is the highest level an epilepsy center can attain. It means that an epilepsy center must have the professional expertise and facilities to provide the most advanced level of medical and surgical evaluation and treatment for patients with complex epilepsy. Patients who have persistent, recurrent seizures or those with an unconfirmed seizure diagnosis can benefit from the advanced services and technology we offer. This includes access to positron emission tomography/magnetic resonance imaging of various types (PET/ MRI),

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used to detect brain lesions that may not have been detected previously. Seizures and epilepsy can involve and affect multiple body systems, and having a team of specialists readily available helps achieve more effective treatment plans. Our team includes adult and pediatric epileptologists, neuropsychologists; radiologists; and neurosurgeons like Dr. Chuck Mikell and Dr. David Chesler, who are experts in the latest surgical techniques for epilepsy.

Our center also features 11-bed dedicated video-EEG epilepsy monitoring units with 24/7 observation staff and a portable video-EEG epilepsy monitoring system that can be set up anywhere in the hospital for patients who may be experiencing seizures. We also have a state-of-the-art neuro ICU with 10 EEG beds and one dedicated pediatric ICU bed. And our patients and their families benefit from clinical trials and our support and education services, including a nurse practitioner and a support group co-run by one of our physicians and a social worker.

For more information about our Stony Brook Level 4 Comprehensive Epilepsy Center, visit: neuro.stonybrookmedicine.edu/centers/epilepsy

This article is intended to be general and/or educational in nature. Always consult your healthcare professional for help, diagnosis, guidance and treatment. Stony Brook University/SUNY is an equal opportunity educator and employer. 23100589H

