

The 5th Annual HOLISTIC NUTRITION SEMINAR:

Recipe for a Healthier You

When: Saturday, September 28, 2019
11:00 a.m. to 3:00 p.m. ET

Where: Stony Brook Educational and
Cultural Center (ECC of WMHO)
111 Main Street, Stony Brook NY
(on the Harbor)



Featuring: **Yu-Shiaw Chen, PhD**
Author, Biochemist and Certified Nutritionist

Admission: \$35.00 by August 20, \$45 thereafter. Includes a healthy lunch and testimonial sharing.

Register online at: www.linutrition.com

Contact: Yu-Shiaw Chen, Ph.D., 631-751-4267 (after noon)
Co-sponsors: Kathy Donnelly, 516-607-9111; Denise DeVito,
631-828-4070; Valentine Cancellare, 631-697-5572

This presentation is for educational purposes, NOT for diagnosis or treatment.



LIMITED SEATING! REGISTER NOW!